

# Gulf Weekly

The community newspaper at the heart of Bahrain

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**PRIZE CONTEST: WIN COFFEE-FOR-TWO AT crust & crema**  
**SEE PAGE 17**



**CLASSROOM CRAZE: SCHOOLS IN A SPIN OVER TOYS:**  
**SEE PAGE 3**



**READER CONTEST: WIN DISNEY FILM PRIZES:**  
**SEE PAGE 20**

# RECORD PINK BID

COMMUNITY REPORT  
By MAI AL KHATIB-CAMILLE  
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**T**HINK Pink Bahrain is urging the community to get tied up in its Longest Ribbon Challenge with the aim of breaking a world record and raising further awareness about its annual breast cancer campaign.

Every year, the charity champions create fun and new ways to spread the life-saving message of early detection and prevention which could help women combat the disease.

In February, fundraisers launched their latest initiative offering corporations and individual supporters the chance to purchase pink ribbons, for BD1 a time, to tie into sections for an mighty challenge.

The sections will later be added together to form one long rosy-hued strip hopefully to be carried by 1,000 people at the Bahrain International Circuit (BIC) in Sakhir on September 23.

Founder and chairman Jules Sprakel said: "It's an exciting project that will not only benefit the community but bring us all together at the same time!



**LINKING UP: Founder Jules and Tahera Al Alawi, vice-chairman of the Bahrain Breast Cancer Society, Think Pink Bahrain, taking part in the ribbon challenge**

"It's our first national-scale community initiative with individuals and corporate entities participating together. We started in the tying process back in February and we have more than 190,000 pieces of ribbon to tie.

"The Supreme Council of Health and the National Health Regulatory Authority have not only endorsed the project but have been supporting the team too."

The concept was originally suggested back in 2011 by the organisation's branding

agents in Dubai, Mullenlowe. It was shelved due to Think Pink's existing engagements at the time. However, after the installation of the BD499, 900 1.5 T digital MRI last year at Salmaniya Medical Complex's Radiography Department, Think Pink's executive team

revisited the idea of the ribbon challenge ... and it immediately took off.

Jules added: "We believe we are activating one of the largest community engagement events ever staged in the kingdom."

**More details: Page 2**



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# Join the ribbon challenge

**ORGANISERS of a massive community challenge are today urging more people to sign up for the record-breaking attempt.**

Think Pink Bahrain, the breast cancer awareness campaign group, believes individuals and companies can make the *Guinness Book of Records 2017* bid at the Bahrain International Circuit in Sakhr achievable.

Founder and chairman Jules Sprakel said: "This is not only a great way for the sponsors to showcase themselves at an international level but also for the community to take part and come together for a worthy cause."

"Through the process of tying ribbons we are bringing communities together. The fact that the record will stand for some time will not only heighten breast cancer awareness but positively reflect on the kingdom as leaders within the GCC."

As of September 2016, the

Guinness World Records highlighted the current longest awareness ribbon as measuring 2,424.11 metres (7,953ft 1in) long. This was achieved by GBMC HealthCare at the 16th Annual Legacy Chase at Shawan Downs, in Cockeysville, Maryland, US.

It chose a lavender ribbon as a symbol of a commitment to treating cancer and as recognition of all those who have received treatment at its facility.

Jules said: "That's the record we are trying to beat - but it depends on our community and how far we are prepared to go for pink!"



**ROLL ON: Placing the tied ribbons on a spool**

With this mission in mind, Jules and the team are asking those who have or will be purchasing ribbons to take pictures or videos of themselves as they tie the ribbons together and post it on social media sites with the hash tag #howfarforpink.

"You can see the evidence already on our social media sites," explained Jules. "Part of the challenge requirements is to have the event filmed and we are also doing this in the lead up to the event."

Gulfbroadcast's Mahmood Al Yousif and his team have supported the charity from the start and are supporting the current quest with vigour.

Jules said: "We are selling bags to individuals and groups and there will be opportunities for them to hold their section on the big day."

"We hope that groups of people will come together and join forces, like the IB students of Abdulrahman Kanoo International School, Bahrain Breast Cancer Support Group, Danish Ladies Coffee Morning



organised by Charlotte, the RCSI Bahrain Community Engagement students and obviously the Think Pink Bahrain Team.

"We will need a volunteer every 10m of the ribbon, hence, if people want to buy a bag as a donation they can also have two people in attendance for their section with all supporters receiving pieces of the ribbon as a memento."

"Recently, a 20-strong group in Aali purchased an amount of ribbon. Members were captured tying the ribbon together and already their efforts have been loaded on to our site."

"Obviously with Ramadan coming up and the summer holidays, we are pretty tight on time and urge more people to join up and purchase a ribbon section."

The call has not gone unnoticed. The British Embassy in Bahrain, for example, has just purchased 12m of ribbon.

"We think we have tied more than 4kms so far since launching the project. Every effort ... little or big ... helps," added Jules. If the end result is conclusive the record will be smashed.

"This event is another unique way of placing our community - Bahrain - on a global stage," enthused Jules. "We hope more *GulfWeekly* readers will become a part of this momentous occasion."

"The public's support has helped drive the charity to where it is today. They are the charity and have inspired us with their stories and shown us how together we can make a difference."

Think Pink Bahrain was

founded in 2004 by Jules and raised BD36,000 for Bahrain Cancer Society in its first two years.

The Australian-born campaigner had made it her mission to help educate people after suffering two scares of her own as well as seeing her grandmother, aunt and mum go through it.

She decided on her 30th birthday that she didn't want presents and instead urged friends to donate money to a breast cancer society instead. Discovering there wasn't a charity specifically devoted to breast cancer awareness in Bahrain she decided to do something about it ... and launched 'Think Pink'.

Think Pink's organising committee members and supporters have continued to raise funds to be used towards breast cancer initiatives across the island, having particular success with awareness and educational programmes.

In 2009, it covered the cost of sending four Bahraini medical professionals to Germany on a three-week course. Others have followed and now there are 12 lymphedema therapists located in the three teaching

hospitals in Bahrain - SMC, BDF and King Hamad University Hospital. Think Pink also has supported five master students that have graduated in breast cancer nursing.

When Think Pink first started raising funds, around BD120,000 was donated to the national mammography drive, making Bahrain the first country within the GCC to spearhead such an initiative.

Later, a nationwide campaign called 'i-check' helped highlight the importance hands play in detecting cancer through monthly self-examinations as early diagnosis can save lives.

● **People can purchase a ribbon for BD1 or a bag which features 200 ribbons for BD200 by emailing registration@thinkpinkbahrain.com - and those that want to volunteer to help hold the ribbon on the big 'reveal day' must also sign up by sending details of their name, email, mobile number and CPR. Find out how far people are going for pink on Instagram and Twitter via @thinkpinkbh.**



**JOINING IN: The ladies from Om Yoga doing their bit to support the project after a class**

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## EDUCATION REPORT

By STAN SZECOWKA  
editor@gulfweekly.com

**A** new classroom and playground craze has children enthralled and teachers despairing as fidget spinners are snapped off the shelves of supermarkets and village stores in Bahrain.

Youngsters say it stops them chewing on the ends of pens and pencils and helps them concentrate during the spring exam season but educators reckon they are a distraction and dangerous too.

As fidget spinners have risen in popularity during 2017 across the globe, some experts have suggested benefits for individuals with attention deficit hyperactivity disorder (ADHD), autism and anxiety by acting as a release mechanism for nervous energy or stress.

GulfWeekly education columnist, Chris Fenton, a head teacher in Bahrain, is far from convinced and described them as a 'nuisance' with a few off-the-record expletives.

"In a more printable nutshell, fidget spinners are toys and toys should not be allowed in schools," he said. "They distract students, cause arguments, encourage pilfering and ultimately tears when they are confiscated."

"They are potentially lethal weapons as witnessed when one was thrown across one of our playgrounds and walloped an 11-year-old on the forehead - knocking him to the ground and leaving him with a lump."

"They are blunt throwing stars and should not be encouraged in educational environments at all. There is no evidence to suggest that they aid concentration and indeed, in my opinion, it is a very clever marketing tool to use the word 'fidget' in the title suggesting that it is an educational aid."

Basic fidget spinners, costing anything from a few hundred fils to a couple of dinars, consist of a two-or-three-pronged design with bearings in a centre circular pad. They are made from any of a variety of materials including brass, stainless steel, titanium, copper and plastic and many light up when rotating. An individual holds the centre while the toy spins.

Additionally, bearings can be different to adjust for the design's spin time, vibration and noise leading to unique sensory feedback.

Elaine Taylor-Klaus, co-founder of a coaching service for children with attention disorders and their parents, said: "For some people with ADHD there's a need for constant stimulation. What a

# Classroom spin craze



PLAY-TIME: Schoolboy Daniel and, right, the fidget spinner and, below, inventor Catherine with her granddaughter



fidget allows some people – not all people – with ADHD to do is to focus their attention on what they want to focus on, because there's sort of a background motion that's occupying that need."

The origins of the spinner trace back to what its US inventor, Catherine A. Hettinger, described as 'one horrible summer' in 1993. She was suffering from an illness, making it difficult to care for her daughter.

She recalled: "I couldn't pick up her toys or play with her much at all, so I started throwing things together."

The spinner went through several redesigns until a basic, non-mechanical version was created and she started selling them at arts and craft fairs around Florida. Catherine secured a patent on the device in 1997 and toy manufacturing company Hasbro tested the design but

decided not to proceed with production, and after not being able to afford the \$400 renewal fee for her patent, she surrendered it in 2005.

Many manufacturers later began creating spinners in different shapes and designs and the inventor made no money from the sales.

This spring, the fidget spinner's popularity began to increase greatly and earlier this month variations occupied every spot on online retailer Amazon's Top 20 best-seller list for toys.

Some analysts referred to the fidget spinner as a fad, comparing it to water bottle flipping's rise in popularity from 2016 but others report that 'stores can't keep them in stock'.

Schoolboy Daniel Thornley, 14, an Australian expat who has lived in Bahrain since he was four, said: "I use it in class so that I don't have to fidget with my pens and pencils. Now they stay in good condition, in the past I would chew the end of them or bend them without realising."

"A few of my stricter teachers don't like us using them but most are OK with it. It really helps with concentrating too, especially during revision. You hold them in the middle and spin the outside and they go on spinning for what seems like forever. They are really popular, almost everyone has them."

● EducationWeekly: P15



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THE Desert Divas Team from Bahrain is delighted and thrilled to have raised more than GBP10,000 for breast cancer charities upon completing the recent Moonwalk in London.

The team was comprised of nine residents and former residents of Bahrain. Soo Windsor, Dionne Williams Rennie, Phoebe Rennie, Jo Reed, Jackie and Grace Herbert, Maria Carpenter, all completed the Full

Moonwalk of 47km and Eibhlín and I did the Half Moonwalk of 27.2km.

This entailed starting in different groups from Clapham Common before midnight and walking all over London and finishing back in the morning. All participants (including the men!) had to wear decorated bras with a Roaring Twenties theme.

If you can imagine 20,000 walkers comprising of about 70 per cent ladies and 30 per cent men setting off at different intervals and speeds, it is a logistical nightmare, but as this was the event's 20th anniversary, they had had a lot of practice!

Full credit must go to the organisers and the hundreds of volunteers and supporters. Together with the police they made sure all the roads and routes were safe and that everyone was supplied with water during the journey.

I am full of admiration for the girls that did the full Moonwalk. That is a long way and kudos to everyone for finishing!

What also was amazing was how much of London you saw during the walk from Big Ben, Westminster, Buckingham Palace through the East End, Belgravia etc. And how can I forget the sound of nightingales singing at 4.30 in the morning though not in Berkeley Square!

A huge 'thank you' to everyone who supported us



...editor@gulfweekly.com

IT'S a little 'old school' but the Whisperer's very aged techie friend reckons that when everything else fails ...



and we were also glad to wave and wear the Bahrain flag during our walk which also received a fair bit of attention.

**Jonty Crosse, by email.**  
● **Editor's note:** For more information and to show your support visit [www.moonwalklondon2017.everydayhero.com/uk/team-desert-divas](http://www.moonwalklondon2017.everydayhero.com/uk/team-desert-divas)

CONGRATULATIONS to Al Malkiya for winning the VIVA Bahrain First Division, as highlighted in a recent back page of *GulfWeekly*. As a football loving expat I have visited the village ground and found the team exciting to watch and their

supporters' friendly, noisy and great fun.

If you enjoy experiencing live football take a trip to their ground or the national stadium next season, it makes a welcome change from watching the action only on the small screen!

**Roger, Saar.**

PLEASE kindly find details of the Bahrain Writers' Circle events during the month of June. Newcomers are welcome to join!

Our monthly meeting will take place on Monday, June 12, at 7.30pm at Umami restaurant, Block 338 area in Adliya, followed by the Bahrain Writers' Poetry Circle Meeting on the following evening at the same time and place.

The Bahrain Writers' Creative Workshop will take place on the following Monday.

Date: June 19, 2017 (Monday)

For information contact 39574795.

**Claudia Hardt, Bahrain Writers' Circle.**

● **Leisure Guide:** Pages 8 & 9

## Elissa's island life

*An expat wife, mother, artist and runner*



BEFORE we relocated from the English county of Buckinghamshire to Bahrain many moons ago, and when the sun was occasionally shining in the UK, we would descend upon my dad's house, dust down the BBQ and enjoy a family day in the garden.

But then, sometimes someone would mention GOLF. My two brothers, father, uncle and husband would then disappear, clubs clanging, before you could say Tiger Woods.

Several hours later the golfers would return jubilantly with tales of birdies and bogies.

Dinner was then eaten with more golfing tales and the 'boys' would retire to watch golf on TV.

I decided not to like golf and to never feel the need to discuss an iron or the difficulties of a bunker.

Then a few months ago, the school sent a list of after-school activities. Absently, I passed the list to my eight-year-old, highlighted which days he could participate and asked him to choose something ... so he chose golf.

My powers of persuasion couldn't deter him as too much fun at crazy golf during summer holiday back home had given him the hook.

His lessons were

taken by the Royal Golf Club's Nikki Hunter, head PGA professional, and, inevitably, Leo started to chat to me all about golf. I then received an email from Nikki detailing a ladies programme. The course sounded interesting, surprisingly very good value for money and, maybe, just maybe, something that I could enjoy, surrounded by ladies who like me, were absolute beginners.

Maybe it wasn't as elitist or unwelcoming a sport as I had originally thought?

Nikki's ethos was to keep it simple, with different

coaching drills and methods. I had so much fun, the first hour flew by.

Although I had a few blisters on the thumbs I left wanting more.

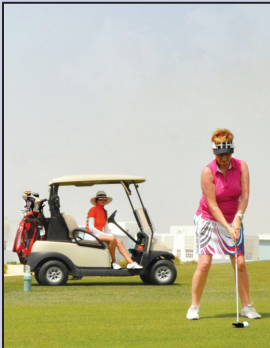
Since then I have started my second course with Nikki, it's getting a bit warm but the timings change to suit the weather.

The Wee Monty is still a little daunting but it feels great being in a pretty open green space and I'm sure there will be a good calorie burn once I can actually play hole-to-hole and get some walking in! I have been added to a

Whatsapp golf group which is welcoming and sociable with ladies of all different levels of experience wanting to interact with others, on and off the course.

I have surprised myself with the exhilaration you experience the first time you properly connect with that little white ball ... just don't tell my family!

● **GolfWeekly:** Page 21



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# Children focusing on faith

**T**HE kingdom's celebrated diversity has been captured perfectly by children putting their photographic prowess to the test and showing 'faith through a lens'.

Helen Boyle, a teacher of Religious Studies and History at St Christopher's School, came up with an inspired suggestion to all students from Year 7 -13 to capture faith in all its wonderful variety and ways, using photography as a medium.

"The response was amazing and really inspiring," she said. 'Faith through a Lens' brings together photography and religion in everyday life. The students' creative reaction was truly wonderful.

"Faith, religion and spirituality is all around us and interpreted by us all in so many interesting and diverse ways. All the competition entries really reflected this and our international diversity."

More than 75 students registered their interest and 43 students, from all year groups, submitted entries.

The children were asked to submit up to two photographs, had to state where each photograph was taken and produce a title that reflected their interpretation of faith through a lens.

They used a variety of cameras, including smartphones, to snap their pictures of faith not only in Bahrain but around the rest of the world during their visits back to their home countries or when travelling on holiday over a two-month period.

The judges were James Harper, head of media and English teacher, publications officer and photographer Bronwen Kruger and

## COMMUNITY REPORT

By STAN SZECOWKA  
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professional photographer Tasneem AlSharqi, who is also a support technician at the school.

They described compiling a shortlist deciding on the winning entries as a 'tremendously tough job'.

After deliberating over the entries that were shortlisted, an outright winner was selected as well as second and third place and six highly-commended photographs.

The judges looked for how well the photographs had interpreted the competition title and the overall composition of the picture. Consideration was also given to the use of light and arrangement.

Filipino Christy Ilagan, 14, who lives in Muharraq, captured her winning image on a trip back to the Philippines featuring her six-year-old cousin by a shrine, entitled: 'From the little things'. "I was so shocked to win - it was such a simple photograph," she said.

The photograph captured a moment of innocence and faith. "My cousin still has yet to understand the concept of religion but she believes in the concept of God," Christy explained.

Judge Tasneem said: "This is a beautiful image so warm and tells its own story. There is very strong lighting contrast between the deep colour inside the church and the light coming from the window."

The prize-winning talented young snappers received shop vouchers and certificates and were presented with their prizes at a school assembly.

Plans are already in place to stage a second *Faith through a Lens* competition this summer.



AIMING HIGH: Christy's striking image and, below from left, the other prize-winning photographs taken by students



CAMERA-READY: First place Christy Ilagan, below, second place Aleesa Nazeer and third place, Sanah Kampani



POWERFUL PRAYERS: Aleesa's image 'Dhuhr' at the Wazir Khan Mosque, Lahore, Pakistan



STANDING TALL: Sanah's 'Divinity' at Manama Temple



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# Zahra's



## zinger deals

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Oranges Valencia per kg – BD0.325  
Cherries Red US per kg – BD6.200  
Nectarines per kg – BD3.200  
Potatoes /kg – BD0.325  
Greenhill Farm Buffalo Style  
Chicken Breast /kg – BD6.990  
New Zealand Beef Cubes per kg – BD3.990  
Arabic Plain Spinach – BD0.280

### Al Jazira Supermarket Zinj

Ecover Non Bio Washing Powder 1.8kg – BD5.650  
2. Ecover Washing Powder Non Bio 3kg – BD8.400  
3. Ecover Biological Concentrated Integrated Powder 750g – BD2.600  
4. Ecover Washing Powder Zero Non Bio 750g – BD2.300  
5. Ecover Non Bio Concentrated Integrated Powder 750g – BD2.500

### Geant

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Rooh Afza Rose Syrup (Pak) 800ml – BD0.650  
Tilda Grand Basmati Rice 20kg – BD17.500  
Saudia Tomato Paste 16x135g – BD1.490  
Foster Clarks Custard Powder 2x450g – BD0.950  
Spanish Black and Green Olives per kg – BD0.950

### Lulu Sanabis

O'live Sunflower Oil 1.5ltr 3pcs – BD2.990  
Knorr Bechamel Mix 75g 6pcs + Ceramic Dish – BD2.740  
Karami Long Grain Indian Basmati Rice 20kg – BD10.990  
Pena Branca Whole Chicken 1kgx10pcs – BD6.990  
Lulu Dates 1kg Assorted/pc – BD1.150  
Home Mate Maxi Roll 2ply 150m – BD0.790

### Jawad Supermarket

Foster Clarks Cream Caramel 12x71g – BD1.900  
Nabisco Chips Ahoy 3x128g – BD1.150  
Noodles Pillow 20x70g – BD1.825  
Chicken Franks Regular – BD1.050  
Emborg Green Peas 450g + Mixed Veg 450g – BD0.950  
Ola White Oats 2x600g – BD1.450

### Megamart Manama

Lu Prince Choco 12x480g – BD1.000  
Mini Snaps Crackers 3x100g – BD0.750  
Lu Tuc Biscuit 4x100g – BD1.000  
Nabisco chips Ahoy 3x128g – BD1.175  
Oreo Regular Cookie 2x16x44g – BD2.395  
McVities Chocolate Creams 63g 5+1 free – BD0.750  
McVities Butter Cookies 68g 5+1 free – BD0.720

## Focusing on camera launch

**P**HOTOGRAPHERS from across the kingdom gathered at Ashrafs in Hoora on Sunday to snap up Sony's latest digital camera which its makers say boasts clearer and sharper imaging.

The electronics and home accessory retailer hosted a conference and photography demonstration for the launch of the Sony α9 (model ILCE-9).

The camera features a high-speed, vibration-free, silent anti-distortion shutter which vastly extends the range of shooting and it also provides continuous tracking of moving subjects for 'fool-proof' auto focus and auto exposure.

Yuji Toyozumi, deputy general manager- product marketing of Sony Middle East & Africa, said: "The α9 breaks through all barriers and limitations of today's professional digital cameras, with an overall feature set that simply cannot be matched considering the restrictions of mechanical SLR cameras."

The demonstration was conducted by award-winning photographer Ali Alrifai. Sony also unveiled its new FE 100-400mm F4.5-5.6 GM OSS Super Telephoto Zoom lens.

The camera body, available from June 20, costs BD1,749,900.



## GulfWeeklyBookClub – in association with The Bookcase



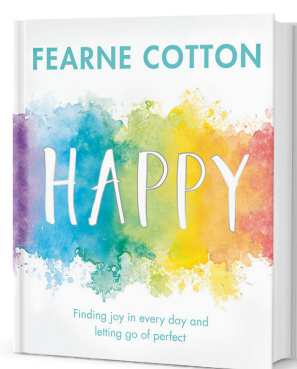
**BOOK OF THE WEEK with Linda Jennings. HAPPY: FINDING JOY IN EVERY DAY AND LETTING GO OF PERFECT - Fearn Cotton - ISBN 9781409169413 (ORION) BD8.300 for Gulf Weekly Book Club members**

'THIS book is a way to release what's going on inside your head and to keep heading towards the good stuff. The simple stuff. The stuff that's going to really hit up that happiness on a deep and nourishing level. Whether you dip into these pages every now and then when you feel you need it, or use it daily as a positive exercise, I hope it brings you much relief, joy and calm. Amen to the pen,' explains the author.

For many of us, life can feel like it's moving too fast with pressure bearing down on us from all sides - whether that's from school or work, family or social media. As a result, we find ourselves frazzled, lost and - too often - feeling blue.

It's a subject close to Fearn's heart. Drawing on her own experiences and including expert advice, HAPPY offers practical ways of finding joy each and every day. Happiness isn't a mountain to climb, it's just one foot in front of the other on the path of life, and here you'll find little steps that will help make the differences that count.

With work-book elements to help you start and end the day well, get in touch with your creative side and find peace through written exercises, simple practical ideas



and visualisations, these are daily tricks and reminders to help you unlock that inner happiness.

### READ IT NOW

**THE THINGS YOU CAN SEE ONLY WHEN YOU SLOW DOWN: HOW TO BE CALM IN A BUSY WORLD, Haemin Sunim, ISBN 9780241298190 (PENGUIN) BD4.900 for Gulf Weekly Book Club members**

THIS international bestseller asks the question: 'Is it the world that's busy, or my mind?'

The world moves fast, but that doesn't mean we have to. In this timely guide to mindfulness, Haemin Sunim, a Buddhist

monk born in Korea and educated in the US, offers advice on everything from handling setbacks to dealing with rest and relationships, in a beautiful book combining his teachings with calming full-colour illustrations.

Haemin Sunim's simple messages - which he first wrote when he responded to requests for advice on social media - speak directly to the anxieties that have become part of modern life and remind us of the strength and joy that come from slowing down.

Hugely popular in Korea, Haemin Sunim is a Zen meditation teacher whose teachings transcend religions and borders and resonate with people of all ages. With insight and compassion drawn from a life full of change, the 'mega-monk' succeeds at encouraging all of us to notice that when you slow down, the world slows down with you.

### MY FAVOURITE

#### READ OF THE WEEK

**TOGETHER IS BETTER: A LITTLE BOOK OF INSPIRATION, Simon Sinek, ISBN 9780241187296 (PENGUIN) BD5.500 for Gulf Weekly Book Club members**

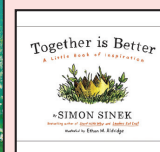
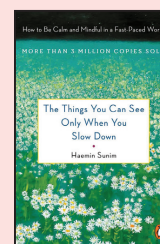
THE author's recent video on 'The Millennial Question' went viral with over 150 million views and his TED Talk on the global bestseller *Start with Why* is the third most watched of all time.

Sinek's latest work - *Together is Better* - is a little book of inspiration for the modern world. Most of us live our lives by accident and we live as it happens. Fulfillment comes when we live our lives on purpose.

'What are you going to do with your life?'



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What are you doing with your life now? 'Do you have goals? A vision? A clear sense of why you do what you do?'

Almost everyone knows someone who has grappled with at least one of these questions. The answers can often seem elusive or uncertain. Though there are many paths to follow into the unknown future, there is one way that dramatically increases the chances we will enjoy the journey. To travel with someone we trust.

We can try to build a successful career or a happy life alone, but why would we?

Together is better. This unique and delightful little book makes the point that together is better in a quite unexpected way. Simon Sinek blends the wisdom he has gathered from around the world with a heartwarming, richly illustrated original fable.

Working hard for something we don't care about is called stress. Working hard for something we love is called passion.



# Techtronic Specials



Your guide to the best in-store deals of the week

	Item	Make and Description	Store	Price
1	Smartphone	MI 5 4G LTE Dual SIM Smartphone 32GB, 5.1-inch IPS LCD touchscreen, Android 6.0m quad-core (2x1.8 GHz KRYO and 2x1.36 GHz KRYO)m 3GB RAM, 16MP rear camera and 4MP front, Wi-Fi 802.11 A/B/G/N/AC, dual-band, DLNA, fingerprint and 3000mAh battery.	Sharaf DG	Was BD149 Now BD119
2	Laptop	Dell Inspiron 13/5378/5000 Series Laptop, Intel core i5-7200U (7th Generation) processor, 8GB RAM, 1TB hard drive, integrated intel HD graphics, WIFI, Bluetooth, Webcam, 13.3-inch Full HD touch display with Windows 10.	Home Electronics	BD262
3	Cooking Range	Nikai (Ncr6060nfs) Cooking Range, four gas burners, full safety, auto ignition, size (cm) 60X60, stainless steel, oven and grill, crystal glass lid and warmer.	Gajria Electronics	BD89.990, free home delivery, plus installations
4	Mobile	Samsung Note 5 (N920), 5.7 -inch, 4G LTE, 32GB, 4GB, 16MP, 5MP.	Geant	BD169.990
5	Air Fryer	Zen Air Fryer - ZAF 55, 5.5 ltr, 1700 watts, overheat protection and oil-free frying.	Kewalram & Sons	BD30
6	Air Conditioner	Air Conditioner 2.5 ton (I32KEC), 65 degree dual inverter compressor, 10 years warranty, 60 per cent faster cooling, 65 per cent energy saving, comfort sleep, gold fin, low noise, precise temperature control, four way swing, vertical six steps louver control, horizontal five steps louver control, auto cleaning, with dual protection filter and silent mode.	LG, Sehla showroom	BD450

Email your gadget stories to [editor@gulfweekly.com](mailto:editor@gulfweekly.com)



Hilal Computers Tel: 1729 3749 ext 2220

## GADGETS OF THE WEEK

**What is it called?** Inmacus 18mm HD Lens Kit

**What does it do?** Wide lens angles designed to attain additional high-clarity images and video.

The optical design provides 50 per cent more detail than a typical iPhone picture. Multi-coating on all the optical elements further ensures maximum light transmission with the lowest level of light reflection and flare.

**Cost:** BD22



**What is it called?** AllBe1

**What does it do?** AllBe1 is an all-in-one personal security guardian that combines a wide variety of devices into one small and smart gadget. It contains a burglar alarm, tracker, alarm button, temperature sensor, smartphone smart lock, motion detector, fitness tracker, UV monitor and 'find my phone' button.

**Cost:** BD15



**What is it called?** UO Smart Beam Laser Projector

**What does it do?** You can enjoy your favourite movie or TV show at home with real 720p HD resolution with this projector. It's the smallest laser projector that gives a bright projection up to 60 lumens. It can be connected wirelessly, or with a wire, and contains its own speaker.

**Cost:** BD160

Visit [www.amazon.com](http://www.amazon.com)



## REVIEW: Come Fly With Me – Victoria Dance – Cultural Hall

THIS was nothing short of a magical celebration of the world of dance. Running at a little over two and a half hours in length it held us all spellbound as the students took us through 43 routines and as many destinations ... with pizzazz and style.

The event started with a delightful mother/daughter lecture on how we should behave during the concert. No filming, no phone calls, no leaving our seats during the performance or clogging up the aisles.

Being the adults that we were, almost 84 per cent of us behaved ourselves. Sadly, as no one had mentioned not waving like crazy to one's offspring who were performing, a lot of the time we were treated to hands and arms held high as delighted parents tried to distract their daughters (and the occasional son) performing on stage.

Still, none of that could detract from the quality of the performances throughout the show.

Whilst I have to admit that the age of most of the songs - 30 years plus- was an added bonus for me, I think that everyone in the Cultural Hall must have been enchanted.

We started out our journey in Old Amsterdam with a



cute mouse living in a house there and travelled around the world crisscrossing Europe, South America and Asia until we arrived safely In New York.

Every single piece

was a triumph, from the careful choreography that showcased each dancer's talents beautifully, to the costumes that added to the visual image and didn't distract.

There were so many memorable performances but the one that earned the greatest applause was the *Shout Out For England* by a group of young male dancers representing the nation's

footballers. For once, thanks to them, England actually won the cup!

Also *Jai Ho*, the famous anthem which had us all jiggling in our seats and, a beautifully sung and danced

rendition of *Don't Cry For Me Argentina*. Simply magical.

Victoria Shaban always pushes the boundaries in her shows and this year was just as thoughtful and filled with unexpected moments.

The harrowing song of a country's journey to independence, simply called *Bangladesh*, was tastefully and delightfully choreographed. Very powerful, especially when showcased in this way.

But the real stand out for me was the absolutely delightful *Galway Girl*, an Irish ballad portrayed by half its performers as a semi-traditional Irish Jig, whilst the other half danced 'on point' and with traditional ballet steps ... an absolutely stunning invocation to the *Lords of the Dance*.

The hard work and dedication of everyone involved in the production paid off in the excellence of the dancers, the choreography, the costumes. They proved what the brochure told us, that 'Dance is Our Passion'. And, as the pain in my hands from so much ardent clapping proves, it was the audience's passion as well.

Congratulations to everyone involved.

- Christine Hasan



The energy industry's weekly for the GCC

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**Today (May 24)**

A BSPCA Quiz Night will start at 7.30pm at the Bahrain Rugby Football Club's sports hall. Tickets can be purchased from the BSPCA Thrift Shop, the AWC Shelter or the club's reception on the night.

The cost is BD5 per team, with a maximum of eight people per team. All proceeds go to the charity.  
For more information, call 37733415.

ART Rotana Amwaj Islands is hosting the work of Amal Al Bulooshi under its 'Seasons of ART' initiative, which aims to provide budding artists with a platform to exhibit their works and maximise exposure. Amal's work will be kept on public display throughout the month.



An interactive exhibition is being held at the Bahrain National Museum highlighting Bahraini-British relations. The exhibition runs until end of August.

Crowne Plaza Bahrain is staging a steak night every Wednesday from 7pm at La Mosaic Restaurant.  
For more details call 17531122.

City Centre Bahrain's virtual reality game, The Chef Battle, which is part of the mall's Shop, Dine & Win campaign, will end on Friday. Visitors spending BD30 or more at any retail outlet will receive a coupon to play the game located at the Central Galleria. The player stands in an oversized salad bowl and is instructed to create a dish



by slicing ingredients. The player gains a point for every correct ingredient cut and loses a point for every wrong ingredient sliced. Collected points result in instant prizes, including dining offers from select food and beverage outlets, mall gift cards, cinema tickets and Wahoo! Waterpark passes. Also, any receipts redeemed from any food and beverage outlet at the mall will provide customers with an additional coupon to play the game.  
For details, visit www.Facebook.com/CityCentreBahrain or www.citycentrebahrain.com

**Thursday (May 25)**

Le Meridien Bahrain City Centre will be hosting a seafood buffet from 6.30pm-11pm. The price is BD20 net, inclusive of soft drinks, and BD34 net, inclusive of a free flow of select beverages.

Al Areen Palace & Spa has unveiled a new menu at its Saffron restaurant for lunch from 12pm-3pm on Thursdays and Fridays and dinner from 7pm-11pm, daily except for Tuesdays.  
For more details call 17845000.



Crowne Plaza Bahrain is hosting a seafood night every Thursday from 7pm at La Mosaic Restaurant.  
For more details call 17531122.

**Park's summer story starts with a splash!**

THE Lost Paradise of Dilmun Waterpark Bahrain is offering family and friends an unforgettable summer season with the launch of its 2017 'Your Summer Story begins here' campaign with musical festivals and colourful street acts.

The venue, which covers an overall area of approximately 77,000sqm, with a built-up area of 45,000sqm, is based on the history of ancient Dilmun period with more than 500 stone sculptures and fittings to emphasise the theme.

The park features a range of attractions to keep visitors entertained more than 20 rides and slides as well as a sandy beach. Major slides have also been added to the line-up, including the seven-storey high Aqua Loop Rocket Slide.

The rocket, as featured in *GulfWeekly*, allows guests to experience a vertical free-fall drop, sliding down a tube



amidst whizzing lights and special effects.

For the younger ones, a family favourite pirate ship adventure includes slides and splash activities in a

playhouse setting to delight children and parents.

For further details on the campaign, visit [www.lpodwaterpark.com](http://www.lpodwaterpark.com) or call 17845100.

**Friday (May 26)**

Cycle Safe Bahrain, an initiative to spread awareness to cyclists and motorists on how to share the road safely, will be staging its first community bike ride at 6am on Friday. The starting point will be from The Westin City Centre Bahrain.  
For details, contact 66700605 or visit the Facebook page [cyclesafebahrain](https://www.facebook.com/cyclesafebahrain).

There is a brunch from 12pm-4pm at Downtown Rotana's Flavours on 2. There are live cooking stations and beverages as well as a saxophonist. The brunch is BD26++ including selected beverages and BD21++ including soft drinks and juices. Three will also be all-



day free pool access and free valet parking. There is a children's room filled with toys and games for all ages. Tickets for children aged between six and 12 are half price and those under six eat for free.

For details, call 13119999 or email [flavours2.downtown@rotana.com](mailto:flavours2.downtown@rotana.com)

The Bahrain's Bay Kitchen at the Four Seasons Hotel Bahrain Bay is hosting a Friday Brunch from 12.30pm-3.30pm with five food stations serving Arabic, Western, Indian, Japanese and Chinese delicacies. Priced BD37++ with selected beverages and BD27++ with soft drinks and juices.

CUT by Wolfgang will also be offering its CUT Brunch every Friday from 12.30pm-3.30pm. The price is BD29++ inclusive of soft drinks, BD39++ inclusive of select beverages and BD49++ inclusive of sparkling drinks.  
For reservations call 17115044.

The Ritz-Carlton, Bahrain is hosting a Friday Brunch from 12.30pm-4pm at La Med restaurant. The price is BD35++ per person inclusive of soft drinks and BD45++ per person inclusive of select beverages.

Le Meridien Bahrain City Centre will be hosting its 'Sweetest Brunch' from 12.30pm-4pm. The price is BD18++ inclusive of soft drinks or BD30++ inclusive of a free flow of select beverages. Book for 10+ people and receive a 20 per cent discount.



Crowne Plaza, Bahrain is hosting an Absolutely Fabulous Friday Brunch from 12.30pm at BD35 net per adult and BD12.750 net for

children aged from seven to 12. A 'Brunch After-Party' starts from 4pm at The Patio and entrance is free.  
For more information call 17531122.

Royal Golf Club's Jazzy Brunch takes place at Links restaurant every Friday from 12pm-4pm. The price is BD30 net per person inclusive of unlimited selected beverages and features a musical performance from Ahmed Al Qasim's Jazz Experience. It is also serving 'Traditional Roasts with Trimmings' every Friday and Saturday. The price is BD10 net per person. There is also a three-hour unlimited beverage package priced at BD15.

**BAHRAIN CINEMA CLUB**

**Film:** *Theeb*

**Director:** Najji Abu Nowar

**Duration:** 1 hr 40 mins

**Cast:** Jacir Eid Al-Hwietat, Hussein Salameh Al-Sweilhiyeen, Hassan Mutagi Al-Maraiyeh and Jack Fox

**Plot:** While war rages in the Ottoman Empire, Hussein raises his younger brother Theeb, which means 'wolf' in Arabic, in a traditional Bedouin desert community. The brothers' quiet existence is suddenly interrupted when a British Army officer and his guide ask Hussein to escort them to a watering well located along the old pilgrimage route to Mecca. As not to dishonour his recently deceased father, Hussein agrees to lead them on



the long journey. The mischievous Theeb secretly chases after his brother but the group soon find themselves trapped in threatening terrain riddled with mercenaries, revolutionaries and outcast raiders.

For details, call Huda Tabbara on 39682323.

**DATES FOR THE DIARY**

ST CHRISTOPHER'S Community Big Band will be presenting an evening of music at St Christopher's Cathedral on June 1.

The band will perform songs such as Skyfall by Adele, Valerie by Amy Winehouse, Caravan by Duke Ellington



and medleys of Bees Gees and Stevie Wonder hits.

Tickets are BD5 for adults and children enter for free and can be purchased from the cathedral office or on the door on the night.

For details, contact 17253866 or email [cathedra@batelco.com.bh](mailto:cathedra@batelco.com.bh)

THE Bahrain Writers' Circle will be staging events during the month of June and newcomers are welcome to join the gatherings at Umami Restaurant, Adliya. They take place at 7.30pm on June 12, 13 and 19.

For more details, contact 39574795 or visit <http://bahrainwriterscircle.net/>



## RAMADAN NIGHTS



THE Elite Resort & Spa Muharraq's Al Noor tent will be serving up a bountiful after dark buffet featuring a range of Arabian and international cuisine. Families are invited to descend on the seaside hotel's majestic marquee to enjoy Arabian Nights-themed Iftars and Ghabgas.

The tent, which is located by the pool via a quaint tunnel of fairy lights, can accommodate more than 550 diners, and sparkles and shines with its crystal chandeliers, lanterns, silk fabrics and comfortable carpeting. Classical Arabic music will serenade the crowd, baskets filled with dates and servers handing out warm cups of coffee will further add to the ambience.

The Al Noor tent Iftar and Ghabga is priced at BD9,900++, and the venue is open between Futoor and Suhoor. Furthermore, during the holy month, the hotel will be offering a 15 per cent special discount for corporate and large groups for both Iftar and Ghabga, plus the same reduction for Credit Max or American Express cards users too. Call 17313388 for more details or visit [www.elitegrouphotels.com](http://www.elitegrouphotels.com)

DURING the Holy Month, the Crowne Plaza Bahrain will host its Ghabga event in its Conference Centre, complete with a traditional Bahraini village ambience with specialised menus. Corporate events can also be staged for guests ranging from 30 up to 1,000 with private accommodation available.

There will also be a lavish Iftar buffet served daily at La Mosaïque restaurant, with the added attraction of a daily raffle draw with dinner vouchers and electrical goods amongst the prizes. A final draw will feature a weekend-for-two stay in Dubai star prize with flights. The hotel will also

donate 500 fils to good causes for every diner who books.

For more information, call 17531122.

THE Gulf Hotel Bahrain Convention & Spa will be opening its Ramadan tent, Khaimat Al Khaleej, serving Iftar and Ghabga daily during the holy month. This is in addition to an Iftar featured daily at the Persian Restaurant Takht Jamsheed.

The Iftar Buffet is priced at BD 19++ per person at both venues until 8pm. Offerings include a selection of dates, refreshing juices, as well as hot and cold mezzeh with a selection of salads, home-baked breads, shawarma and falafel. Add to this a wide variety of traditional Arabic dishes including Arabic guzi, threed, harees and an array of Arabic desserts such as Um Ali, kunafa and mahalabiya.

For those who wish to enjoy a late evening get-together with friends and family, Khaimat Al AKhaleej will be open every night during Ramadan from 10pm onwards.

Prices are BD 17++ on weekdays and BD 19++ on weekends, featuring a buffet of traditional Bahraini and Arabic specialties, against a background of traditional Arabic music.

For more information, call 17713000, or visit [www.gulfhotehbahrain.com](http://www.gulfhotehbahrain.com)



SOFITEL Bahrain Zallaq Thalassa Sea & Spa is hosting a Ramadan Iftar and Ghabga dining experience in its star-spangled Layali Al Zallaq tent. A traditional Arab band will perform from 10.30pm-1.30am. The price is BD19++ per person.

For details, call 17636363.

DOWNTOWN Rotana is hosting an Iftar and Ghabga buffet at its Al Maha Tent for BD13++ including Ramadan drinks and desserts while listening to music from an oud player. Then during Eid Al Fitr, there will be another buffet for BD13++ including juices and soft drinks. Children aged six to 12, pay half price and those under six eat for free.

For details, call 13119999 or email [fb.downtown@rotana.com](mailto:fb.downtown@rotana.com)



ART Rotana Hotel & Resort Amwaj Islands is staging a souq-style Ramadan Iftar at its all-day-dining Choices restaurant and terrace offering traditional Arabic drinks and dishes from the region. There will be cooking stations as well.

For the Ghabga, there will be a musical performance. Iftar starts from sunset until 8.30pm at BD19++ and the Ghabga is from 9.15pm to midnight priced at BD21++.

For details, email [fb.art@rotana.com](mailto:fb.art@rotana.com) or call 16000111.

THE Four Seasons Hotel Bahrain Bay is hosting an Iftar and Ghabga buffet at its Al Bahrain Ballroom for BD26++ (Iftar) and BD28++ (Ghabga), including a wide selection of traditional Bahraini fare as well as Lebanese, Moroccan, Indian, Turkish and global cuisine with a number of live cooking stations. Children aged six to 12 can eat for BD12.500 and those five and under eat for free.

For details, call 17115500.

THE Ritz-Carlton, Bahrain is promising a new Ramadan experience during the holy month. Executive Chef Christian Knerr's menu will offer a large spread buffet

featuring international cuisines, including Eastern Mediterranean, Asian, Mexican and European with live cooking stations of fresh breads, saj, crepes, among other delights.

The dining experience will be underpinned by Turkish and Egyptian menus by two visiting chefs who will be flown in to join the culinary team to handcraft an authentic experience.

For more information, contact 17586499 or email [rc.bahrz.restaurant.reservations@ritzcarlton.com](mailto:rc.bahrz.restaurant.reservations@ritzcarlton.com)

AL AREEN Palace & Spa promises diners a special Ramadan experience this year by staging a 1,001 Arabian Nights theme at its Al Qasr tent.

The festivities will have an Arabic atrium setting with a large Iftar and Ghabga buffet offering Arabic and international cuisine and live cooking stations. It will also include various counters and BBQ stations.

During week days, Iftar will be BD15++ and Ghabga is BD13.5++. On the weekends, Iftar is priced at BD17++ and the Ghabga is BD15++. Iftar starts from sundown to 9pm and the Ghabga runs from 9.30pm until 2am.

Then during Eid Al Fitr, there will be a BD15++ family-friendly brunch featuring Arabic and international dishes along with live cooking stations from 12.30pm – 4pm. There will also be a band, face painting, henna, a mascot, a children corner and more. Diners will have access to the swimming pool during the brunch and a ticket to The Lost Paradise of Dilmun Water Park.

There will also be a grand raffle draw. Children up to six years old enter for free and its 50 per cent off on children aged between seven and 12. There are special group rates upon request.



## REVIEW: La Belle Dame de Paris – The French School of Bahrain – Cultural Hall

ONCE Again Sadaf Karim and her team of staff members and students at The French School of Bahrain gave us a lovely evening's entertainment in their own inimitable style.

Unlike previous years, the majority of this year's production was in the French language with a little English thrown in the mix for good measure.

It was sad that there were so many empty seats for this delightful performance. With the school hosting more than 600 students I would have thought that many more families would have turned up to support the upper school pupils. They all missed a treat.

What Sadaf did was to take the concept of My

Fair Lady and rework the formula so that Eliza Doolittle was found working the streets of Paris as a flower seller and turned into a true Parisian Princess by Professor Henry Higgins.

It speaks volumes to the work that the students and Sadaf had put into the production that my severely-challenged schoolgirl French, barely utilised for the past 50+ years, was enough for me to follow the nuances of the production.

The students were plainly more comfortable talking in French ... indeed why wouldn't they be!

A fair bit sailed right past me as it was so fast, but I like to think that I kept up with the story and the



songs that lined each scene were absolutely delightful. Sung in French and English, the numbers were very professionally delivered.

The principal actors were wonderful, bringing vitality to their performances, but special praise has to go to Mohamed Mohamed as Frederic.

He had the hardest part, bringing the comedy element into the limelight and he did it brilliantly. After an initial display of nerves during his first two or three

lines, he took control of the stage and the audience.

There is a misconception that the comedic element is the easiest part of a play to perform. Not so, getting it just right is very hard ... and he did.

Cassanadra Nasr and Gaelle Honein (playing the part of Eliza) were lovely and Hasan Faouaz (Henry Higgins) and Yvan Haiby (Colonel Pickering) had obviously researched their parts by careful inspection of adult behaviour.

Congratulations also to the choir, all 60 of them. They and the case had the audience eating out of their hands. As I said at the start, a lovely evening's entertainment.

- Christine Hasan



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# Fashion Weekly

Keeping you in on the latest trends and what they wore in the past



## FASHION

By MAI AL KHATIB-CAMILLE  
[mai.alkhatib@gulfweekly.com](mailto:mai.alkhatib@gulfweekly.com)

**F**ASHION designers across the globe are showcasing their summer 2017 styles with bright and bold designs the order of the season.

From candy pink to mellow yellow in sheer fabrics or floral prints, the sunshine months will be all about redefining a fresh and confident feel for women.

The kingdom's ladies are already starting to dress up in the hottest trends featuring sheer and ruffled fabrics, retro-graphic printed T-shirts, metallic effects and strappy maxis.

Last summer, the off-the-shoulder looks ruled the scene. However, this year it's the one-shoulder that's getting all the appeal, as well as cropped coordinated sets of matching tops and bottoms, plus billowy dresses.

A selection of these cool styles can be snapped up from Vogue Concept boutique which recently unveiled its latest collections alongside offerings from Joseph, Brave Soul and Finders.

The store, located in Al Aali Shopping Complex in Seef, invited customers, members of the media and bloggers to enjoy a day of shopping, giving them a chance to browse through the clothing and accessories.

The Finders brand, also known as Finders Keepers, is one of the most sought-after Australian fashion labels. It is known for its effortless looks, fabulous fabrics and attainable high-street designs.

The label has caught the attention of multiple celebrities and style icons such as Jessica Alba, Kylie and Kendall Jenner, Kourtney Kardashian, Jennifer Hawkins, Iggy Azalea, Jessie J, Whitney Port and Demi Lovato.

The earth-toned Cyrus and Marcel printed white dresses symbolise summer with light and airy fabrics and designs.

Eliatt is another Australian label that is a favourite in Bahrain and it is also known for its bold colours and shapes. This label is for women who live on the edge when it comes to fashion and style. For example, the one-shoulder tangerine Emulate dress can be worn with kitten heels for a cocktail party or dressed down with white sneakers for a picnic in the park.

Other brands on offer this summer include The Fifth Label, Wildfox, Keepsake, Stevie May, Colourful Rebel and Luisa Cerano.



## Trends are hotting up





# Eating Out

The places to dine in Bahrain plus culinary tips for the food connoisseur

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## Mmm ... donuts in Hoora!

**C**AFÉ culture has finally arrived on Exhibitions Avenue with the opening of a new triple treat venue with plenty of dunking capacity!

The first Planet Donut & Bakery restaurant is proving to be a magnet for office workers, students and weekend visitors to one of the most bustling districts of Manama.

The name is not new to the kingdom as the bakery is well-established in Hamad Town and coffee has also been served at its bases in Sitra and Zinj.

But happiness in Hoora features a combination of freshly-made bread and cakes, beautifully-brewed coffee and other refreshments, plus an impressive menu of filling delights in a bright, cleverly-crafted restaurant with added features.

A new menu has been devised and being close to the *GulfWeekly* HQ it seemed only natural to call in for breakfast bright and early at Planet Donut & Bakery.

Light, breezy and spacious, I took a seat after ordering the 'PD Veg Platter' featuring eggs of your choice, toast, grilled tomato with hash browns and an Americano or orange juice thrown in for good measure at a mere BD2.500.

Planet Donut & Bakery was established in 2000 under Woo Business Consultants and director Chorok Woo explained: "We've combined all three things that we do best - coffee, baking and serving good food."

He showed me around the building and upstairs there was

**GOURMET REPORT**  
By STAN SZECOWKA  
editor@gulfweekly.com



another comfortable dining area and a couple of cool study rooms, ideal places for the many students in the area to grab a bite to eat or a drink and still cram in some examination revision without any noisy distractions.

As the café/restaurant is open from 8am until midnight the menu caters for all times of the day. Apart from the scrambled egg cooked to perfection by Chef Vipin (far healthier than the sunny-side up alternative, I'm led to believe) breakfast platter I thoroughly enjoyed, there was also a choice of omelettes available until noon - a spicy Mexican and a rather tempting mushroom & cheese, both priced BD2.300.

Lunchtime treats, inspired by sister operation crust & crema, include lentil, Mexican chicken, mushroom and tyme and tomato basil, all BD1.800, plus a variety of burgers in buns from BD2.200 to BD3. Healthy options like Tuna Salad with broccoli, asparagus, cherry tomatoes, artichoke, zucchini and lettuce, or Honey Herb Chicken alongside apple slices, grapes, nuts and lettuce, both at BD1.800, will see me returning over the summer months.

There's a full range of hot Arabica coffee from espresso (BD1) to the Caramel Macchiato (BD1.600) and cold collection such as Ice Americano (BD1.400) and superb Cold Brew (BD2) is matched by numerous teas, Frappes and fresh juices.



**TASTY TREAT: Supervisor Rose Agno samples one of the delights fresh from the bakery**

The mighty Café Bites range of sandwiches includes the Club Planet (BD2.500-BD3) with either chicken or turkey, onion, tomato, iceberg lettuce, egg and cheese. It looked mighty impressive and may demand another *Eating Out* review at a later date!

The desserts available include a tempting Affogato vanilla ice cream with a shot of espresso (BD1.500) but you cannot step through the doors of an establishment called Planet Donut without trying one of the ... doughnuts. Check the spelling because it sparked a heated debate back in the office.

It's also a conversation

recently conducted by the scribes at the Huffington Post because this treat has become such an integral part of popular culture, loved for providing us with mouths full of comfort and loathed for ruining our diets.

Beyond this love/hate relationship is another duality we apparently feel very passionately about: the correct spelling. Is it doughnut or donut?

Writer *Kristen Aiken* concluded that both were correct. Doughnut is preferred by style guides and dictionaries, but donut has become an acceptable substitute.

It's difficult to pin down the exact date of the doughnut's inception, but it's quite clear that the first printed mention of the treat in 1809 referred to it as dough-nut, spelled out to its full glory, and with an added hyphen, describing the arrival of a Dutch delicacy also called 'oly koecks' to New York.

Oly koecks translates to 'oily cakes', a far less appetising name than doughnuts. Just imagine, suggested *Kristen*, if they were still called 'oily cakes' today, would *Homer Simpson* have ever uttered the phrase: 'Mmm ... oily cakes?' It's a fair point.

I packed mine up and took it back to the office for a

mid-afternoon treat. Chorok says Planet Donut offerings are lighter and fluffier than rivals because less oil is used, an addition to the company's policy of not using any artificial preservatives and baking breads that are all Trans Fat Free.

"Our motto is simple: delight in every bite," he added. He's not wrong there. And watch out for Ramadan. They'll be a timely way to break your fast with a doughnut called 'Vimdo' featuring glazing specially-formulated to taste just like one of Bahrain's favourite night-time drinks ... dodgy spelling with that too!



# When a scarf beco

**A** silky scarf exhibition featuring a collection of colourful cloths inspired by Bahrain's rich history and culture has been staged by art lover Hana Kanoo.

The economist wanted to share her love of the kingdom and her devotion to her artistic aunt Christine Khonjje, who works mainly with embroidery, through fabric form.

Hana said: "Bahrain is full of beauty from its Tree of Life and glistening city lights to its cute Dilmun cats and speedy Salukis.

"My auntie also loves Salukis and she designed a beautiful embroidery of a desert dog carrying the key of life in its mouth.

"I love my auntie's designs and her work is so lovely that I simply had to share it with everybody.

"I didn't want to organise a regular exhibition and thought the best way forward was to create something that could be worn or used as a decoration. I wanted to bring colour to people's lives and I believe that is possible through scarves."

Eight elegant limited edition scarves, entitled *The City*, were showcased at the Yateem House on Sunday in old Manama.

Visitors weaved around the room admiring the designs by Hana and other artists including Bahraini Jasim Redha, Christine and Nepalese Durga Bahadur Bhandari who drew murals from the wraps onto the walls of the venue.

Hana had commissioned the artists to paint her Bahraini-themed ideas and contacted Mai Visti, a luxury fashion accessory brand based in UK, founded by friends Davide Di Curzio and Juliano Matos, pictured with her top left, to add their creative prowess to the project.

Hana said: "I felt that scarf-makers Davide and Juliano would be perfect to create a collection for Bahrain. They used digital enhancements to scan the stitching, for example, and then printed it onto the scarves as well as other embellishments."

Mai Visti, which means 'never seen before' in Italian, focuses on creating accessories for the 'modern individual in today's urban culture'.

Juliano, who has worked with the likes of British fashion designer and couturier Alexander McQueen, said: "We have been designing for six years and we love it.



**COMMUNITY REPORT**  
By MAI AL KHATIB-CAMILLE  
mai.alkhatib@gulfweekly.com

This is our first time in Bahrain and our first collaboration with Bahraini artists.

"When Hana told us about her idea we were excited to help her put it in motion and to create shiny, soft and light scarves that would be ideal for Bahrain's weather.

"A scarf is an accessory that every woman should have as it shows off her personality. For example, each person is drawn to a different design and also wears a scarf differently. You can wrap it around your neck, shoulders, hair, or use it as a belt across your waist or as a bag strap. The scarf is like a work-of-art and we wanted to give people something special.

"The event was amazing and it was our pleasure to be here. We are grateful for Hana for giving us this platform to showcase our work as well as to create something special for the kingdom. We also would love to work in the future with other artists in Bahrain as it truly is a beautiful place full of art."

A scarf, also known as a Kremer, muffler or neck-wrap, is a piece of fabric worn around the neck, near the head or around the waist for warmth, cleanliness, fashion and religious reasons.

They can come in a variety of different colours, patterns and textures and are particularly popular in the Gulf region for all those reasons and more. They are

perfect accessories to keep warm on a visit to a cinema or hotel restaurant with the air-conditioning on full blast and to protect from burns on treks outside during the summer months.

Historically, the wearing of scarfs dates back to ancient Roman times although back then they were used mainly to keep clean more than stay warm.

They were also called a sudarium, which translates from Latin to English as 'sweat cloth' and was used to wipe the sweat from the neck and face during hot weather. They were originally worn by men around their neck and then women started using them as fashion statements.

The scarf became a real



# omes a work of art



fashion accessory by the early 19th Century for both men and women and by the middle of the 20th Century, the wraps became one of the most essential and multipurpose clothing accessories. They weren't just bold colour statements, they also made great gifts.

Printed scarves, worn by celebrities such as Jennifer Aniston and Sarah Jessica Parker, are offered internationally through high-end fashion design houses. Among the latter are Burberry, Missoni, Alexander McQueen, Chanel, Lanvin, Hermès, Emilio Pucci, Dior, Fendi, Louis Vuitton and Prada.

There are three basic scarf shapes: square, triangular and rectangular. However, all the

scarves displayed in Bahrain measured 140cmsx140cms in size.

Each scarf was designed as 'fine art', fabricated in high-quality light-weight cashmere yarns and silk and printed using a special process to maintain softness and longevity of designs and colours for years. They were versatile in various colour palettes of yellow, green, purple, blue, red and white. One scarf that captured the attention of many visitors was entitled *The Flag*. Hana commissioned Durga to paint pearls and rose petals as symbols of Bahraini patriotism. She said: "The pearls are an innate part of the island's heritage and the roses symbolised the rich, red colour of the flag."

*The Sunset* was another crowd favourite painted by Jasim. He said: "I imagined in my mind's eye what a typical Bahrain town would have looked like years ago with electricity lines floating through a little masjid, mosque, palm trees, wooden doors and colourful windows.

"I'm truly happy to be a part of this exhibition and having experienced it. I'm a classical artist who is used to painting with acrylics on canvas. It's wonderful to see my work transferred on to a garment that can be used all year-round."

Jasim also painted *Dilmun Cat*. Another crowd pleaser was Christine's *Saluki*.

Some guests even considered having them framed for

display rather than wearing them.

Visitor Laura Smith, a speech pathologist now living in Mahooz, said: "I loved the Pearls of Bahrain pashmina scarf. It's vibrant and I've never seen anything like it. I really did enjoy this exhibition. Scarves are one of the best accessories you can get."

The limited-edition scarves were priced at BD80. There were only 25 pieces of each scarf design made.

Twenty per cent of the proceeds from *The Sunset*, *The Key of Life* and *Dilmun Cat* scarves will be donated to Tony the Dogfather's Animal Rescue and Rehabilitation Centre. The remaining scarfs are available by visiting [www.maivisti.co.uk](http://www.maivisti.co.uk)



## Gulf Construction

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### Italian honour



GULF Petrochemical Industries Company (GPIC) President Dr Abdulrahman Jawahery has received the Order of the Star of Italy, Ordine della Stella d'Italia on behalf of the President of the Republic of Italy, President Sergio Mattarella.

The presidential decree was awarded during a private ceremony at GPIC head office by Italian ambassador Domenico Bellato to acknowledge Dr Jawahery's 'encouragement and promotion' of relationships between Italy and Bahrain.

### Prize apartment



CUSTOMER Husain Ali Abbas Jalal Al Turkumani won a fully-furnished apartment in Amwaj Islands in the Khaleeji Commercial Bank's Al Waffer 2017 second grand prize draw. Mazen Salman Sater, assistant general manager of retail banking, handed over the keys to the winner on behalf of the bank's management at the property.

### Celebrating nursing



THE Royal College of Surgeons in Ireland - Medical University of Bahrain (RCSI Bahrain) recently hosted its annual International Nurses Day (IND) celebrations at its Busaiteen campus. The university community gathered for a programme of events that included a series of video and interactive presentation by senior nursing students. Officially launched by RCSI Bahrain Head of School of Nursing and Midwifery, Professor Seamus Cowman, the day also featured a celebratory cake-cutting and an afternoon of games and activities. Marked annually around the world, International Nurses Day of May aims to celebrate the efforts and contributions of nurses to the healthcare community.

# Social Scene

Why wait a month! Join Social Scene every week

### Pump up the action



YEAR 2 pupils at the British School of Bahrain recently visited Riffa Fire Station to learn about fire safety and enrich their learning about The Great Fire of London. The children explored the station, used a hose, sat inside a fire engine and asked the firefighting team questions.



### Anniversary marked



KUWAIT Finance House - Bahrain (KFH-Bahrain), marked 15 years of operations in the kingdom during its annual staff gathering held at the Art Rotana Hotel in Amwaj Islands. More than 300 employees attended and were welcomed by Abdulhakeem Alkhayyat, managing director and CEO.

### Time to smile



GULF Hotels Group has donated BD1,000 to support the work of the Smile of Bahrain initiative. A cheque was presented by CEO Garfield Jones to Saffa Ebrahim Al Nasser, board member and chief financial officer of the charity. Rahim Abu Omar, Gulf Hotel Bahrain Convention & Spa's GM also attended the ceremony. The Smile of Bahrain Initiative supports cancer-suffering children and their families.

### Tourism congress



BAHRAIN recently hosted the 46th SKAL Asia Area Congress at the Gulf attracting around 120 members, including 70 from the Asian continent, as well as participants from Argentina, Canada and the UK, alongside 50 local businessmen. The conference ran over a period of four days and highlighted the latest trends in the tourism sector, the challenges faced and also offered a platform for trade opportunities and potential partnerships. The event also coincided with the 45th year anniversary of the SKAL club since its inception in Bahrain in 1972. The SKAL club in Bahrain consists of a group of prominent businessmen committed to developing the tourism sector and strengthening its position on the world tourism map.



# Education Matters



Head teacher Chris Fenton offers classroom tips for teachers, students and parents

## Growth spurts and successes

**L**AST week I watched a wonderful leaver's assembly. At the end, the children from this particular grade all traipsed along the stage to receive various awards for their achievements during the year.

Parents and classmates cheered, whooped and hollered for each child and the whole assembly was conducted with a sense of celebration and attainment. It was a very nice way to spend half-an-hour in school during the summer term.

As I watched the children walking on the stage, it dawned on me just how many of the students were wearing trousers that were now too short for them.

The phrase to describe this phenomenon when I was at school would be to say that their trousers

were flying at 'half-mast'.

When a flag flies at half-mast on a flag pole, it is a sign of respect for somebody who has passed on, usually somebody who is of great importance to a country or group of people. When a child in school wears their trousers at half-mast, it is a sign of how much they have physically grown since the beginning of the year.

It is a sign of a developing maturity as much as it is a sign of parents waiting until the end of the summer holidays before buying new trousers for the year ahead!

Watching these children proudly walk across the stage with more of their socks showing more than normal, I also noticed how proud the children's teachers were of their students' achievements as well.

At this time of year in schools, you will often see teachers and students

conversing in a more relaxed manner. This is because over the year teachers and students get to know each other very well and whilst the last few weeks before the summer vacation might be busy with exams and revision, they also signify an ending of this relationship.

Over an academic year, bonds are made between teachers and students that are very strong. Teachers want their children to achieve in exams and go on to become successful, just as much as parents do and this is because for the few hours a day that those of us in education who get to work with children in schools have, we are in some ways their parents too.

For me, the Latin phrase 'In Loco Parentis' best sums up the role of the teacher. It means 'in place of the parent' and for the six or so hours a day that is exactly what we are. We

guide them, educate them and care for them daily so it is natural for strong bonds to be formed and when we celebrate the achievements of our students we are often just as happy as the parents who are sitting in the audience clapping.

I have never met anyone who doesn't remember a favourite teacher at school who wanted them to do their best or recognised talents within them and then encouraged them to improve but it is often long after we have left school though that we really appreciate what these teachers did for us.

That's why in some ways, the half-mast trousers of children at the end of the school year act as an unknown mark of respect to the teachers who have helped them to grow academically and personally as much as they have grown physically throughout the year.



### Social Scene

#### On song



AL SALAM School staged a music recital and graduation ceremony at its Janabiya premises last Thursday morning.

#### Staff party

AL AREEN Palace and Spa held its annual staff party at its Grand Wadi Tent. The 1920s Gatsby-themed event was a joint celebration with employees of The Lost Paradise of Dilmun. Dr Essa Faqeeh, the CEO Al Areen Investment Company, thanked both teams for their dedication.



#### Ground-breaking



ARMACELL, a global leader in flexible foam for the equipment insulation market and a leading provider of engineered foams, recently hosted a ground-breaking ceremony to kick off construction of its manufacturing facility at Bahrain International Investment Park. Minister for Industry, Commerce & Tourism Zayed Al Zayani attended the event alongside Khalid Al Rumaihi, chief executive of the Bahrain Economic Development Board, and other officials. Patrick Mathieu, president & CEO of Armacell International said that establishing a manufacturing facility in Bahrain was part of Armacell's goal to grow the group's manufacturing footprint in the region and it would initially provide around 100 jobs. The regional team is led by Neville D'Souza, general manager of Armacell Middle East Company.

#### Refreshed identify

THE INOVEST Group has refreshed and modernised its corporate identity to better reflect its strategic direction and positioning as a sharia compliant investment firm regulated by the Central Bank of Bahrain (CBB).

In a press conference held at the Capital Club-Bahrain Financial Harbour, the firm explained that the refreshed identity supports its strategic drive towards consistent development over the years to come, as well as reflecting the evolution of its business over the past years.



#### Service launched

IFLIX, a Subscription Video on Demand (SVoD) company, has recently launched in the kingdom. The iflix Bahrain team hosted an event at the Malja art space in Amwaj, to introduce its services offering a library of TV series and films.



#### Hello and goodbye

MÖVENPICK Hotel Bahrain welcomed the arrival of new Italian general manager Pasquale Baiguera from its sister property in Beirut with a reception at Silk's terrace on Sunday evening and said farewell to departing GM Daniel Kaan, who will be spearheading a sister hotel in Dubai.







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# Film Weekly



Movie-loving Kristian Harrison checks out the big screen releases on show in a cinema near you



## Bite-sized trailers

### Everything Everything

**DIRECTOR:** Stella Meghie

**CAST:** Amandla Stenberg, Nick Robinson and Anika Noni Rose

**PLOT:** A 17-year-old girl named Madeline Whittier has a rare disease that causes her to have to stay indoors 24/7 with her filtered air. Her whole life is basically books, her mum, and Carla (her nurse).

One day, a moving truck pulls in next door. There she sees Olly and he starts to make Maddy realise that she isn't really living.

**SHOWING IN:** Novo, Cineco, Seef II, Wadi Al Sail



### King Arthur: Legend of the Sword

**DIRECTOR:** Guy Ritchie

**CAST:** Charlie Hunnam, Astrid Bergès-Frisbey and Jude Law

**PLOT:** Robbed of his birthright, Arthur comes up the hard way in the back alleys of the city. But once he pulls the sword from the stone, he is forced to acknowledge his true legacy - whether he likes it or not.

**SHOWING IN:** Novo, Cineco, Seef II



### The Boss Baby

**DIRECTOR:** Tom McGrath

**CAST:** Alec Baldwin, Steve Buscemi and Jimmy Kimmel

**PLOT:** A new baby's arrival impacts a family, told from the point of view of a delightfully unreliable narrator - a wildly imaginative seven-year-old named Tim. The most unusual Boss Baby (Alec Baldwin) arrives at Tim's home. Boss Baby is actually a spy on a secret mission, and only he can help thwart a dastardly plot that involves an epic battle between puppies and babies.

**SHOWING IN:** Novo, Cineco, Seef II



**W**HEN the first *Alien* came out in 1979, promising and delivering screams in space that no one could hear, more than a few critics called it a relentless, hard-driving thrill machine. On reflection, it resembles a movie with the patience of Job, taking its sweet, stealthy time before arriving at one of the great moments in the history of extreme cinematic gore.

You know the scene; if you haven't seen it then you've definitely heard about it. John Hurt is sitting around the spacecraft galley, having a jolly meal with his crew aboard the *Nostromo*. He's blissfully unaware that the gestating xenomorph inside him is waiting for the right moment to burst out of his chest and set in motion the wheels of the greatest cinematic cat-and-mouse chase in history.

That monster has been chasing director Ridley Scott ever since. He turned the franchise over to James Cameron, who in turn created another classic on a par with the first, albeit with a shift to the action genre, before two dreadful sequels that shouldn't be spoken about.

Five years ago, Scott decided to reclaim his property and delivered the ambitious, yet messy, prequel *Prometheus*, in which Scott went easy on the aliens and heavy on the origin-story mythology.

Fans of the earlier movies couldn't entirely embrace it and thus Scott acknowledged his folly and produced *Alien: Covenant*, which in many ways – stylistically, thematically, structurally – sits neatly between the existential ponderings of the previous film and the sumptuous horror of the 1979 original.

While it fails to match the classic in terms of sheer terror and elegance, Scott nevertheless delivers some imaginative takes on familiar sequences and rich, satisfying answers to *Prometheus'* lingering mysteries.

### ALIEN: COVENANT

**STARRING:** Michael Fassbender, Katherine Waterston and Billy Crudup

**DIRECTOR:** Ridley Scott

**GENRE:** Sci-Fi Horror

**RATING:** 18

**RUNNING TIME:** 123 minutes

*Covenant* begins, true to form, with a crew emerging from hyper-sleep. They're pioneers; a mixture of engineers, scientists and pilots transporting colonists in stasis to a distant planet carefully selected to be their new home. But during the long voyage, the crew is lured to what appears to be an even better site for their colony.

From here on, *Covenant* delivers a focussed, suspense-driven story as various members of the crew play host to a variety of vicious parasites which burst forth in gruesome fashion. Scott even offers up a grisly new rendition of the infamous sequence which is an effective and full-on piece of body horror, though it's impossible to match the surprise of Hurt's. It's an early statement of intent: the sterile musings of *Prometheus* violently give way to splintering ribs and blood-spattered med bays.

Scott initially holds back the classic xenomorph in favour of a pale, haunting creature – dubbed as the 'neomorph' – which is no less aggressive and, when fully grown, possesses an eerie quality all of its own.

The classic alien is withheld for good reason, and when it finally makes an appearance, it's worth the wait, punctuating the most intriguing and disturbing section of the movie. It remains one of the greatest monsters in all of cinema, though it's still strange and slightly diminished to see the design

brought to life with computer animation and moving with such intense ferocity and speed.

It's not badly done by any means, just at odds with how that creature was originally used. In *Covenant*, you see it so nakedly, performing a variety of actions outside and in full daylight, when before so much of it was cloaked by the *Nostromo's* shadows, leaving your imagination to fill in its sinister mystery. It's a sad loss.

*Covenant's* early action sequences are exciting; even though much of what unfolds has been seen before in the series, it's testament to Scott that he's able to find new and visually striking ways of tackling these set pieces. *Covenant* is the first film in the series to take full advantage of outdoor locations adding novelty to what could've otherwise be a staid sequence.

As such, the best scene is a particularly memorable and violent attack in a field at night, with juvenile creatures scurrying between sheaves of wheat by torchlight.

Towards the end of the movie, however, the invention dries up to a degree, with Scott delivering what feels like a compressed version of the original *Alien*. The outdoor scenes are replaced by claustrophobic corridors and pinging motion-trackers. I'm not sure if it's knowing self-homage by Scott or a lack of new ideas for how to end this sort of movie. Regardless, it's still a fun conclusion, though slightly clichéd next to the invention that precedes it.

Ultimately, this feels like *Alien: Greatest Hits*. It has some fresh new ideas, but too quickly devolves into cherry-picking the best ideas from the previous films. Still, with strong performances, particularly from Michael Fassbender, this is a satisfying addition to the series.

● **Showing in:** Novo, Cineco, Seef II, Wadi Al Sail and Saar.

### KRISTIAN'S VERDICT

1 popcorn – stay home  
5 popcorns – start queuing

## imdb movie charts

Current Position	Title	Weekend Takings	Gross to date
1	Guardians of the Galaxy Vol 2	\$146M	\$146M
2	The Fate of the Furious	\$8.6M	\$207M
3	The Boss Baby	\$6M	\$156M
4	How to be a Latin Lover	\$5.1M	\$20M
5	Beauty And The Beast	\$5.1M	\$4M
6	The Circle	\$4M	\$15M
7	Bahubali 2: the Conclusion	\$3.4M	\$16M
8	Gifted	\$2M	\$19M
9	Smurfs: The Lost Village	\$1.8M	\$40M
10	Going in Style	\$1.8M	\$40M

WIN DISNEY PRIZES: PAGE 20



# cerebrally crust & crema



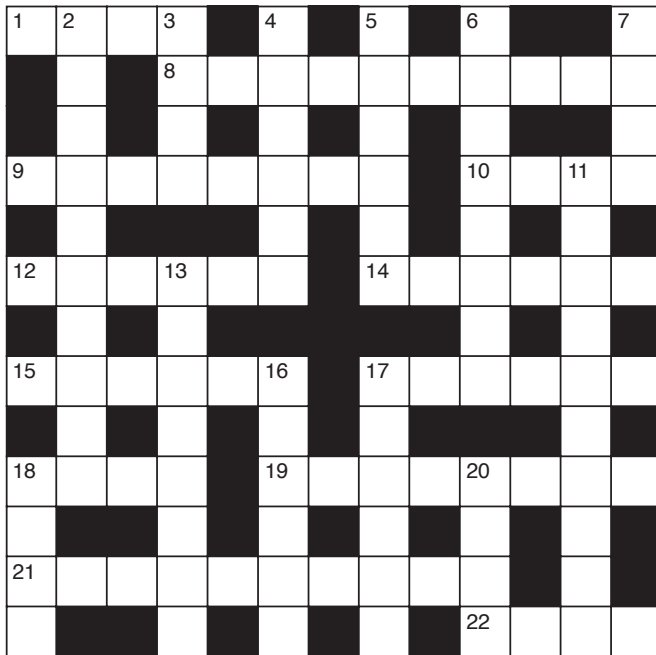
CRUSTANDCREMA

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WIN COFFEE-FOR-TWO at crust & crema by answering this quiz question and emailing your answer to [editor@gulfweekly.com](mailto:editor@gulfweekly.com)  
**How long does it take for a coffee tree to reach maturity? a) eight years b) two years c) five years**  
 Entries must be received by noon on Sunday. The first correct one out of the bag will win the prize and the lucky reader will be emailed a coupon. Normal GulfWeekly contest rules apply. The Editor's decision is final.

Quiz winner: Reader RABEA KHAN won coffee and cake by correctly answering that c) about 4,000 coffee beans are required to produce one pound of roasted coffee.

## crossword break



Solutions in next week's issue.

## ACROSS

1. Stray (4)
8. Unlettered (10)
9. Organiser (8)
10. Cry (4)
12. Street (6)
14. Prove (6)
15. Attic (6)
17. Poverty (6)
18. Main character (4)
19. Conquer (8)
21. Sign (10)
22. Bound (4)

## DOWN

2. Shorten (10)
3. Resolute (4)
4. Dress (6)
5. Famish (6)
6. Hostility (8)
7. Transaction (4)
11. Tearful (10)
13. Dulling drug (8)
16. Chest (6)
17. Summary (6)
18. Greet (4)
20. Tilt (4)

### who, what, where, when

WHO ... invented the first artificial heart?

WHAT ... was the surname of Great Britain's Edward III?

WHERE ... is the highest mountain in Mexico?

WHEN ... did Rhodesia become Zimbabwe?

WHO ... won the Nobel Prize for Literature in 1983?

WHAT ... is a line of verse containing six iambic feet?

WHERE ... is the Kootenay River?

WHEN ... was the Zulu War?

### just so

COLOUR

RELIGIOUS  
TOME

we're amused

WEEK  
↑

## darn tough sudoku

So you think you're good enough at Sudoku to crack this baby? Remember, we were the first in the Gulf to bring you this bit of Japanese mayhem...so we don't kid around

Last week's sudoku

9	7	1	3	8	5	4	6	2
6	8	5	9	4	2	3	7	1
4	3	2	1	7	6	8	5	9
2	5	3	6	9	1	7	8	4
1	6	4	7	2	8	5	9	3
8	9	7	4	5	3	2	1	6
5	1	8	2	6	4	9	3	7
3	2	9	5	1	7	6	4	8
7	4	6	8	3	9	1	2	5

4	2	6	7	1	9	5	8	3
3	5	9	4	8	2	7	1	6
7	1	8	3	5	6	4	2	9
5	4	1	9	6	3	2	7	8
2	8	3	1	7	4	6	9	5
6	9	7	5	2	8	3	4	1
8	3	4	6	9	7	1	5	2
1	6	2	8	4	5	9	3	7
9	7	5	2	3	1	8	6	4

darn tough sudoku

5	8	1	2	9	6	3	7	4
2	6	9	4	3	7	1	5	8
7	4	3	8	1	5	6	2	9
6	3	5	1	4	9	2	8	7
1	9	7	6	8	2	5	4	3
8	2	4	5	7	3	9	6	1
4	7	6	9	2	1	8	3	5
9	5	8	3	6	4	7	1	2
3	1	2	7	5	8	4	9	6

Sudoku

4			9		7	3	2	
	6	7			3			1
		2		8			6	
2			8	3			1	9
	7		4		9		3	
1	9			5				6
	2			7		1		
		4		5			9	
	5	8	1		2			4

Sudoku

	4	9			1			
	1			6		7		4
5				3	2		6	
	2				7		9	
		4	9		8	3		
	3		1					8
			7	9				5
3		2		8	4		1	
			2			6	8	

### Last Week's Leisure Solutions

**Across:** 7 Nurse;  
8 Emanate; 9 Habitue;  
10 Swiss; 12 Days gone by;  
15 At the ready; 18 Round;  
19 Furnish; 21 Recital;  
22 Scorn.

**Down:** 1 In the chair;  
2 Bribe; 3 Left; 4 Recess;  
5 Password; 6 Mariner;  
11 Say nothing;  
13 Anecdote; 14 Staunch;  
16 Enfold; 17 Bijou;  
20 Risk.

**Who, What, Where, When:** Percy Bysshe Shelley; B; Glenelg (Adelaide); 1608; Millard Fillmore; An Italian dessert; Munich; 1694.

**Just So:** Piggyback, Quartermaster, Queen bee, Rise to the occasion.

Darn Tough Sudoku

		5	3		7	2		
8	7						4	5
				1				
4								7
		7	2		1	8		
1								2
				6				
5	8						1	6
		9	8		5	7		



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# Property Weekly

A guide to the best properties home and abroad – edited by Mai Al Khatib email: [mai.alkhatib@gulfweekly.com](mailto:mai.alkhatib@gulfweekly.com)

## Living the high life

**A four-bedroom apartment within the freehold Abraj Al Lulu is available for sale, boasting superb views over Bahrain Financial Harbour and the sea.**

Situated in Bahrain's Seef district, the complex consists of three towers that cover an area of 18,600sqm and they are packed a full range of amenities aimed at satisfying the most discerning of residents.

The Gold Pearl Tower, Silver Pearl Tower and Black Pearl Tower house more than 860 one, two, three and four-bedroom apartments, 12 'Villas' in the Sky' and a full contingent of recreational facilities.

The fully-furnished apartment available sits in the luxurious Black Tower and has a total surface area of 270sqm. It features a large contemporary kitchen, a sizable living and dining room as well as a balcony. There is also a guest closet and a maid's quarter.

The master bedroom has a walk-in closet and ensuite bathroom. The other bedrooms have in-built wardrobes and ensuite bathrooms.

The apartment includes an intercom system, central cooling and two parking spots on the Mezzanine floor.

As for the fabulous facilities, the first floors of the three towers feature a large swimming pool, Jacuzzi and sun deck with patio furniture. There is also a toddler's pool with play area and equipment for children. The landscaped play area, rock garden and water falls spread out over 56,000sqft.

There is also a BBQ kitchen with furniture and equipment on the open terrace and plenty of indoor attractions such as a cinema lounge, billiard table, table tennis, darts board and virtual-reality sport games.

The towers also house squash courts with furniture and equipment for each tower on the ground floor. There is also a state-of-the-art health spa for ladies and gents, an internet café, conference room and business centre. There is a snack bar on hand, guest laundry, shopping and retail outlets and a four-storey car park with room to accommodate more than 1,100 cars.

### FACTS AT A GLANCE

- Reception:** 1
- Bedrooms:** 4
- Bathrooms:** 4
- Parking:** Two spaces.
- Additional information:** The towers feature a large swimming pool, Jacuzzi and sun deck with patio furniture. There is also a gym and health spa.
- Location:** Abraj Al Lulu, Seef District.
- Sale price:** BD170,000.
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# Motoring Weekly

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**T**HE sleek, luscious Lexus LC 500 and LC 500h were unveiled at the marque's Ebrahim K. Kanoo showroom at a stylish ceremony on Saturday afternoon in Sitra.

Pretty models pulled off the wrappers of the cars as guests and members of the media watched a dramatic drive-in under spotlights, which followed a video presentation and an informed introduction into the company's philosophy by senior executives.

The new Lexus LC is a powerful, emotionally-stirring realisation of the vision of Lexus master driver Akio Toyoda for a flagship production coupe that echoes the spirit of the hand-built Lexus LFA supercar and delivers the visual impact of the Lexus LF-LC concept.

Chief engineer Koji Sato said: "In my view, pursuing beautiful design and elaborating superior performance are two very similar aspects. "Beauty is the identity of Lexus' design. Every feature of the LC is the result of an integrated approach to design and engineering."

It certainly appears to have hit the mark with instant glowing international reviews. *Top Gear*, for example, described it as quite simply 'the boldest, most outrageous thing to come from the maker' and *motorreport.com* didn't hang back on the praise either, saying 'it's a seriously impressive car, this, one that holds Lexus in good stead for coming years. Bravo, indeed'.

Koji Nagata, GM of Toyota's Middle East and North Africa regional office and EK Kanoo's Ayman Shehadeh, spoke of the evolution of Lexus as a lifestyle brand.

The new car is immediately identifiable as a Lexus thanks to its hallmark spindle grille and dynamic character lines.

## Coupe laps up luxury



NEW STAR: The new Lexus LC, top right, a model at the launch and, below right, EK Kanoo executives and their guests from Toyota Motor Corporation



The 2018 LC grille itself features a unique mesh texture that changes visual tension as it spreads across the front of the car.

Independent L-shaped daytime running lights beneath new ultra-compact triple LED headlamps create the distinctive LC front lighting signature.

The combination of a large glass panel and blacked-out rear pillars creates a floating roof appearance and chrome-plated moldings along the edges, which echo the lines of a traditional Japanese sword, amplify the effect.

The LC 500, priced BD42,000, powered by a high-performance 5-litre naturally-aspirated V8 engine, can sprint from zero to 100 km in less than 4.7

seconds. Under acceleration, the LC 500 reveals its character in a continuously-rising power curve, with the 471 HP developed at 7,100 rpm and the torque peak of 55.0 kg-m at 4,800 rpm.

The Lexus LC also debuts the first 10-speed automatic transmission for a luxury automobile.

The Lexus LC comes in four distinctive interior colour schemes that include new Breezy Blue and Ochre, together with Dark Rose and Black seen in other Lexus models.

Lexus, which introduced the world's first luxury hybrid 13 years ago, developed a new Multi Stage Hybrid System specifically for the LC 500h (BD39,500). It combines the Lexus

hybrid system with variable gears.

By controlling the output of

both the higher rpm 3.5-litre V6 engine and the electric motor, it achieves powerful

performance from low speeds through to high range driving.

### Servicing deals during Ramadan

EBRAHIM K. Kanoo has launched its annual Ramadan service campaign, which offers discounts on servicing for all Lexus models.

The promotion will run until June 24, giving Lexus owners a 25 per cent discount on labour and parts charges, and 10 per cent off on their next service visit. They can also have a discount up to 25 per cent on LLumar and Ziebart car care services, a 25 per cent discount on Michelin tyres and special prices on Kanoo

Smart Repair Services.

Michael Goode, senior general manager of service, said: "We are committed to providing the best for our customers and that means consistently offering promotions that meet their expectations, and providing excellent service to match the exacting standards that Lexus owners have come to expect from the brand."

Lexus Service Centres in Arad and Toyota Plaza Tubli are open during Ramadan from Saturday to Thursday,



7am to 4pm and from 8pm to 11pm, with Riffa open Saturday to Friday from 7am to 4pm, and Manama open Saturday to Thursday from 7am to 4pm.

To book an appointment, contact Toyota Plaza on 17787888, Arad on 17677222, Manama on 17256677 or Riffa on 17776070, or visit [www.toyotaplaza.com](http://www.toyotaplaza.com)

### BIC drive on track to woo more fans to sports car marque

KANOO Motors staged the third pre-summer test drive event, titled McLaren Sports Series: The Drive, which gave prospect buyers an opportunity to experience the full capabilities of the McLaren 570S and 570GT at the Bahrain International

Circuit (BIC).

More than 30 people attended the event. Head of McLaren Bahrain, Trevor Fletcher, said: "Being associated with a brand like McLaren adds a level of prestige that few other cars can match."

"The BIC track also plays

an important factor because it gives drivers the best controlled environment to really explore the limits of our products. This has been the motivating factor behind the high level of participation in our test drives and progress which has necessitated the need to ramp

up our track activities after the summer months."

McLaren Bahrain announced it will be adding new models to its Super Series range offerings during the second half of this year, hoping to build on the momentum of the previous five months.



OPEN DOORS: The popular McLaren 570S and 570GT



## WIN: *Beauty and the Beast* prizes in our exclusive Disney competition

**F**ILM-LOVING *GulfWeekly* readers have the chance to snap up a selection of Disney prizes, including a special *Beauty and the Beast* mirror in a velvet bag.

The latter is a 'money can't buy gift' as it doesn't retail anywhere and was made as special merchandise by the film company to coincide with the release of the film.

Alongside the star prize we have four soundtrack CDs to give away in an easy-to-enter competition.

The story and characters audiences know and love come to spectacular life in Disney's *Beauty and the Beast*, a live-action adaptation of the studio's animated classic featuring an extraordinary ensemble cast, including Emma Watson, Dan Stevens, Luke Evans, Kevin Kline, Josh Gad, Ewan McGregor and Emma Thompson.

Directed by Bill Condon and based on the 1991 animated film *Beauty and the Beast*, the screenplay is written by Stephen Chbosky



and Evan Spiliotopoulos. *GulfWeekly* film reviewer Kristian Harrison was impressed, giving the film three popcorns out of five, and writing: 'With this context in mind, and the knowledge of the risk-taking and pressure involved in handling the movie, it's a good job that it's done very well.'

'The writers and director Bill Condon have done a commendable job of delivering what fans want, while also offering enough tweaks to not feel like a note-for-note copy offering nothing new'.

Alan Menken provides the score, which includes new

recordings of the original songs written by Menken and Howard Ashman, as well as three new songs written by Menken and Tim Rice.

To enter the contest, answer this question: **What is Beauty's name?**

Email your answer to [editor@gulfweekly.com](mailto:editor@gulfweekly.com) by Sunday at noon.

The first correct answer out of the bag will win the main prize, and the following four will pick up the soundtrack which includes *Beauty and the Beast* performed by Ariana Grande and John Legend and *How Does A Moment Last Forever* sung by Celine Dion, plus others.



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- Assist the team to ensure that strategy is properly communicated through Corporate Planning Supervisor and Corporate Planning Officer and provide support in developing the material necessary for communicating the strategy to departments.

#### Requirements:

- MBA with specialization in strategy or Master's degree in a related field like business strategy
- Minimum of 7-10 years of relevant experience in a planning or strategy function with 3-5 years of experience preferably with a local/Gulf bank in a similar role
- Certification in balance scorecard is an added advantage
- Fluent in Arabic and English

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# Golf Weekly

Teeing off to a great read

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# Mexico here we come!

**R**OYAL Golf Club members Jim Lanceley and Ben Elsworth are set to represent Bahrain in the World Finals of the Audi quattro Cup Series after coming first and second respectively in the Bahrain Grand Final.

Lanceley's six round total of 165 stableford points gave him a comfortable 10 point lead over Elsworth in the series order of merit.

The pair will both now have the opportunity to travel to Quivira Golf Club in Cabo San Luca, Mexico, in December to represent Bahrain at the World Finals of the prestigious series.

With more than 100,000 players competing in 750 tournaments in 54 countries annually, the Audi quattro Cup has developed into the biggest worldwide amateur golf tournament series.

The sixth and final round of the Bahrain series was won by Heiner Abel with 38 points. Lanceley came second with 37 points while nearest the pin side contests on holes 7 and



GLORY DAYS: Lanceley and Elsworth with Steven Hill, GM of Behbehani Bros' Motors Division

12 were won by Mohamed Akeel and Peter O'Brien respectively.

**Results:**  
1st Heiner Abel (38 points), 2nd Jim Lanceley

(37). Nearest the Pins: Mohamed Akeel (hole 7) & Peter O'Brien (hole 12). 2s Club: Steven Hill, Ronan Armstrong, Andy Love, Peter O'Brien (hole 12), Ashley

Price (hole 16).  
**Order of Merit:**  
1st Jim Lanceley (33,35,31,29,29,37=165),  
2nd Ben Elsworth (30,27,30,28,34,33=155),

3rd Fahad Al Hakam (30,33,25,33,33=154),  
4th Rob Lane (30,28,34,22,30,30=152),  
5th Pete Donkin (32,26,27,21,37,29=151).

## Crocked Rory out of action after injury testing clubs

WORLD number two Rory McIlroy has withdrawn from the PGA Championship starting tomorrow at Wentworth because of a rib injury.

The 28-year-old, who was treated for a stress fracture to his ribs earlier in the year, felt discomfort during the recent Players Championship in Florida.

"I have been advised to take a conservative approach to my recovery," said McIlroy. "It is disappointing, but I have to ensure I make a full recovery."

McIlroy won the European Tour's PGA Championship at the Surrey course in 2014.

The four-time major winner said he would now concentrate on preparing for the US Open in June.

McIlroy originally suffered the rib problem in the off-season after hitting a lot of balls in practice as he tried to decide on new equipment

after Nike stopped producing clubs.

It flared up as he lost a play-off to Graeme Storm at the South African Open in January, and he did not feature again until the WGC-Mexico Championship in March, when he finished four shots behind winner Dustin Johnson. The Northern Irishman then felt discomfort at the Players at Sawgrass.

He started the new European Tour with Callaway woods and irons, Titleist wedges and balls and a Scotty Cameron putter.

The BMW PGA Championship launches the European Tour's new Rolex tomorrow with a world-class field preparing to challenge for the prestigious trophy at the newly-revamped West Course from May 25-28.

Featuring 10 of the world's top 30 ranked professionals, Swede Alex Noren joins the previously announced line-up for



**PRACTICE PAIN: Rory McIlroy**  
Wentworth Club, which include Open Champion Henrik Stenson, Olympic Champion Justin Rose and defending champion Chris Wood.

There is no doubt the 2016 European Tour season was dominated by an overarching theme of Swedish success, with the 34-year-old winning four titles in the space of five months, alongside Henrik Stenson's Open Championship victory, and he will be looking to continue his remarkable run.

## Let's hear it for the boys

THE Royal Golf Club's 2017 men's captain, Riyad Al Saie, led his team to victory in a tournament held against a team led by ladies captain Stacey Thomas.

Al Saie's team, comprising vice captain Sanjay Lal and club members Kevin and Ann Hudson, Karin Lutz, Robert and Anne Timmers, Alexandra Heluin, Sanne Smith, Mark Moles, Atta Rehman Tipu, Mohamed Akeel, Barry Hobday, Farooq Ahmed, Robert Lane, Jim Lanceley, Philip Dixon, Jan Watson, Sarajane Gardner and Matthew and Araceli Deakin, achieved a team score of 635 points against Stacey's team score of 625 points.

"This is the first



**MIGHTY MEN: The triumphant men's captain's team with Captain Riyad Al Saie, pictured centre**

time since 2011 that our Men's Captain versus Ladies Captain tournament has taken place," explained Adam Dutson, the Royal Golf Club's tournament coordinator. "Both captains were very well supported and great fun was had by all."

Atta Rehman Yousafi achieved the best individual score of the tournament with 40 points. Jim Lanceley came second with 37

points and Naeem Khan was third, also with 37 points.

Side contests were won by Stacey Thomas, Dena Wales, Hilde Kwik, Karin Lutz and Farooq Ahmed.

The competition was rounded off with a prize presentation ceremony in the club's Hickory's Members' Lounge where Dutson was on hand to present the trophy to Al Saie and his team.

## Head down and listen to the drop

**GOLF TIP**  
By ZANDER POTGIETER  
Royal Golf Club PGA Teaching Professional

ONE of the most common mistakes golfers make on short putts is that they lift their head up in the middle of the stroke to see if the ball goes in the hole. Most of the time this is the exact reason why the ball doesn't go in!

Lifting up the head will lift the body as well and ultimately change the arc of the putting stroke leading to pushing or pulling the ball. Luckily there's an easy way to fix this problem. When you have a putt that's 6ft or less from the hole, look at the back of the ball when you stroke the ball, keep looking down at the same spot for three seconds and wait until you hear the ball drop in the hole.

This will ensure that you allow the body to stay in position and put your best possible stroke to the putt.

If you would like to book a golf lesson with a Royal Golf Club PGA teaching professional, call 17750777.

### Summer Passport

Invest just BD5 in the Royal Golf Club's Summer Passport and enjoy a massive range of discounts on golf, golf lessons, golf merchandise, food and beverages, country club day passes and more. The Summer Passport is available from the Pro Shop and is valid for use from June 1 until August 31.





# Motor Sport

Bahrain International Circuit – the home of motorsport in the Middle East

## Universities go karting crazy

**K**ARTING enthusiasts were encouraged to take part in a university experience in the second instalment of an initiative to encourage young people to participate in and support motorsport in the kingdom.

Following the success of Karting 4 Schools back in March, students, staff members and alumni from six Bahrain colleges and one from Qatar participated in Saturday's inaugural Karting 4 Universities event.

The activity was organised by sport-loving Hamad Behzad's Middle East Premier Activities and Championships, in association with Together Safe, a campaign instigated by Ahlia University students to fight against extremism and social exclusion.

Hamad said: "We also want to allow students the opportunity to find their passion. With our partnership, with sponsors and promotion agencies, we can push individuals with talent further. "We also want to allow students the chance to experience an activity in a dynamic environment."

Seventeen teams from AMA International, BIBF, Applied Science University, Kingdom University, Bahrain Polytechnic and College of North Atlantic- Qatar, took part in an hour-long endurance challenge where drivers came into the pits at regular intervals to give them a more authentic F1 feel.

Hamad was delighted to see the camaraderie being built up between students and staff members during the session and the huge turnout. He said: "I am happy to see so



**MOTORSPORT**  
By MAI AL KHATIB-CAMILLE  
mai.alkhatib@gulfweekly.com

many people interested and joining together in such a friendly environment."

While all received participation medals for their efforts on the track, the three teams recording the best times over 44 laps also picked up trophies, although there was much emphasis on it being a 'team-building activity and not a race'.

AMA University representatives Mohammed Mattar, an alumni, and Rashid Al Muammari, a business informatics student, secured pole position and finished in front of two polytechnic teams.

Both are track-savvy and experienced drivers having raced with the successful Batelco team. Mohammed, from Sanad, said: "We enjoyed the event and had a chance to flex our skills. The

Polytechnic teams did a great job and really pushed us.

"This is a great sport for young people to get involved in and I'm looking forward to taking part in other events."

Bahrain Polytechnic business student Qassim Khalil Ebrahim, 25, from Hamad Town, added: "It was fun. We all drove a similar, RX7 go-kart. It came down to experience in the end although I felt confident having participated

in the Bahrain National Championship."

Plans are underway to host a further nine karting activities for various school age categories as well as sessions for universities, attracting more regional involvement.

Also on the agenda are bowling and indoor sky diving get-togethers, alongside mainstream sports such as football, basketball, tennis and cricket.



## Ramadan challenge

BAHRAIN International Karting Circuit (BIKC) will be holding the Ramadan Karting Challenge at its home in Sakhir.

This event is a first-of-its-kind organised by BIKC and it has been designed to help cater to the demands of racing aficionados during the holy month.

The challenge is set to feature two rounds – the first will be held on June 5 followed by round two on June 12. Racing is scheduled for a 9.30pm start on both nights.

The format of the challenge is similar to the Bahrain SWS Sprint Championship.

Youngsters aged between 12 and 14 will have the chance to compete against one another for the Juniors Cup. Each of the top five will also receive a free experience in a 125cc Rotax Junior Max karts.

Entry fee is BD45 per driver. Registered drivers will have the benefit of enjoying BIKC's SWS Practice Promo, where karters will get a free session for every session purchased.

For the Senior Cup, for older drivers, first and second place get one free experience in a Clio Cup sports car, while third to fifth place will get a free experience in a 125cc Rotax Senior Max karts.

● For more information on the Ramadan Karting Challenge, visit BIKC's website [www.bahrain-karting.com](http://www.bahrain-karting.com) or call the Hotline on 17451745.

## Contract signed to open motorcycle experience centre at Sakhir circuit

A MEMORANDUM of Understanding has been signed between Bahrain International Circuit (BIC) and Wheels of Arabia (WOA) to establish a Ducati Experience Centre in Sakhir.

The Ducati Experience Centre at BIC aims to give motorsport fans a venue where they can taste 'the very best of motor biking in

a world-class setting'.

The facility will also aid in the training of riders and focus on the development of a capable younger generation that can participate in a safe environment.

The agreement was signed between BIC Chief Executive Shaikh Salman bin Isa Al Khalifa and WOA director Abdulrahman Almoayed.

Present at the ceremony were BIC commercial director Sherif Al Mahdy, BIC sales and sponsorship senior manager Bader Nasser and Bahraini champion rider Hussain Al Kooheji.

The Ducati Experience Centre at BIC is scheduled to hold track days from September to March. The track days will cater

to professional racers as well as amateur bikers who want to taste the thrill of riding Ducati bikes on the world-class BIC track.

Ducati chose the circuit to host its experience centre after a series of successful events organised by WOA over the last year. This will be the first motorcycle experience centre hosted by the 'home of motorsport in the Middle East'.



DONE DEAL: Almoayed and Shaikh Salman



# It's time to wave goodbye

**I**t was supposed to be the one aspect of the Premier League this season that maintained intrigue until the final day of the season ... although with the elite sides flexing their muscles against weaker opposition, the three sides chasing the two Champions League positions remained in situ.

It meant that, for the first time in 20 years, Arsenal have finished outside the top four and have failed to qualify for the top European competition.

Arsene Wenger can perhaps class himself unlucky to finish in fifth position with a total of 75 points – the first time this has occurred in the history of the league. Indeed, it is three more points than last season when they finished second!

Now after two decades at Arsenal, 15 trophies and over GBP700m spent on players, he is one match away from his least successful season for years which all adds to the continuing debate about his managerial future.

Arsene and Arsenal have seemed like a perfect fit for so many years – and not simply because of their names! For many years while facing austerity measures as the owners saved for a new stadium, Wenger kept The Gunners amongst the elite of English football.

He is the most successful foreign manager in the English game whose overall record is bettered only by Sir Alex Ferguson (we'll count him as being homegrown, despite being Scottish).

Wenger secured his first Premier League title in 1998 and then repeated the feat in 2002. His side made history in 2004 when they completed the entire league campaign undefeated, being dubbed 'The Invincibles' on the way to securing a third crown. He was voted manager of the year in each of those seasons.

And yet his tenure in recent years has been undermined by calls from loyal fans for his departure – the sporting equivalent of Brexit that is equally divisive.

If he were to be dismissed should he resign on his own terms, particularly as his contract expires after the FA Cup Final on Saturday, a decision epitomised by the epic hit from the Clash: 'Should I stay or should I go?'

The stay campaigners point to the chaos that typically follows the fall of a dynasty, a la Manchester United. The Frenchman's myopic



By **ABU GEORGE**  
abu.george@gulfweekly.com

detractors should be careful what they wish for.

On a more positive level it is frequently argued that his record demands loyalty. It is not simply the trophies that he has won but also the methodology he brought.

As only the third manager from overseas he helped transformed the English game, introducing new training methods and diets, extending the careers of many of his senior players such as Tony Adams and Dennis Bergkamp.

Arsenal fans have the luxury of being fatigued by consistently high performances, becoming obsessed by perceived blemishes and failing to see the qualities of the sides produced over the years.

However, his detractors will point out that he has failed to deliver a league title since 2005, enduring a sequence of nine years without a trophy of any description.

They argue that he is too loyal to certain underperforming players, particularly those in whom he has invested lots of time and energy in. He appears satisfied with simply good rather than striving for excellence, maintaining a squad without adding genuine star quality.

Aside from their league position there have been some worrying other signs, particularly the 10-2 Champions League aggregate humiliation at the hands of German champions Bayern Munich, unsurprisingly at the quarter-final stage for the seventh successive season.

It shouldn't mean as much but local rivalries can count for more than results. This will be the first time in his Arsenal career that Wenger's side will have finished below Tottenham, meaning St Tottenham's Day, sometimes appearing as early as March, has been deleted from the calendar, perhaps for the foreseeable future.

Wenger says his 'professionalism or commitment' cannot be questioned but the uncertainty over his future contributed to Arsenal failing to qualify.

"I have said no to every club in the world," said the Frenchman, 67. "Psychologically the atmosphere was absolutely horrendous. It has been difficult, yes, and certainly my personal situation has

contributed to that but you can never question my professionalism or commitment.

"We do our job and you are professional and part of the job is being professional when the environment is not positive."

Wenger also said it was 'very sad' Arsenal will not be playing in Europe's top competition next season. Some Arsenal fans also voiced their frustration at the club's majority owner Stan Kroenke.

Frenchman Wenger is in his 21st year at the north London club and even preventing Chelsea from winning the double may not be enough to save his position.

It is time for him to go ... in fact it probably was a few years ago. His original record has rightly insulated him from the firing line although his

deposit of good faith has run dry.

Ask yourself the question: is there anyone who could do better? Jurgen Klopp and Pochettino have achieved more on fewer resources. If Arsenal cannot win the prizes they most desire then they need to change.

There are even suggestions that Wenger believes he should not be under scrutiny. If that megalomania exists then he should have gone the moment it set in. Lovers of TV's *Blackadder* will recall General Melchett uttering the phrase: 'if nothing else works then a total pig-headed refusal to look facts in the face will see us through'.

In his time at Arsenal, the Gunner's four main competitors have notched up 44 managers between them – it is time to start redressing the balance!



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# SPORT

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May 24 - 30, 2017

# CATCH ME IF YOU CAN!

**M**IGHTY motorsports maven Martyna Ewa Al-Qassab is driving ahead with her plans to inspire more women in Bahrain to race competitively and put their talents to the test on the track.

She shattered all the stereotypes by securing third place in the cut-throat Bahrain International Circuit (BIC) 2000cc Challenge and is already preparing for next season with new wheels in the pipeline and a strategy to get to the top.

It was a proud day for the Polish business development executive when she received her gleaming silver trophy and cash prize for finishing with an impressive collection of 164 points and making history as the first woman to stand on the podium after taking third place in a race, an achievement highlighted in *Gulf Weekly*.

Al-Qassab said: "I am pleased that out of 18 drivers, seven rounds and 14 races, I managed to secure third place overall in the 2000cc Championship 2016/17 driving my silver Renault Clio.

"I'm still ecstatic about making the podium. The Challenge is structured so that there is a monetary prize for every race completed from 10th position and above, obviously the higher you finish, the bigger the reward which helps when you are purchasing new brake pads, tyres and other essentials.

"However, the real bragging rights were when the chief executive officer of the BIC, Shaikh Salman bin Isa Al-Khalifa, members of the Circuit Racing Club (CRC) executive team and the Bahrain Motor Federation (BMF) present you with the third place trophy at the championship awards night with an extra bonus!

"My aim during the season was



RACING AHEAD: From left, support crew member from Coco's Garage, Ebrahim, Martyna and Abdulrahman Ghuloom, garage founder and Bahraini rally legend



## MOTORSPORT

By MAI AL KHATIB-CAMILLE  
mai.alkhatib@gulfweekly.com

to improve my lap timing, better understand the car and race tactics. Now, no doubt my eye is on the main prize. My competitive gene is in overdrive and I believe if all our summer plans work out and the right

sponsorship is finalised, there is no reason for me to focus on anything but first place."

Only winner Tim Birkin and runner-up Raed Himmo picked up more points, with race ace and popular rugby coach Lee Stones and Mohammed Faqih often in contention.

Her husband, Ramzi, the regional

director for Sabre who was also racing in the challenge, is currently helping 'Team Marte' plan next season's strategy which will feature a new car.

Marte has two sons, Essa, one, and Talal, four, and are known as her 'pit crew'. She added: "I'm excited that we are working on a new build which, if all works out as planned, will be

ready for the new season.

"To prepare for the next races, I'll be watching as much motorsports as possible, getting back to karting, thanks to the amazing facility we have in Bahrain, and reviewing last season's races."

Although Marte is being secretive about her new mean machine, she revealed that her Clio will help a new female racer join in the competition.

Al-Qassab said: "The Clio, which I have bonded with over that last season, is a great entry-level car. It is reliable, well set-up and knows its way around the track.

"The new car build is not only an excuse for Ramzi to start a new project, but hopefully, it will enable me to compete at a higher level.

"As sad as I am to see the Clio go we are very pleased to see that it will be racing along the track but with a new entry to the championship ... another female driver!"

The Clio was a favourite with race fans and the community as it carried a 'Think Pink Racing' banner on the hood to help raise awareness about breast cancer. The new car will carry the logo once again.

Al-Qassab said: "I want to encourage more people to participate in the championship."

Readers interested can contact her through *Instagram* @teammarte and she will be happy to answer questions and offer any assistance she can.

"This is a great championship led by a professional team at CRC, under the umbrella of BMF and BIC. It is accessible, safe and, more importantly, challenging and a whole lot of fun.

"I'm looking forward to the summer holidays but must confess I can't wait to get back into the driver's seat."

The contest kicks off again on October 13.

● More Motorsport: Page 22



DRIVING FORWARD: Martyna in action at the BIC, at the dinner table with fellow trophy winners and, right, podium flashback with Lee Stones, Shaikh Salman Al Khalifa, Martyna and Mazen Al Hilli

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