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INCLUSION MESSAGE

COMMUNITY REPORT
By MAI AL KHATIB-CAMILLE
mai.alkhatib@gulfweekly.com

INSPIRATIONAL
teenager Rhea D'Mello has told the world how being born with Down syndrome will not stop her from reaching her full potential or prevent her from paving the way to a successful career.

The Indian expat, a trainee teaching assistant at RIA Institute, was invited to travel to the UK to talk about her life in Bahrain and her personal struggles and aspirations at an international conference. She delivered an impressive PowerPoint presentation to an audience of 1,000 delegates.

Rhea, 19, who is also a brand ambassador for a yoga organisation for the young, travelled to Birmingham, frequently referred to as the second city of England, with Christine Gordon, MBE, who founded the Adliya centre in 1999 with her husband, Dr Emad El Attar, to support and educate children with special needs.

"During the conference, I was nervous about sharing my story at the start but later I was fine and spoke without any fear," said Rhea. "It was my first time doing anything like this.



HELPING HANDS: Rhea at work at the RIA Institute in Adliya

"I was happy to tell people about my experiences. I get to help other students with their classwork and assist the teachers when asked. Being a part of the RIA Institute has made me independent and helped make my life interesting. I love music, dance and working with children.

"I know life has a lot of challenges, but every day can be awesome if you take one day at a time."

That's exactly the mantra that Rhea's mum Sylvia, 47,

a secretary, and dad, David, an electrical engineer, lived by from the moment she was born.

Down syndrome occurs when an individual has a full or partial extra copy of chromosome 21. This additional genetic material alters the course of development and causes the characteristics associated with the condition.

A few of the common physical traits are low muscle tone, small stature, an upward

slant to the eyes, and a single deep crease across the centre of the palm. Every person with Down syndrome is a unique individual and may possess these characteristics to different degrees or not at all.

People with Down syndrome attend school, work, participate in decisions that affect them, have meaningful relationships, vote and contribute to society in many wonderful ways.

All people with Down syndrome experience

cognitive delays, but the effect is usually mild to moderate and is not indicative of the many strengths and talents that each individual possesses.

Quality educational programmes, a stimulating home environment, good health care and positive support from family, friends and the community enable people with Down syndrome to lead fulfilling and productive lives.

"The best advice we got from Rhea's paediatrician on the day she was born was to take one day at a time," explained Sylvia. "We immediately accepted the fact and, ever since then, have taken great pleasure in admiring all the milestones that she has reached and surpassed.

"We encourage Rhea to execute certain goals which sometimes stretch her capabilities to the limit but when she achieves those targets you can easily spot the big smile of satisfaction on her face.

"Actually, there is hardly any difference having a child with Down syndrome, except for the additional joys we get to experience from an overtly happy and adorable individual."

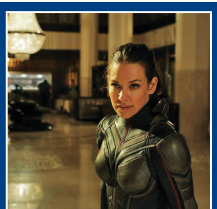
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'We feel extremely proud'

From Page 1

The family says Rhea's 14-year-old sister, Richa, who attends the Indian School Bahrain, acts as her role model and has really helped her develop.

The recent Inclusion International's 17th World Congress brought together self-advocates, families, professionals and delegates from 71 countries to learn from and inspire each other. The campaigners are leading the way in making inclusion a reality for people with intellectual disabilities and their families.

Sylvia added: "People with Down syndrome are pleasant, happy and lovers of life. The low IQ thing is a myth - anyone with a heart will see them as a blessing.

"I know they lack in certain areas and may have other shortcomings or health issues, but who doesn't?

They, like all others, have a lot of potential. We should all allow them to be equals, not secluded in schools and



POINT TO MAKE: Rhea at an artwork on display at the Bahrain Financial Harbour supporting inclusion in the community

society, and give them the opportunity to achieve their dreams.

"The World Congress was

a great platform for self-advocates to tell their stories, struggles and successes and Rhea had the opportunity

to speak from her heart. Her speech to the delegates was the epitome of all the efforts put in by her and everyone connected to her. We feel extremely proud at the manner in which she delivered it."

Although her parents could not be with her at the event, Christine said that Rhea did amazingly well. "During the short time I spent with Rhea in the UK she had impeccable manners, was organised and although was shy at first, she soon blossomed," Christine added.

"She simply took

everything in her stride from meeting other delegates to presenting at an international conference. I'm so proud of her and I would say that this lovely young lady is testament to the hard work and dedication of her parents."

Rhea and her family moved to the kingdom in 2007 after being told that Bahrain was a sociable and friendly island and accepted people from all walks of life.

When Rhea was three-weeks-old, she was enrolled in an Early Intervention Programme at an NGO called

Sangath Centre that helped in her physical and mental development in her home state of Goa.

She later joined Chubby Cheeks Primary School, a mainstream school, until the family moved to Bahrain and she joined The New Horizon School from January 2008 to March 2017 where she continued her inclusive academic studies, until the age of 17, excelling in English, art and sports.

In 2011, Rhea enrolled in extra speech therapy sessions at RIA before signing up for full-time tuition. At the age of 18, she wanted to take on more responsibilities.

Sylvia said: "We approached Christine, who suggested a teaching assistant's role to start with and wholeheartedly accepted to train her."

Since then, Rhea has helped author Sarah Clarke stage the successful recent Art for Autism Awareness Event staged at Harbour Gate. "We had more than 400 adults and children to manage on occasions," explained Sarah. "Rhea was a great asset to have in our team. She loves helping and that shows in her dedication to her work."

Rhea's parents hope that her story will change society's view of people with special needs and help create more awareness, acceptance and inclusion. Sylvia added: "Our hopes for Rhea in the future are that she can be totally independent and can live a happy and fulfilling life."



MAKING STRIDES: Flashback to Rhea growing up into the confident young woman who told her story at a conference in the UK, below, some of the guests at the event



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REAL CONFERENCES & EXHIBITIONS

THE squishy is the latest classroom craze which is set to continue on the home front throughout the summer holidays ... they are like a kiddie stress ball, a cool fidget toy and bag accessory squeezed into one.

It wasn't long ago that *GulfWeekly* was reporting how fidget spinners were literally everywhere, which means they are now 'so yesterday'. Scented squishies, however, are growing in popularity because they're 'things that look like other things' but are also really amazingly, satisfyingly squishy.

They are being bought by the sack load from stores and online and some enterprising youngsters are making their own. In Bahrain, kind-hearted children have been creating them to support good causes.

For example, six schoolgirls raised funds for The Dogfather Animal Sanctuary in Saar. The Squishy Squad, made up of Talia Zain, Ella Kimber, Hannah Janahi, Shehrezad Shaheen, Sophie Nestor and Yazi Kazerooni, all aged nine, produced their own squishies using recycled materials and made bath bombs and fairy cakes too to sell at St Christopher's School during break-time.

Hannah said: "We thought of the idea of having a squishy sale as they are the best toys of 2018, everyone loves them. They are so much fun and even better when they're homemade, especially when we recycle stuff to make them."

Sophie said squishies are fun to collect, adding: "They are very stress relieving and satisfying and you can get

Squishy summer craze

COMMUNITY REPORT

By STAN SZECOWKA

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them in various shapes and sizes."

Shehrezad reckons they are a useful homework tool too, adding: "They are fun to make, satisfying to squish and help you concentrate."

The girls collectively explained: "You start by colouring or printing pictures of your favourite characters to use as the front of the squishy, then cut another piece of paper the same size for the back and tape them together, leaving a space at the top to fill with plastic bags or memory foam."

"Once filled, the whole thing is covered in clear cello tape or sticky back plastic. You can make a really simple squishy by filling a clean crisp packet with memory foam and sealing it shut with hot glue!"

The Squishy Squad's charitable endeavours raised an impressive BD176 for the late Tony Waters' animal sanctuary and the girls presented the funds to his daughter, Sarah, who is helping to keep it running with volunteers and rehoming abandoned and rescued pets.

"The girls presented the funds at the centre last weekend and were shown around and introduced to the animals by Sarah," said mum Kirsti Shaheen. "They loved it and haven't stopped talking about what a happy, sunny and caring place it is for animals. They are already

planning their next venture!

"Their squishies proved very popular. Along with slime, it's the latest fad - kids buy the foam squishies or make their own."

The latest toy craze featuring small soft foam toys originated in Japan. Product reviewer Rose DesRochers said: "I couldn't get over how much the Slow Rise Squishy Panini looks and smells just like real Panini baked fresh from the oven. With a soft and super slow rising effect, your child can pretend that the dough is rising, as they proceed to bake up some fresh bread in their play oven."

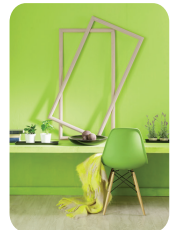
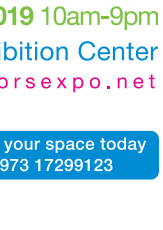
"The Slow Rise Squishy Frosted Donut Charm looks as delicious as a real doughnut! The charm comes with an elastic strap, so kids can attach it to their school bag or anywhere they like! Add in the sweet scent and you have a multiple sensory toy that can be quite irresistible and perfect for pretend play."

The squishies phenomenon has become a global online video sensation with nearly 400,000 'squishies' videos featuring the many varieties of collectibles, with fans of all ages declaring their love and obsession with these irresistible toys. On *YouTube*, children, and even adults, trade squishies, and show off their collections.

According to squishy connoisseurs, the slower they rise, the better. After cuteness, that's what people pay most attention to.



SWEET SQUEEZE: A selection of the collectables and, below, members of The Squishy Squad baking and handing over the cheque at the animal sanctuary



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WATER FEATURE: Chilling out by the pool



Calming, cool and cascading

A new high-rise apartment building offering a 'quality lifestyle' on the edge of bustling Juffair has been unveiled, boasting Bahrain's largest landscaped waterfall.

The water feature inside Fontana Suites measures four metres tall by 16 metres wide and cascades from a 25m infinity pool edge into a plunge pool where residents and guests can relax and enjoy the calmness created.

Additionally, they can enjoy the spaces behind the fall, to capture and enjoy the beauty and serenity of the landscape, its architects suggest as they endeavoured to create a 'haven of tranquility' by pivoting on leafy green plans to enhance the outdoor experience.

"We're extremely proud of this project as it was founded by Bahrainis that worked on design, marketing and construction," said Eman Al Mannai, sales & business development manager at

COMMUNITY REPORT
By STAN SZECOWKA
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Royal Ambassadors, the project managers.

"The Fontana Suites offers high quality designs and unique artificial waterfalls for the enjoyment and use of all residents. Having been in this sector for many years, we believe that Fontana Real Estate provides the best quality and best service facilities in the Kingdom of Bahrain, while continuing to innovate and deliver the best to all our customers."

It is the company's third project in the Juffair area and the result of a partnership between Kooheji Contractors who were responsible for its construction.

Described as a 'new, trendy and modern landmark unlike anything ever launched in Bahrain before', the building encompasses 373 units, from studios to one, two and three bedroom suites.

Fontana Suites comes equipped with a variety of amenities including an

indoor swimming pool, fully-fitted gym, Jacuzzi, along with a dedicated yoga space. In addition, the building provides its residents with a cinema room and a multifunction hall for special events such as weddings and corporate gatherings.

Sheikh Mohammed bin Khalifa Al Khalifa, CEO of the Real Estate Regulatory Authority (RERA), attended the official opening last week and said: "I would like to congratulate all the officials of Al Kooheji Company and, in particular, Abdulghafar Al Kooheji, on the opening of the modern Fontana Suites which will provide a luxurious experience."

He believes that projects of this magnitude help create 'an attractive environment' for local and international investment, and added: "RERA is committed to provide all necessary support to real estate projects and the beneficiaries of its services, and I would like to wish Al Kooheji Company success in existing and future projects."



OPENING CEREMONY: Eman Al Mannai - sales and business development manager at Royal Ambassadors, Fontana Real Estate Company board members Abdulnabi Al Maal and Annaiaat Gabri, Abdul Gaffer al-Kooheji - MD of Fontana Real Estate, Sheikh Mohammed bin Khalifa Al Khalifa - CEO of RERA and Mohammed Abdul Gaffer Al-Kooheji - GM Fontana Real Estate



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Fuel 10kg protein wheat biscuits 480gm – BD2
Splenda low calorie sweetener 200 – BD3

Jawad Supermarket

Montana green peas 4x400gm – BD1.050
Libbys baked beans 220gm 5+1 free – BD1.200
Emborg butter unsalted 2x400gm – BD2.400
Libbys wh kernal corn 2x433gm – BD0.750
Nature Valley granola bar apple crunch – BD1.100
6. Filiz vermicelli 4x400gm – BD1

Al Jazira Supermarket Zinj

Mrstainleys peanut gift box 12x200gm – BD3
Jubileu pralines caramel chocolate 12x200gm – BD2.600
Jubileu diamond assortment 12x300gm – BD3.500
Divine 70% dark chocolate 12x200gm – BD2.500
Withlove rose and violet creams 12x145gm – BD4

Carrefour Hypermarket

Anchor inst cream milk powder 2.5kg/pc – BD5.390
My Club members price – BD4.990
Tang pouches orange 2x500gm – BD1.200
My Club Members Price – BD1
Sitra detergent powder 5kg – BD1.690
My Club members price – BD1.590
Nesquik duo cereal 335gm – BD0.990
Creame 21 vitamin 3x150ml – BD1.490

NOTE: This offer is available in Carrefour Hyper Market until July 18, 2018. (Promo selling price + special price for My CLUB members)

Sweet-smelling success for raffle winners

THREE happy shoppers are this week celebrating generous cash prizes after participating in a popular store's hot summer promotion.

A raffle draw was part of Al Hawaj's '3 Hot Days' celebration which was held at all of its outlets in collaboration with Credimax.

Ali Al Eskati won the grand \$5,000 prize, Ahmed Al Bastaki bagged \$3,000 and Ali Al Herz walked away with \$2,000.

The draw was held at the group's Salmaniya branch with the winners being contacted by Al Hawaj general manager Abdulwahab Al Hawaj with a surprise celebratory call to their mobile numbers.

Managing director Jawad Al Hawaj and Industry Commerce and Tourism representative Shafi Al Balushi were also present at the event, alongside Credimax merchant services and sales manager Khalid Showaiter and Al Hawaj operations manager Shyam Narayanan.

Shyam said the annual promotion was celebrating its 20th year, continued to be extremely popular with customers and had once more been a 'phenomenal success'. "We thank everyone for their support and participation," he added.

Other prizes won in the raffle draw included Samsung LED TVs, Samsung refrigerators, Samsung digital cameras, perfume sets, watches, Omnia gift cards and other gifts.



BIG DRAW: GM Abdulwahab calls a lucky customer



Techtronic Specials



Your guide to the best in-store deals of the week

	Item	Make and Description	Store	Price
1	Air Conditioner	Zamil split ac (CWZ18BCIXFT), 1.5ton piston split ac, five star energy rating.	YKA Almoayyed & Sons	Was BD226.990 Now BD179.990
2	Laptop	Dell laptop (3576INS-1163-black), Intel Core (I7 8550U), 8GB RAM, 1TB HDD, AMD Radeon 2 GDDR5, 15.6 display, Windows 10.	Home Electronics	BD285
3	Speaker	Boom Boom speaker 5.1 multimedia (CK823).	Carrefour Hyper Market	Was BD24.990 Now BD16.990 Note: This offer is available until July 18, 2018
4	Washer	Bosch (WAK20200GC) front load washer, 7 kg capacity, energy efficiency class: A+++, 1,000 RPM, anti-vibration design.	Sharaf DG	BD128.990
5	Steamer	Black & Decker hand held steamer (HST1200), 1,200w handheld garment steamer.	Kewalram & Sons	BD18.900
6	Headphones	Bose sound sport free wireless headphones, comfortable and stable, sweat and weather resistant, with clear powerful sound, packed full of technologies.	Ashrafs	BD89

Email your gadget stories to editor@gulfweekly.com

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GADGETS OF THE WEEK

What is it called? Tranquil Moments Bedside Speaker

What does it do? The speaker maximises sleep relaxation. The brain will try to match the rhythms of the sound you hear on this speaker and coax you into the ideal sleep you desire. Just twist the dial to choose any tune from the 12 digital sound programmes. The speaker will gradually slow playback over 30 minutes and lull you to sleep.

Cost: BD49

Visit www.amazon.com

What is it called? Sammy Screamer

What does it do? This gadget will help you keep a check on anything and everything you want to. This could attach to your cupboards, handbags, windows and doors or even the cookie jar! The Screamer will cling on to your belongings and notify you with a screeching alarm as well as a smartphone notification every time that thing is moved.

Cost: BD28

Visit www.amazon.com

What is it called? Ding Bike Light

What does it do? The light provides a commanding shield of light around you by offering innovative light patterns with its patented system of two separate dedicated light sources within the one light. The two independent light beams allow you to be visible from all angles by other road users. It weighs in at only 110 grams with on-board charging and with up to 400 lumen of light power.

Cost: BD26

Visit www.amazon.com



FinTechFocus

Editor Stan Szczewka takes a look at the world of financial technology and beyond...

THE kingdom's FinTech sector was given a lift this week in more ways than one with news that APM Terminals Bahrain has introduced a new digital dynamic as part of ongoing efforts in improving customer experiences at Khalifa Bin Salman Port (KBSP) in Hidd.

The company, whose banner reads 'lifting global trade', has gone one better by introducing an online customer portal, selecting Bahrain as one of their first two pilot countries globally for the launch of LIFT.

It is aimed at making transactions at the port easier, efficient, transparent and more cost effective to the land side customers in Bahrain and which is considered to be a major step in digitalising and facilitating logistical services.

Mark Hardiman, managing director of APM Terminals Bahrain, said: "With supply chains becoming global, technology is having a major impact on improving accessibility and efficiency for the port sector.

"We are committed to invest in KBSP's digital future to support Bahrain's transportation and logistics sector-growth. These easy to use services will ensure we deliver unparalleled port coverage and improved products and services to our customers.

"The launch of LIFT online

Get a *Lift* at the port!



MOVING FORWARD: Minister of Transportation & Telecommunications, Kamal, at the launch

services marks a new digital chapter in our container operations, enabling us to integrate new technology and capabilities into our traditional processes in order to service our customers better and ease how they do business with the port. We're excited to offer these services to our customers."

The advanced portal was inaugurated by Minister of Transportation and Telecommunications, Kamal bin Ahmed Mohammed, at a recent hotel ceremony held at the Wyndham Grand Manama



attended by high level officials from the sector.

The LIFT portal also allows customers to directly track and trace their cargo real-time, check status of their shipments/vessels, schedule appointments such as deliveries and destuffing of containers, pay online and receive their invoices online, with 24/7 availability of support.

By enabling customers to access these services online, this eliminates the need for agents to be present in person, saving time and related costs.

It also creates transparency of readiness of their shipments, available slots which helps better planning by the importers.

The minister praised APM's continuous efforts in introducing advanced digitised systems to improve and facilitate the ports' user experience and operations and for selecting Bahrain as one of the pilot countries.

Samrat Raj, country manager, Bahrain, Mastercard, said: "Bahrain's e-commerce sector is booming, and we're seeing a growing demand for

APM Terminals Bahrain is a joint venture between APM Terminals Bahrain International and YBA Kanoo Holdings of Bahrain. Established in 2006, the company operates the port and provides marine services within Bahrain and its coastal waters.

Its location makes it an ideal choice for carriers' trans-shipping containers to the upper Gulf region, particularly the markets of Kuwait, Iraq and Saudi Arabia.

The mighty 207m-long APL Dalian container ship was among the first to make an operational call to KBSP in 2009. The facility, also known as Bahrain Gateway, took around five years in the building. At the time *GulfWeekly* reported how APM Terminals, one of the biggest port operators in the world, had invested \$62million in the project.

Standing on reclaimed land at Hidd, the facility occupies a 900,000sqm site which, although around the same size as the old Mina Salman facility, has vastly expanded capabilities. Its storage capacity is more than double that of Mina Salman, which was 45-years-old, and the increase in water depth from 10.5m to 15m enabled docking of larger ships.

commercial solutions that streamline processes and drive business efficiencies.

"Bahrain's ambitions to become a more digital and cashless society is buoyed by initiatives like these and we commend APM Terminals on the launch of LIFT and their dedication to driving business in the kingdom."



To ensure that LIFT meets the needs of the customer community in Bahrain, APM Terminals Bahrain engaged with selected customers from various categories, who have provided their 'feedback and valuable suggestions' at various stages in its creation.

● Check out www.lift.apmterminals.com/bahrain

THE first Internet of Things (IoT) hardware accelerator in the Middle East region - Brinc Batelco IoT Hub - has been unveiled in Bahrain and it aims to be a leader in driving innovation in the field of technology.

The growing buzz around the IoT is undeniable. It is the name given for the network of physical devices, vehicles, home appliances and other items embedded with electronics, software and sensors which enable them to connect and exchange data.

The hub is based at high-tech new premises located on the third floor of Batelco Commercial Centre

Hot hub for Internet of Things

in Manama. It will be offering programmes and services tailored for IoT hardware start-ups and entrepreneurs looking for speed, access and the know-how to build successful companies.

Brinc Batelco IoT Hub was officially opened last week in the presence of the Minister of Transportation and Telecommunications, Engineer Kamal bin Ahmed Mohammed, VIPs and executives from the two companies involved.

Batelco, a digital solutions

provider and one of Bahrain's biggest companies, announced last year that it had teamed up with Brinc MENA, a hands-on IoT hardware accelerator, to launch the hub to enhance the growth of technology, particularly digitisation.

"Encouraging innovation within the ICT sector is one of the most important factors contributing to the continued growth of the kingdom's economy," said chairman Shaikh Abdullah bin Khalifa Al Khalifa.

"We are very pleased to present Brinc Batelco IoT Hub which will

help entrepreneurs achieve their goals in developing and launching innovative products and services."

The champions of IoT believe it will create opportunities for more direct integration of the physical world into computer-based systems, resulting in efficiency improvements, economic benefits and reduced human exertions.

The hub in Bahrain wants to provide an 'unprecedented opportunity' to access mentorship, product design and development guidance, manufacturing and exposure to regional and global investors and markets, all in one programme.



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Leisure Guide



Listings, lifestyle, travel, entertainment and sporting events by Kristian Harrison

Today (July 11)

InTouch Gallery in the InTouch Integrated Chiropractic and Rehabilitation Centre in Janabiya is staging a Family in the Mountains photography exhibition by Jody Peck starting at 7pm. The exhibition runs until the end of August. For details, contact senior curator Frances Stafford by emailing fstafford77@gmail.com or calling 38327191 or WhatsApp 38872057.



The Crowne Plaza Bahrain's band the Eye Candies will entertain every evening, except on Saturdays, at The Harvesters. The outlet is also dishing up a new Camel Burger with French fries and coleslaw and staging a Beast Burger Challenge which, if finished in the stipulated time, offers the meal for free, a T-shirt and wall of fame celebrity status. It runs daily from 11am to 9pm and is priced BD8.410 per person. The hotel is also holding a steak night every Wednesday from 7pm at La Mosaïque Restaurant priced BD18net, with the 1kg steak challenge too. Spices Indian Restaurant hosts its popular Punjabi Thali until June 30 priced at BD5.450net for vegetarians and BD6.650net for meat-eaters, for food only. For more details call 17531122.

The Four Seasons Hotel Bahrain Bay is staging a summer camp until September 30 from Sunday to Wednesday, 9am to 6pm, and Thursday to Saturday, 9am to 8.30pm. It will include an outdoor camping experience, culinary events, swimming lessons and educative art workshops.

It costs BD7 for an hour, BD15 for three hours, and BD30 with lunch and dinner for full day. BD135 with lunch and dinner for five days and BD155 with lunch and dinner for one week.

The camp is complimentary for in-house guests and spa members. Children under the age of four must have their parents or nanny with them. For details, call 17115091.

Tomorrow (July 12)

Elite Resort & Spa has a sea & grill buffet dinner every Thursday and Friday from 7pm to 11pm at Al Naseem & La Brasserie priced at BD12++ per person. For details, call 17313333.

Friday (July 13)

Eat and party at the Reef Resort's Pool Delight with an unlimited seafood BBQ buffet accompanied by the chill out music from the Beat's Zone band. Every Friday from 7pm.

The Four Seasons Hotel Bahrain Bay is hosting Friday Brunch at CUT by Wolfgang Puck Steakhouse from 12.30pm to 3.30pm. Priced BD24++ with soft beverages, BD24++ with extensive beverage package for ladies, or BD34++ with extensive beverage package. For details, call 17115044.



The Four Seasons Hotel's Bahrain Bay Kitchen is hosting a family brunch from 1pm to 4pm. Priced BD25++ inclusive of soft beverages, or BD35++ inclusive of selected beverages. For reservations, call 17115500.

The Crowne Plaza Bahrain hosts its Absolutely Fabulous Friday Brunch at Harvesters from 12.30pm to 4pm. It's priced BD31net for adults and BD8.750net for children aged seven to 12. For details, contact 17531122.

Elite Crystal Hotel has a Friday Pool Party brunch at Waikiki from 1pm to 8pm with entertainment by DJ Santi, DJ Smiley and DJ Goose. It's free entrance for women with one welcome drink, BD10net for men with one complimentary beverage and BD25net inclusive of unlimited selected beverages and grills.

For details, contact 66666360 or 17360360.

The Gulf Hotel Bahrain Convention & Spa is hosting its celebrated Gulf Grand Brunch at Al Waha Restaurant every Friday from 12.30pm-4pm featuring fabulous fare from its award-winning restaurants. It boasts a fun-filled children's corner, a buffet selection offering 10 different cuisines alongside live counters, pool usage, live entertainment and an after-party at Typhoon Lounge. It's priced BD32net, inclusive of selected beverages, with special rates for Gulf Hotel partners and Prestige Club members. For details, call 17713000.

The Mövenpick Hotel Bahrain Construction-themed Friday Brunch offers a variety of food and a selection of drinks, a band and DJs from 12.30pm to 5pm at its Al Murjan Ballroom. It's priced BD36net per person, including unlimited beverages. This Friday is the FIFA-themed brunch and will feature prizes. Children aged six to 12 will receive 50 per cent price reduction and children under six dine for free. For details, call 17460017 or email hotel.bahrain.fb@movenpick.com

Saturday (July 14)

Soak up the stunning views from the Four Seasons Hotel Bahrain Bay's 50th floor and feast on Asian delights like Korean Fried Chicken Bao Buns, Wok Fried Shrimp Dumplings and Brisket Wontons at the re Asian Cuisine by Wolfgang Puck's Saturday Brunch.

The price is BD19++ and BD37++ with selected beverages. For reservations, call 17115046.

The Bahrain Bay Kitchen at the Four Seasons Hotel Bahrain Bay is staging a Saturday Brunch from 12.30pm-3.30pm offering a wide selection of Arabic favourites such as Lamb Ouzi and cold mezzeh, priced BD16++ including soft beverages. For more details, call 17115000.

The Crowne Plaza Bahrain has an Asian Night offering South East Asian specialties from Malaysia, Singapore, Thailand, China and Japan starting at 7pm at La Mosaïque Restaurant priced at BD13net (only food). For details, contact 17531122.

Sunday (July 15)

Bahrain Ballet Centre is running a creative camp offering dance, accessory and costume design, arts and crafts, singing, group choir, sketching, story-telling and building games. The camp, which will run until the end of August for children aged five to 10, from 9am to 1pm and is BD15 per day or BD55 per week. For details, contact 17693232 or 33719180.

Inspire Bahrain is holding The Explorers Summer Camp until August 30 offering children

music, art, drama, craft, science, cooking, sporting activities, teamwork and band production experiences. It's priced BD50 for one week, BD40 per week for three to five weeks or BD30 per week for six weeks or more. For details, contact 39047734 or 33394774.

The Crowne Plaza Bahrain hosts an Italian Night at La Mosaïque Restaurant from 7pm featuring pasta, pizza and more priced at BD13net for the food only and there is a separate beverage package. For details, contact 17531122.

Monday (July 16)

The Crowne Plaza Bahrain has a French Night starting at 7pm and priced at BD13net (food only) at La Mosaïque restaurant. For details, contact 17531122.

The Mövenpick Hotel Bahrain has a Seafood Night offering the freshest catch of the day, a buffet and live cooking station priced at BD24net including soft drinks, or BD29net including unlimited selected beverages. For details, contact 17460017.

Tuesday (July 17)

The Crowne Plaza Bahrain has a Catch of The Day-Seafood Night starting at 7pm and priced at BD18net (food only and a beverage package available) at La Mosaïque restaurant. For details, contact 17531122.

CINEMA CLUB JUFFAIR



Film: Miss Potter

Director: Chris Noonan

Duration: 1 hr 28 mins

Cast: Billy Crystal, Meg Ryan, Carrie Fisher, Bruno Kirby, Steven Ford

Plot: Single, 30-year-old Beatrix Potter lives in London with her social-climbing parents, who are exasperated that she has turned down numerous eligible young men. Her only real friends are the animals which since childhood she has lovingly drawn and made up stories about. She finally succeeds in selling a book of the stories, and it becomes Norman Warne's first project. He quickly falls in love with both the book and Beatrix and together they carefully arrange publication.

This proves the first of many successes, offering her the possibility of escaping from both her parents' way of life and London.

For details, call Huda Tabbara on 39682323.





WATCH all the games in comfort and style with soccer-style snacks and refreshments at Al Areen Palace & Spa.

And get fit like Cristiano Ronaldo and Lionel Messi by joining special 45-minute World Cup Training Sessions in the Fitness for Life studio. Classes are BD5 for 45mins with mixed and ladies only sessions.

For details, contact 17845000.

BOOK your seat at the Ritz-Carlton, Bahrain's World Pavilion. The venue is open daily from 2pm to 2am, with free entry with a minimum spend of BD10 per person.

For more information, call 17586499.

● Eating Out: Page 11

ELITE Grande Hotel is staging World Cup Fever at Zodiac & H2O priced at BD15++.

For details, contact 17565888.

THE Football Stadium at Four Seasons will show matches on a massive 4x10m high-definition screen, with a further 160 LCD screens in the venue, offering 150

supporters a perfect view of each game.

The fully air-conditioned stadium comes complete with grandstand-style seating, fan zone sections with bean bags and comfortable lounge areas with sofas.

Spectators can take part in a range of fun activities, from taking on friends in a table football tournament and honing their scoring skills with Play Station games.

Entry costs BD18 until Sunday with the cost taken off the overall bill spent for food and drinks.

There is also a BD150 all-inclusive package for groups of five or more, with complimentary beverages and food platters.

For information, contact 17115500.

ELITE Crystal Hotel is hosting Kick Off at The Lotus and Wakiki until Sunday. For details,

For details, contact 66666360 or 17360360.

THE FIFA Soccer world championship will be a part of the programme in both Downtown and Elements restaurants at the InterContinental Regency Bahrain. For details, call 17208308.

Shoot for glory at the mall while you can

CITY Centre Bahrain has a football-themed stand at its Central Galleria to challenge shoppers with a fun commentator-style competition.

Participants are asked to break the record of the longest 'goal shout' for a chance to win exciting instant prizes.

Leaders will then be invited to strike the ball and aim at their favourite retailers' logo to win instant prizes.

To participate, shoppers need to spend BD30 at the mall to receive their game coupon.

In addition, visitors who spend BD50 will be eligible for exclusive



football player mementos designed in the style of traditional Russian dolls with five otherwise identical figurines of descending size placed inside one another.

There are eight designs

to choose from, each one representing a different country and these limited-edition items will be offered on a first-come, first-served basis.

Every week four lucky mall goers have been given a chance to win BD5,000 too. To enter the draw before Saturday, shoppers need to spend BD30 for which they will automatically get an 'activation coupon' offering the chance to win more prizes. Those spending within the sports category stores will double their chances.

For details, visit www.facebook.com/citycentrebahrain or www.citycentrebahrain.com

GATHER your friends to watch the FIFA World Cup 2018 at the Mövenpick Hotel Bahrain. The games will be broadcasted on a giant screen at the Fun Zone outdoor air-conditioned tent, which was particularly designed for the sporting occasion which also

features a special menu.

For information, contact 17460017.

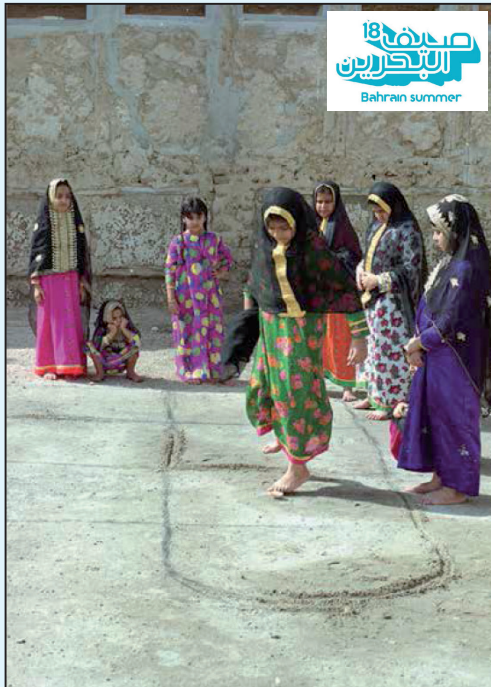
ENJOY the FIFA World Cup 2018 at Crown Plaza's Harvesters Lounge & Terrace from 11am to 1pm with a special menu and mini games.

For details, call 17531122.

WATCH all the thrills of the World Cup Finals in the Gulf Hotel Bahrain's newly-renovated Sherlock Holmes. The venue features screens at every angle, surround sound and state-of-the-art lighting.

For more details, call 17713000.

SUMMER FESTIVAL



THE 10th edition of the Bahrain Summer Festival returns under the slogan Muharraq Capital of Islamic Culture with a two-month programme. It will take place in the Nakheel Tent at Arad Fort and will also feature a variety of children's activities.

Nakheel and Nakhoola, the adventurous mascots will welcome families on arrival. The tent is open every day, except on Sunday, from 5pm to 9pm and admission is free.

For details, call 17567171.

● July 13, 17

The Mohammed bin Faris Band: The band, featuring artists and musicians and members of folk music groups in the kingdom, will perform various types of traditional local musical genres and songs.

Time: 8.15pm to 9pm

● July 11, 17, 18, 24, 25, 31, August 1, 7, 8, 14, 15

The Puppet Show: Puppet theatre specialist Ramadan Yousif presents a series of educational and entertaining shows inspired by local heritage, animal stories, adventures, folk tales and traditional games.

Time: 7pm to 7.20pm

● July 12, 19, 26, August 2, 9, 16

Magic Show: Bahraini artist Walid presents a series of magic tricks with comedy and fun for adults and

children.

Time: 7pm to 7.20pm

● July 13, 20, 27, August 3, 10, 17
Police Music Band: The band will present a variety of musical shows that combine military music and traditional Bahraini music.

Time: 6.45pm to 7.30pm

● July 19

Maqamat Badi' Al-Zaman Al-Hamathani: Theatrical vignettes

that combine comedic situations inspired by Arabian folklore and characters such as Abu Al-Fateh Al-Iskandari and Issa bin Hisham and others.

Minimum age: 10+
Time: 8pm to 9.30pm

● July 25, 26, 27

Zapin Dance: This celebrated Malaysian dance style was once performed for royal guests.
Time: 8.15pm to 9pm

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In focus



ITHMAAR Bank has had its payment security standard certification renewed by assessor SISA Information Security. The purpose of the PCI-DSS is to protect card data from unauthorised users, including hackers and thieves, and by following this standard, banks can keep data confidential and secure, avoiding costly data breaches and protecting employees and customers.

The bank's CEO Ahmed Abdul Rahim received the certification from SISA Information Security associate vice president- EMEA Office, Yogesh Dange, in the presence of the bank's chief risk officer, Krishnan Hariharan, information security officer, Fatema Faraj, assistant general manager, head of information technology and administration, Yousef Alkhan, and information security and compliance manager, Rashed Ahmed Al Muawada.



MOHAMED Ali Alshafey, Abathar Elghfari Hussain, Mohammad Abbas Almatarr, Mohamed Ali Alansari and Ahmed Ismael Ahmed each won an iPhone X in a recent KFH-Bahrain credit card subscription promotion.



THE Rotary Club of Manama conducted its first meeting for this term under its new president Chetan Bhatia. Outgoing president Bob Thaker presented certificates of appreciation to members and representatives of the media for their support.

During the past year RCM undertook 10 projects in the community, increased the membership by 10 per cent and won four awards at the Rotary District conference in Cyprus.



Lucky winners

FOOTBALL fans in Bahrain have travelled to watch the 2018 FIFA World Cup live in Russia thanks to competition success.

Alia Atiyani and Mohammed Jassim Sabt picked up all-expenses paid, three-day trips and match tickets through a VIVA Bahrain social media promotion. Alia watched the Last 16 game between Colombia and England and Mohammed picked up tickets to one of the semi-final clashes.

And, Mohammed Qaid Al Zamzami also won an all-expenses paid trip with a semi-final match day ticket, along with BD1,000 to cover any hotel accommodation expenses, through VIVA's month-long promotion which gave customers the chance to enter a raffle draw after purchasing a Hisense TV with VIVA device add-ons.



Fond farewell



Y.K. Almoayyed & Sons (YKA) bid farewell to three of its employees who recently retired after their long service with the company. Govinda Sawamy, supervisor at YKA Heavy Equipment Parts division completed more than 25 years, Manjunath Ganesh, service advisor at Renault Service Centre, completed more than 16 years and Bobby Kutty George, project executive at Almoayyed Furnishing completed more than nine years.

They were thanked for their perseverance, dedication and commitment and received a token of appreciation from managing director, Mona Almoayyed, who was joined by Sonu Duggal, group manager HR & TQM, at the ceremony.

Helping hands



PUPILS of St Christopher's School has raised BD47,200 for charities across the globe in the past school year with the support of their families and the local community.

Its community service teams, led by Ellie Dawson (Primary School), and Anne Looker (Senior School), have overseen the initiatives.

In Bahrain, donations have facilitated the purchase of medical equipment for the children's oncology ward at Salmaniya Hospital, provisions for migrant workers, and toys and collections for children in need.

Internationally, St Chris partnered with United World Schools, a UK-based charity, to initiate and develop three sustainable schools in Cambodia and Nepal.

Bourse bonus



IN THE presence of Shaikh Khalifa bin Ebrahim Al-Khalifa, CEO of Bahrain Bourse and executive management members, the National Bank of Bahrain and Mubasher Financial Services recently signed an agreement to enable investors to trade on Bahrain Bourse online via its Bahrain Trade platform.

The agreement was signed by the bank's CEO Jean-Christophe Durand and GM of Mubasher Financial Services Zaid Aloul at Bahrain Bourse's premises.

● For more digitally-enhanced money matters see *FinTech Focus*: Page 7

Human resources



THE first group of students studying the Advanced Level 7 Certificate in Human Resources, awarded by Chartered Institute of Personnel and Development (CIPD) - UK, has graduated at the Bahrain Institute of Banking and Finance (BIBF).

The certificates were distributed by Dr Ahmed Al Shaikh, director of the BIBF, to Mahdi Ali Alsamahiji, HR & admin manager of Al Futtaim Sons, Sama Al Alawi, director of HR at Ibdar Bank, Dureen Shawqi Al Shaikh, HR at BBK, Reem Ahmed Al bin Ali, HR manager at Ibdar Bank, Sharifa Adel Sharida, HR specialist at the Ministry of Health and Ali Adel Mohammed, HR manager of EFS.

Eating Out

The places to dine in Bahrain plus culinary tips for the food connoisseur

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Ready for big match snacks

THERE are two big sporting questions we are facing this week, firstly who is going to win the FIFA World Cup Final and secondly, where is the best place to go to watch the action?

I took Kristian 'The Voice of Sport' with me to enjoy one of the quarter-finals at The Ritz-Carlton, Bahrain's stunning Masaya Pavilion which has been superbly transformed into the World Pavilion for the occasion.

As reported earlier in *GulfWeekly*, it's now a soccer sanctuary with perfect sound and vision to welcome fans into a lap of luxury. And, you can't settle down for a match without a good munch and the World Pavilion has come up trumps with a sizzling selection of snacks and side dishes to make the game a tasty triumph whatever the score.

This is comfort food at its best and to make sure the scene is perfectly set you can squish down on comfy sofas at the same time. This is like settling down in your living room with the added attraction of a stadium atmosphere.

A couple who lived in Seef had wandered over to the venue for the first time and joined us on our huge settee, the gent was a Brit and his wife came from Uruguay, and, although in the minority, she gave the large French contingent of fans in the venue fair competition on the cheering front.

With no favourite to follow



SOFA FAR, SO GOOD: The World Pavilion experience offers star quality and a munching menu to match

GOURMET REPORT

By STAN SZECOWKA
editor@gulfweekly.com



in this particular tie, it was great just to settle down and watch the beautiful game unfold on the big screen and pile into the selection of fare we had picked from the special World Pavilion Menu.

First to arrive on the table was a bowl of Chicken Popcorn (BD4++) with a tantalising sweet chili sauce – about the only thing finding success this World Cup tournament with a South American twist!

Those little balls of fire

really set the tone for some finger-licking fun, and although the good old USA may not have made it to Russia, the Hot Dog (BD3++), which we cut in half to share, made me think of the Independence Day BBQs the base boys must have enjoyed in recent days. A nice traditional combination of ketchup, mayo, mustard and relish added to the lip-smacking treat.

Although the table was set up with silver service knives and forks, they really weren't necessary in the circumstances, as we

dived into the six pieces of Chicken Wings (BD4++) before half-time dipping them automatically into the accompanying BBQ sauce.

Kristian ordered an extra plate of potato wedges (BD1) which really was not needed as the plates were piled full of French Fries in most cases but, feeling nostalgic and in support of the motherland and tonight's big semi-final clash against Croatia, I felt duty bound to order England's favourite dish, Fish 'n' Chips (BD5++).

I know it wasn't cod or haddock but as I've said many times on this page,

I'm more than happy with hammour. This was fried perfectly in finger-sized portions.

Feeling decidedly guilty about this afternoon of over indulgence I tried to balance the moment with the House Salad (BD1++) a bowl full of crispy green goodness, with a tasty dressing to add to the calorie count, whoops!

On occasions it appeared a little fraught on the service side as on four occasions we were offered dishes we hadn't ordered, but all the snacks were delivered to the table hot, which in the circumstances, having such

a bustling crowd to cater for, the kitchen team should be congratulated on.

There is a plentiful supply of beverages available but, as I was driving home, I settled for a refreshing Virgin Mojito mocktail with lime, mint and soda at BD1.500++ the same price as Kristian's cola.

Hector Vargas, outlets manager, has been delighted with the response to the changes made to the stunning octagon-shaped structure, which despite its grandeur has captured a homely vibe.

It's a match made in heaven with a cleverly-created, fabulously-priced menu destined to satisfy the mightiest of munchy hunger pains. At least you'll go home full and satisfied even if the result doesn't go your way.

No expense has been spared on the technology used to deliver sharp images on 10 large screens and an additional two 'mega screens' with superb sound quality to match with English commentary where I was seated.

One tip, go early to secure a good seat. Due to the expected crowds, reservations will be required for the lounge seating areas, specifically for the couches. The remaining seating areas will be at on a first come, first served basis.

The venue is open daily from 2pm to 2am, with free entry with a minimum spend of BD10 per person. For more information, dial 17586499.



Focussing on a world



COMMUNITY REPORT

By MAI AL KHATIB-CAMILLE
ma.alkhatib@gulfweekly.com

TALENTED teenager Sanah Kampani has staged her first photography exhibition showcasing nature and street art from around the world.

The well-travelled student, who lives in Saar, has spent the past three years focusing on nature, architecture, street art and other fascinating features that have caught her eye in Bahrain, India and across Europe.

Now feeling confident of her eclectic compilation of shapes, textures and colours, Sanah showcased her works in a three-day exhibition entitled 'In the Making' at Bahrain Art Society's hall near Lanterns Restaurant near Burgerland Roundabout, Budaiya.

The 17-year-old Indian expat who attends St Christopher's School, said: "The turnout was excellent and the recent exhibition was extended for another day due to public demand."

A large gathering of art lovers and supporters showed up on the opening, Sanah delivered a 'show and tell' tour of the images giving an explanation of how she composed each one.

"The photographs were grouped together to make a specific theme, for example, there was a collection of street photography as well as one highlighting nature."

"The main aim was to get my name out in the community and improve my confidence as an artist. Photography is an art, therefore, it doesn't do any good to keep it locked away on a hard drive."

"The event also gave me an opportunity to connect with other artists."

Sanah was inspired to pick



IN THE FRAME: Budding photographer Sanah staged her first exhibition and plans to expand her portfolio.

up a camera by her grandfather and was soon bitten by the photography bug at the age of 15 when she completed a course in the London School of Photography, where she learned the basic methods of using a camera in manual mode. She was also taught different ways of capturing

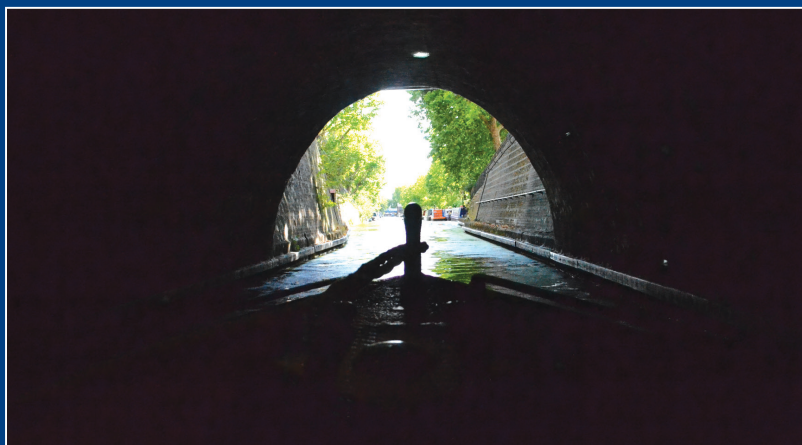
images such as using motion blur.

"Photography has really given me a chance to see things differently and view things from many perspectives," she said.

"It has also allowed me to capture beautiful moments that I can revisit forever more."

It gives me a chance to be creative and express myself.

"The motivation behind the exhibition has been my passion for telling stories through perceptible spaces. Professional photography is one of my plans but, whatever happens in the future, I am definitely going to continue



World of many images



Portfolio with travels back to India over the summer holidays

doing it as a hobby.

"Photography itself is a very relaxing and enjoyable activity as well as allowing me to capture some of the most important moments of my life and preserve beautiful scenes."

Sanah lives with her banker dad, Navneet, and mum, Meenakshi. She has an elder

sister, Mehak, a lawyer who also loves producing art work. The family is 'thrilled' with her artistic expression and excited about her next series of photographs, concentrating on Indian culture.

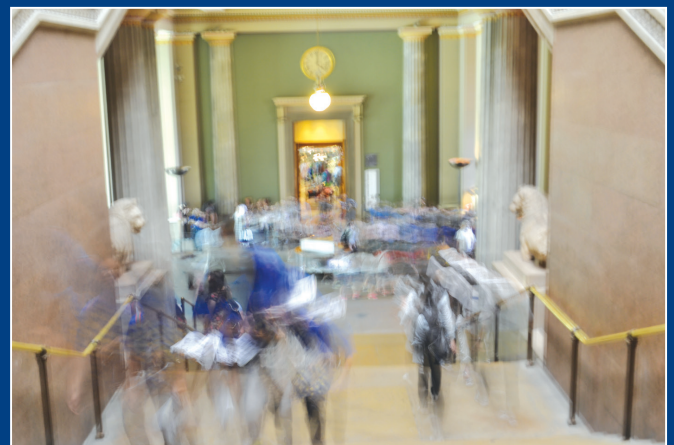
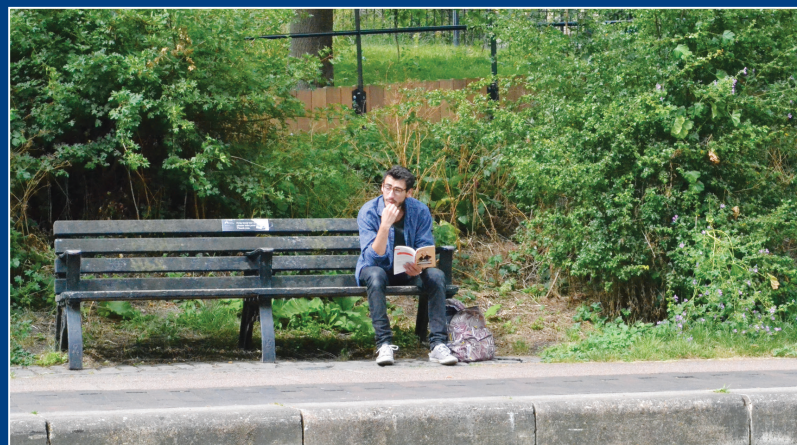
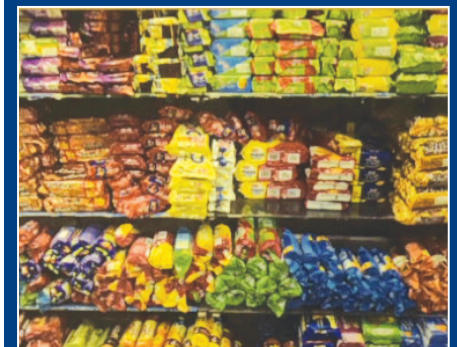
Sanah said: "My parents loved the final presentation of the exhibition.

"All the photos and frames had come out very well and they were very proud of my achievement. However, this has only been possible because of their support.

"My sister also had helped me a lot as she herself is an artist. She had really enjoyed the exhibition and admired all

my photos. My next project is going to be about Indian culture which will include a variety of street photography enabling me to capture different elements of the country.

"This series is going to start during the summer holidays when I visit India."





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Property Weekly

A guide to the best properties home and abroad – edited by Mai Al Khatib Camille email: mai.alkhatib@gulfweekly.com

A four-bedroom family villa has been put up for sale on the popular Riffa View's Lagoon Estate offering spacious accommodation and a lush landscaped garden.

The semi-furnished villa boasts, which has a total built-up area of 378sqm and a plot size of 580sqm features a sizable foyer and high quality finishings throughout.

There is a guest bedroom with an ensuite bathroom and a guest closet with vanity set on the ground floor.

There is also a fully-fitted kitchen with a serving area and a laundry room. Both the spacious dining room and reception area leads out to the back garden and majlis.

The first floor has a second foyer leading to a large terrace and three bedrooms. The master bedroom has a dressing area, as well as an ensuite bathroom with tub.

The other two bedrooms have built-in wardrobes and there is also a family bathroom with a shower.

The backyard has been beautifully finished and there is a double carport and a handy outdoor kitchen for heavy-duty cooking. There is also a maid's room.

In terms of amenities, the Riffa Views development features an 18-hole PGA championship Colin Montgomerie-designed course and a 9-hole executive golf course.

Also closeby is a country club, a tennis facility, an international school and the Riffa Palms shopping area with cafes and a supermarket.

Villa with glorious lawn



FACTS AT A GLANCE

Location: Lagoons Estates at the Riffa Views

Reference number: V1653

Sale price: BD315,000

Reception Areas: 3

Bedrooms: 4

Bathrooms: 4

Additional information: There is a gym for men and women and a communal swimming pool and Jacuzzi.

For more details, contact 17298210.



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ROVE RESIDENCE

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- 4.5 Bathrooms
- Indoor Kitchen
- Small Private Garden
- Pool, Gym

Education Matters



An educational insight and comment by head teacher Chris Fenton

RECENTLY heard an old fable from India but was rather concerned with the moral: a farmer walked through his field one cold winter morning. On the ground lay a snake, stiff and frozen with the cold. The farmer knew how deadly the snake could be, and yet he picked it up and put it to his chest to warm it back to life.

The snake was soon revived and when it had enough strength, bit the farmer who had been so kind to it.

The bite was deadly and the farmer felt that he must die. As he drew his last breath, he said to those standing around him: 'learn from my fate not to take pity on a scoundrel'.

The apparent moral to this story is that there are some who never change their nature, regardless of how good we behave with them or that we should always stay alert and keep our distance

from those who only think about themselves.

Now, I don't think that this is a particularly useful moral and certainly not an exact lesson to be giving to children and young adults, principally because most of them at some point will have made mistakes of their own and as such, can learn from them if we give them the opportunity to do so.

I also think that snakes do what snakes do and the farmer was pretty stupid, I mean what did he expect? Now, let's look at the story from the snake's point of view. The snake is unconscious and close to death when it is picked up by what is effectively to it, a large predator.

The predator keeps the snake alive, long enough for it to perceive danger and lash out in a bid to protect itself from harm or death, since this is what snakes are programmed to do.

Children and young adults



can sometimes lash out like the snake did when they feel threatened, but they aren't programmed to do it by nature, generally by circumstance. Threats they

perceive don't generally come from physical threats but usually mental ones or societal ones but if we judge those who lash out in the same way the moral of

this story tells us to do then what chance do they have if they never feel supported or are never given a chance to grow from the mistakes they make or the difficulties they

experience in their lives?

I read an excellent article by the BBC on this recently. Various senior people in the police force, Ofsted and social services all stated clearly that 'problem children' are usually victims of a family or a society that has let them down, so should we just ignore them when they lash out?

The most vulnerable young adults are usually the last ones whose lives teachers and others know least about, yet they are often talked about the most.

Their behaviours can be challenging and it can get frustrating but if schools were to focus on the reasons behind the behaviour rather than just focusing on the behaviour itself, in time undoubtedly the outbursts would reduce.

Lashing out, in whatever way, isn't the problem, it is just the outcome of a problem that schools have a duty of care to investigate.

LocalNews

FILIPINOS from across the kingdom flocked to Adhari Park to celebrate their country's 120th Independence Day with a tantalising talent show, tasty traditional bites and a plethora of prizes to be won.

The Kabayan Festival, which was organised by the Philippine Embassy in Bahrain in cooperation with the Western Union, the Filipino Community Group and Fuchsia Events & Management, featured a fun day for the entire family to enjoy full of entertainment, games and a market area consisting of Filipino food and other items for sale.

The celebration was inaugurated by a motorcade with ambassador Alfonso A Ver and his wife rolling into the venue waving their flag proudly alongside motorcycle enthusiasts, as well as event chairman Elpidio Quitevi and other members.

Ambassador Alfonso said: "The Kabayan Festival is the culmination of a month-long commemoration of Philippine Independence month. The different activities included socio-civic community events and that was highlighted by a flag-raising ceremony at the Philippine Embassy on June 12.

"Activities like these bring the Filipino community

Filipino fun in the park



WELCOMING ADDRESS: Ambassador Alfonso and, right, stalls and activities at the event

COMMUNITY REPORT
By MAI AL KHATIB-CAMILLE
mai.alkhatib@gulfweekly.com

closer as they reflect on the sacrifices of their forefathers and now they are the new heroes that fight their own struggles every day towards the attainment of their goals for their families, themselves and the Philippines."

Around 2,000 kabayans (which means fellow Filipinos) gathered at the

brightly decorated venue. Free medical check-ups were provided by KIMS Bahrain Medical Centre and members of the Philippine Nursing Association, as well as snacks and drinks provided by parents from St Christopher's School.

A huge hall was allocated to exclusively sell authentic cuisine as well as clothing and accessories. There were also booths providing

real estate investment opportunities and government-related services such as an absentee voting registration desk.

As people shopped around, others gathered to watch a talent show boasting performances by dance crews, singers and bands showcasing their skills. The audience then participated in a series of games and activities followed by a



presentation of the final candidates of the Miss Mutyang Pilipinas beauty pageant and a raffle draw.

Elpidio said: "I roamed around talking to booth holders, guests and service providers and all seemed happy with stomachs full and a few singing away with raffle prizes won."

The occasion ended with a captivating performance by Tawag ng Tanghalan singing

competition finalist Eumee Capile and star attraction Sheng Belmonte.

Leslie Arlen Garduque, managing director of public relation and events company Media Circuit, said: "The event made me feel like I was back home. It's always nice to have a taste of our home country, to somehow feel connected to our families even when we are miles away from home."

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Fashion Weekly

Keeping you in on the latest trends and what they wore in the past

Southgate effect has style

FASHION
By MAI AL KHATIB-CAMILLE
mai.alkhatib@gulfweekly.com

FOOTBALL continues to score in the world of fashion with an iconic waistcoat becoming the latest must wear accessory inspired by England coach Gareth Southgate.

It started, as reported in *Fashion Weekly*, with Nigeria's zigzag kit being snapped up from stores across the globe, but who could have imagined that one of the few articles of clothing whose origin historians can date precisely would make a comeback in extra time.

King Charles II of England introduced the waistcoat as a part of correct dress after the Restoration of the British monarchy in 1660. It was derived from the vests seen by English visitors to the Middle East.

British retailer Marks and Spencer, the official suit supplier of the England team, has reported a 35 per cent increase in waistcoat sales since the World Cup Finals in Russia started and have dubbed it 'The Southgate Effect'.

The 47-year-old coach favours a well-tailored three-piece suit on the touchline and is often seen shedding the jacket to reveal a single-breasted waistcoat which is now his lucky garment following England's staggering success in reaching tonight's semi-final.

The navy wool waistcoat, which can be snapped up from Marks & Spencer's official Football Association Collection for £65, is part of the three-piece suit designed for this year's team priced at £264.

It's crafted from pure merino wool woven by the Alfred Brown mill in Yorkshire, which also supplied the fabric for England's 2014 World Cup suits and for the Team GB uniform for the 2012 London Olympics. The suit has a gold star embroidered on the inside pocket as a memento to England's 1966 World Cup win, a jacquard football lining, and red, white and blue trims.



COOL COACH: Gareth wearing his lucky waistcoat and, below, Sam and Victoria



Apparently, the British multinational retailer isn't the only brand that's noticed a surge as *eBay*, an online auction and shopping website, has also reported a 25 per

cent increase in searches for waistcoats and tailoring label TM Lewin tweeted that sales of the piece were 'going through the stadium roof'. In terms of colours, navy has



piqued the most interest as it's the favoured shade of the England coach.

Although Gareth has brought new life to the waistcoat, especially as fans

always want to emulate their idols, it is understandable why this would be his item of choice. The garment is known for framing the body to positive effect and it's an

easy way of smartening up an outfit as well as elevating the shirt.

My husband, Sam, has been a trendsetter for years, colour blocking and changing up his looks simply with the addition of a waistcoat over trousers or denim in grey, charcoal, black or Gareth's favourite - navy. He either pairs it with a tie or leaves his shirt collar open for a more casual appeal.

George Hilton, a wardrobe consultant at Hilton Bespoke which is located in Zinj, Manama and Juffair, with plans to open up in the Diplomatic area too, believes the waistcoat has always remained a staple favourite for many customers.

He said: "Certainly what's happening in the World Cup right now is turning into a trend and because of it, people are noticing the waistcoat more than before. However, I have had many clients coming into our stores from way back when."

"The item received a big boost in recent years from another former footballer. People often handed me images of David Beckham because he often wears three-piece suits and waistcoats and he remains a fashion icon."

"That being said, sales have always been regular. Men love the waistcoat because of its slimming effect, in my opinion. Men like to dress up in a three-piece because it looks stylish particularly for special occasions."

"Nowadays they also like combining different coloured vests to create a more elegant and dapper look."

Ladies are also long-time supporters of the fashion trend. Designers such as Prada, Céline and Tom Ford have featured the style in their spring/summer 2018 catwalks. This latest waistcoat revival is office-appropriate - either worn fitted over fine knitwear or longer in length and teamed with trousers or a midi skirt.

This season, both Chloé and Victoria Beckham offered different versions of it while Stella McCartney displayed both denim and grey-tailored versions for autumn/winter 2018. David's former Spice Girl wife styles hers with matching pinstripe trousers.

cerebrally crust & crema



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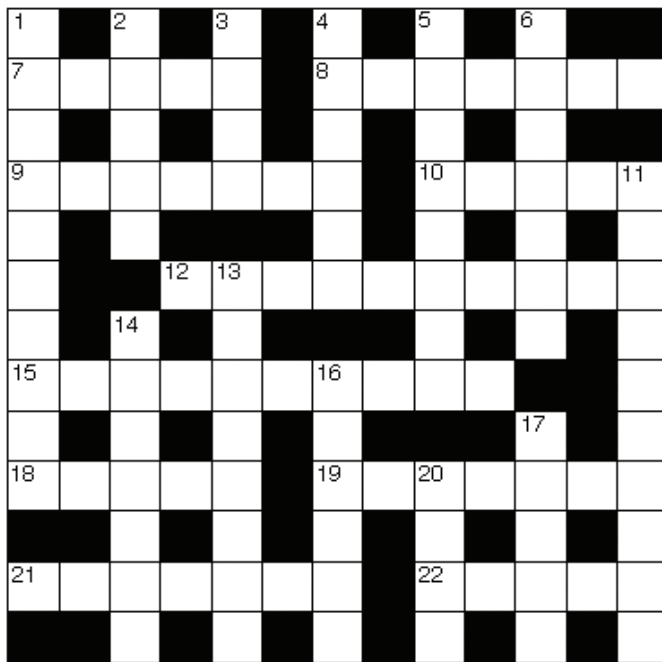
WIN COFFEE-FOR-TWO at crust & crema by answering this quiz question and emailing your answer to editor@gulfweekly.com

Dark roast coffees have less caffeine than lighter roasts. a) True b) False

Entries must be received by noon on Sunday. The first correct one opened will be emailed a coupon. Normal GulfWeekly contest rules apply. The Editor's decision is final.

Quiz winner: Santayan Roy won a cup of coffee by correctly answering that a) true, when you add milk to coffee, it weakens the effects of caffeine.

crossword break



Solutions in next week's issue.

ACROSS

7. Keen (5)
8. Obtain (7)
9. Atone (7)
10. Shoot (5)
12. Footpad (10)
15. Entangle (10)
18. Additional (5)
19. Sword (7)
21. Go before (7)
22. Banquet (5)

DOWN

1. Container (10)
2. Yawning (5)
3. Yard (4)
4. Address (6)
5. Perpetual (8)
6. Paramount (7)
11. Kindness (10)
13. Doomed (3-5)
14. Stifle (7)
16. Prestige (6)
17. Trite (5)
20. Quarrel (4)

who, what, where, when

WHO ... is the leader of the Mechanicals in Shakespeare's play *A Midsummer Night's Dream*?
WHAT ... is the capital of the Kingdom of Jordan?
WHERE ... in England is the town of Oakham?
WHEN ... did the English ballerina Alicia Markova die?
WHO ... stars as Dr Meredith Grey in the US television series *Grey's Anatomy*?
WHAT ... novel by Charles Dickens features the character Poll Sweedlepipe?
WHERE ... in Africa was Kwame Nkrumah the President from 1960-66?
WHEN ... did the New Zealand rugby union player Andy Haden win his last cap, against Argentina?

just so



revird taes

STA IV NCE

police man

darn tough sudoku

So you think you're good enough at Sudoku to crack this baby? Remember, we were the first in the Gulf to bring you this bit of Japanese mayhem...so we don't kid around

Last week's sudoku

3	9	7	2	8	1	6	5	4
6	2	8	4	9	5	3	1	7
1	4	5	6	3	7	8	9	2
5	1	3	9	7	4	2	8	6
8	6	9	1	2	3	4	7	5
4	7	2	5	6	8	9	3	1
7	3	6	8	1	2	5	4	9
2	8	4	7	5	9	1	6	3
9	5	1	3	4	6	7	2	8

6	7	5	3	4	2	8	9	1
1	2	8	9	7	6	3	4	5
3	9	4	1	8	5	6	2	7
8	3	1	7	9	4	2	5	6
4	5	2	8	6	1	7	3	9
7	6	9	2	5	3	4	1	8
5	1	7	4	3	8	9	6	2
2	8	3	6	1	9	5	7	4
9	4	6	5	2	7	1	8	3

darn tough sudoku

2	3	1	4	8	7	5	6	9
9	8	6	2	5	1	7	4	3
7	4	5	6	3	9	1	8	2
1	5	2	9	7	8	4	3	6
6	9	4	1	2	3	8	7	5
3	7	8	5	6	4	9	2	1
4	2	9	8	1	6	3	5	7
8	6	7	3	9	5	2	1	4
5	1	3	7	4	2	6	9	8

Sudoku

		3				5	9	
7	9							4
	4		6		5			3
1			8	3				6
	3		1		7		8	
6	5						2	3
		4	9	7	6			
		1				6		

Sudoku

		4		2		3		
7					4	1		2
8	9		3	1				4
6					5			
	3	1	7	6			8	4
			8					7
	1				3		2	9
9		6	1					5
				4		7		

Last Week's Leisure Solutions

CROSSWORD BREAK:

Across: 1 Brought up; 8 Own; 9 Imprecation; 11 Breathe; 12 Ample; 13 Animal; 15 Rescue; 17 Idiot; 18 Abscond; 20 Assiduously; 22 Dot; 23 Stratagem.

Down: 2 Rim; 3 Greet; 4 Travel; 5 Primate; 6 Conspicuous; 7 In the lead; 10 Precipitate; 11 Beatitude; 14 Attests; 16 Larder; 19 Short; 21 Lie.

JUST SO: The plot thickens, Join the club, Come a full circle, Full of beans.

WHO, WHAT, WHERE, WHEN:

Ray Milland; Guy Mitchell and Tommy Steele; Surrey; 1836; Jean-Luc Godard; Theodore Roosevelt; Germany; 1926.

Darn Tough Sudoku

		7					8	
9		2	3				4	
				2	4			6
		9					7	
1		6		8				4
	7					1		
6			2					
	2		8		1	6		3
	8					5		



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or sexual violence)

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كل النساء مرحب بهن

ROTARY Club of Salmaniya recently held its business meeting at the Golden Tulip Hotel. The meeting allowed the new president, Shaikh Abdullah bin Khalid Al Khalifa, to introduce the new board for 2018/19.

The club will be focusing on environmental projects and socially important issues in our community. The board members, namely President - Shaikh Abdullah, Vice President - Osama Muein, President Elect - Seema Baqi, Secretary - Akram Hage, Club Services - Faisal Juma, Community Services - Mohamed Al Khaja, Treasurer - Ashraf Obied, Sergeant at Arms - Andrew Petty, Immediate Past

President - Yusuf Fakhro, International Services - Viren Bhatia, Vocational Services - Costas Demou and General Services - Hassan Al Mansoor, will create committees to help them complete their tasks.

The board members are all ready and excited about the challenges ahead.

Regards,
Faisal, on behalf of the
Rotary Club of Salmaniya.

THANK you and your team for your excellent coverage of my upcoming cookbook in GulfWeekly.

This positive exposure will definitely help me launch my book successfully. As a budding writer and one of the smaller entrepreneurs



I'm really grateful for your willingness to include the article. Kindly extend my thanks to everyone involved.

Best Regards,
Mubina Maqbool,
Bahrain.

WITH reference to last week's cover story on my career to date in Hollywood. Thank you so much for the beautiful feature. I am grateful. Hopefully, the next time you hear about me it will be about a feature film!

Ali Salam, Hollywood.

IT'S getting so hot outside to go for a morning run that a neighbour suggested that I popped down to City Centre Bahrain for an exercise session.

She told me about the free fitness training programme called City Walkers and that it had a new up-beat 'Wednesday music session' which she described as great fun.

I dropped by to join in a workout session hosted by fitness professionals. It ran for 60 minutes and included warm-up, stretching, cool down periods and a mix of lunges, push-ups, high jumps, plank, pulsating and partial squats, mountain climbers, side lunges, star jumps, get ups, crucifix push, wide push and more.

It was exhausting but she was right, it was fun and there were people of all ages and sizes taking part!

Claire, a newcomer to
Bahrain.

● **Editor's note:** City Walkers takes place three times a week - every Monday, Wednesday and Saturday, from 9am to 10am. To join in, you simply have to register at the customer service desk on the ground floor, at City Centre Bahrain, and can immediately start training at the mall's central Galleria.

THE WHISPERER

You don't know me; I know you, I know what's being said about you. I'm the 'whisperer'. I am socially mobile: Arab, Brit, Indian, Pakistani, American and the rest, they all invite me and share their world with me. Not much gets past me but if you think it may have done, email me on ...

...editor@gulfweekly.com

'AND te tide and te time pat tu iboren were, schal beon iblescet'

Yup that makes absolutely no sense to me either but it's pre-English language and is the first literal use of 'time stands still for no man'.

Unfortunately, time has stood still for several months at the iconic clock roundabout on Exhibitions Avenue in Hoora.

The mystery, however, is how did two of its faces stop at a different time? Unless, someone is determined on winding up the Whisperer!



Youth Talk

By
Sarah Belal



It is only recently that I discovered that many of my belongings are things I could easily do without.

I have, over the years, mindlessly accumulated tons of items on sadly very frequent excursions to the shops, perhaps in a bid to experience positive emotion. Now that that has been brought to my notice, and because I'd prefer things differently, I can take steps at becoming more careful of what I have and what I buy.

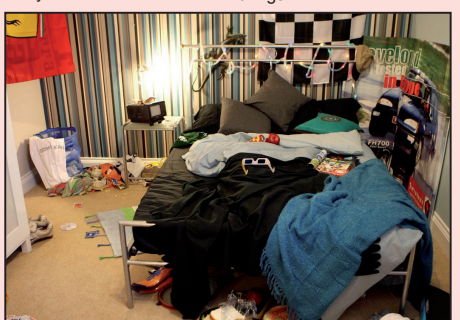
I fully recognise how lucky I am to have this

problem, if you can call it that, of owning too much stuff that it becomes a nuisance. But I feel even luckier for being aware of such spending habits.

De-cluttering, therefore, becomes a necessity not only as a means of getting rid of excess, but also as a way towards more mindful living.

I am especially intrigued by the concept of owning less not in order to attain material freedom but as a means of being better able to care for the things that do add value to your life.

It also serves as a gentle reminder that the best things in life to spend on are experiences ... and not things.



FOOTBALL is coming home. The chorus of the song 'Three Lions' is currently England's national anthem, it's being played and chanted from trains, buses, cars and buildings across the land (and the GulfWeekly editor's office in Manama).

Memes are bombarding the internet, even being dubbed over Friends clips to scenes from The Matrix, even Alexa knows what it is.

Football fever even made it as far as Windsor Castle, with the changing of the guard performing to the tune.

In my recent column, I was exceptionally cynical of England getting anywhere in this year's FIFA World Cup, forever being the perennial underachievers. I stated many things I would rather do than watch another England game.

My experiences of watching England over the years, have been mainly of disappointment so I was reluctant to put myself through further anguish by watching them this time round.

Ellissa's island life

An expat wife, mother, artist and runner



They didn't bring football home from the World Cup in Argentina 1978, Spain 1982, Mexico 1986, in France '98, Euro 2000 or the World Cup in Japan/ Korea 2002 and again in 2004, Germany in 2006, South Africa in 2010, the Euros in 2012 and Brazil in 2014.

More youthful supporters haven't shared these experiences and haven't my scepticism, most of the English players weren't even born when England last reached a World Cup semi-final at Italia 90, 28

years ago.

It has been a staggering 52 years since England won the World Cup.

But I crept out from under the sofa, decided to be patriotic once more, mainly for the sake of my two sons, and watch England play.

It took England a painfully long time to win against Tunisia, they did get six past Panama, but they have a population half the size of London. But they did it. Then, unbelievably Southgate's side triumphantly won against Sweden in the quarter-final, playing football that was entertaining to watch.

At the final whistle of the Sweden game, an ecstatic coach pumped the air to 'All you need is Love' and

there is so much to love about this new England team, with superb team spirit and enormous character, it is amazing how far that can take you.

It may well end in tears and disappointment but whilst we can, enjoy the ride, let's hope and cheer, because just maybe football is coming home after all.



Film Weekly



Movie-loving Kristian Harrison checks out the big screen releases on show in a cinema near you



Anticipating glory

ANT-MAN was never quite the superhero outing for style and bombast, but what the first film, and now the sequel, do have, is a bucket load of charm and personality.

There's an offbeat humour to the zippy energy radiating from every scene. It's a smidge longer than its predecessor, but somehow feels tighter and more confident in its execution - a rare feat for a sequel.

Let's get this out of the way up front: If you're hoping that *Ant-Man and The Wasp* will answer all your lingering *Infinity War* questions, you'd better temper your expectations now. This one takes place in the aftermath of *Captain America: Civil War*, with our diminutive hero Scott Lang (Paul Rudd) under house arrest following his shenanigans in Germany with Cap and the gang.

But that doesn't mean *Ant-Man and The Wasp* is divorced from everything else that's happening in the Marvel Cinematic Universe; while the sequel succeeds in telling a refreshingly self-contained story, it's clear that the discoveries revealed here will play an integral role in *Avengers 4* and beyond.

The key characteristic that *Ant-Man and The Wasp* shares with the rest of the films in Marvel's Cinematic Universe is a focus on family, whether that means your blood relatives or the tribe you form for yourself.

While Hank Pym (Michael Douglas) and Hope van Dyne (Evangeline Lilly) are willing to go to any lengths to reunite with their family's long-lost matriarch, Janet (Michelle Pfeiffer, who's radiant but underutilised), Scott's top priority is setting a good example for his daughter Cassie and making sure that he's around

ANT-MAN AND THE WASP

STARRING: Paul Rudd, Evangeline Lilly, Michael Douglas

DIRECTOR: Peyton Reed

GENRE: Superhero

RATING: 12

RUNTIME: 118 Mins

to see her grow up.

The first *Ant-Man* is arguably the lightest of the MCU movies in both plot and tone, and the sequel has a similar playfulness. It wholeheartedly embraces the inherent ridiculousness of Scott's powers and the predicaments he often finds himself in - mostly by staging some of the most inventive action scenes attempted in any movie franchise, not just Marvel's.

One area of the movie that could've used a little more creativity is the Quantum Realm - the microscopic alternate dimension where Janet van Dyne has apparently been trapped for decades. After the psychedelic beauty of *Doctor Strange*, the trippy subatomic landscape feels a tad underwhelming.

Although it ventures further away from Marvel's traditional villain formula than any film before it, after the universal threat posed by Thanos in *Infinity War* it's actually a relief that *Ant-Man and The Wasp* keeps its stakes personal, rather than galactic. Even so, it still makes sure to never undermine the gravity of what its heroes are fighting for.

However, Walton Goggins' slimy Sonny Burch feels superfluous - the actor's got charisma to spare, but

Sonny seems to exist solely to create roadblocks whenever our heroes look like they might complete their mission too easily, without the script ever really justifying his presence. On the other hand, his convenient appearances do facilitate some of the film's most hilarious moments, so it's hard to completely hold those plot contrivances against him.

Luckily, for anyone who was frustrated with Hope's supporting role in the first film (and complete absence from *Civil War*), *Ant-Man and The Wasp* truly gives equal weight to both of its titular heroes; Scott is still our POV character, but Hope provides the film's momentum, as her drive to rescue her lost mother gives the story its emotional heft and provides plenty of standout moments for Lilly, from Wasp's kinetic fight sequences to her swagger in dealing with Burch.

Boasting some of the most creative action scenes and finely-calibrated comedy in the Marvel universe so far, *Ant-Man and The Wasp* doesn't reinvent the wheel, but it certainly knows how to make the ride even more fun.

After the doom and gloom of *Infinity War*, this savvy sequel is a welcome change of pace, and a reminder that the MCU is malleable enough to tackle just about any genre and tone without losing its sense of identity. Needless to say, I'm already eagerly anticipating *Ant-Man and The Wasp*'s next outing which will no doubt have a sting in its (pun intended) tale!

● **Showing in:** Cineco, Seef II, Saar, Wadi Al Sail

KRISTIAN'S VERDICT



1 popcorn - stay home
5 popcorns - start queuing



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Bite-sized trailer

Ocean's Eight

DIRECTOR: Gary Ross

CAST: Sandra Bullock, Cate Blanchett, Anne Hathaway

PLOT: Danny Ocean's estranged sister Debbie attempts to pull off the heist of the century at New York City's star-studded annual Met Gala. Her first stop is to assemble the perfect all-female crew: Lou, Rose, Daphne Kluger, Nine Ball, Tammy, Amita, and Constance.

SHOWING IN: City Centre, Juffair, The Avenues, Seef I & II, Saar, Dana, Wadi Al Sail, Seef Muharrag, The Walk



Incredibles 2

DIRECTOR: Brad Bird

CAST: Craig T. Nelson, Holly Hunter, Sarah Vowell

PLOT: While the Parr family has accepted its collective calling as superheroes, the fact remains that their special heroism is still illegal. After they are arrested after unsuccessfully trying to stop the Underminer, their future seems bleak. However, the wealthy DeVoor siblings of Devtech offer new hope with a bold project to rehabilitate the public image and legal status of Supers, with Elastigirl being assigned on point to be the shining example.

SHOWING IN: City Centre, Juffair, The Avenues, Seef II, Saar, Dana, Wadi Al Sail, Seef Muharrag, The Walk



Escape Plan 2: Hades

DIRECTOR: Steven C. Miller

CAST: Sylvester Stallone, Dave Bautista, Xiaoming Huang

PLOT: Ray Breslin manages an elite team of security specialists trained in the art of breaking people out of the world's most impenetrable prisons. When his most trusted operative, Shu Ren, is kidnapped and disappears inside the most elaborate prison ever built, entirely computerised and constantly changing shape, Ray must track him down with the help of some of his former friends.

SHOWING IN: City Centre, The Avenues, Seef I & II, Saar, Dana, Wadi Al Sail, Seef Muharrag



imdb movie charts

Current Position	Title	Weekend Takings	Gross to date
1	Ant-Man and the Wasp	\$76M	\$76M
2	Incredibles 2	\$29M	\$504M
3	Jurassic World: Fallen Kingdom	\$29M	\$333M
4	The First Purge	\$17M	\$31M
5	Sicario: Day of the Soldado	\$7M	\$35M
6	Uncle Drew	\$7M	\$30M
7	Ocean's Eight	\$5M	\$127M
8	Tag	\$3M	\$48M
9	Won't You Be My Neighbour?	\$3M	\$12M
10	Deadpool 2	\$2M	\$315M

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Motoring Weekly

Steering you to the best deals on wheels

The spirit of giving goes on

THE spirit of giving is continuing at Al Haddad Motors until Eid Al-Adha with the company offering its customers exclusive deals on the whole range of Mercedes-Benz new and pre-owned models.

The Tubli-based dealership is also offering a five-year warranty with unlimited mileage for the first time, as well as a Star Gift Pack offering the choice between receiving ceramic paint protection, window tinting or Mercedes-Benz Accessories.

In addition to this, there is an opportunity to choose between either a five-year service select plan or tailored on-road packages.

Anyone visiting the Mercedes-Benz certified pre-owned showroom will receive a BD1,000 voucher off any of the vehicles, as well as an Eid gift of up to five-year service select plan and remainder of five-year warranty.

All pre-owned vehicles have been thoroughly checked inside and out, under the bonnet and on the road by a specialist Mercedes-Benz technician. The signed multi-point checklist ensures that each vehicle has undergone



STRIKING LOOKS: Some of the latest Mercedes-Benz models on the road



MOTORING
By KRISTIAN HARRISON
kristian@gulfweekly.com

thorough testing and comes with a complete service history record.

The news comes at a time of celebration for the marque, as it has just posted

the strongest-selling quarter in the company's history. From April to June, 594,528 customers received their new Mercedes-Benz (+1.9 per cent). As a result, Mercedes-Benz sold more vehicles than ever before in a half-year period.

Since the beginning of the year, 1,188,832 cars with the three-pointed star were delivered to customers all over the world. Unit sales were 3.9 per cent higher than in the previous highest first half-year in 2017. In the first six months, Mercedes-Benz



was the premium brand with the most new registrations in several global markets.

As for the future, the launch of the new C-Class is rolling out worldwide, accompanied by an international campaign titled 'never stop improving.'

Judging by the warm-

hearted Eid to Eid gesture in Bahrain, it appears that the marque is proving the point.

For more information, visit the Al Haddad Motors showroom in Tubli, call 17785454 or visit www.bahrain.mercedesbenzme.com

THE future of car development could turn into a 'weight race' as opposed to a 'power race', according to the chief of a motoring marque partly-owned by Bahrain's sovereign wealth fund, Mumtalakat.

During a keynote speech to automotive leaders and policy makers at an industry summit in London, Mike Flewitt, CEO of McLaren Automotive, said car-makers and governments need to work hand-in-hand to develop the synergies between future powertrain development and the clever use of lighter materials.

It will help save weight and, therefore, reduce the energy needed to power them, he said, as car companies look to address green concerns. He added: "We now have a fantastic opportunity to be at the very forefront of a new automotive 'weight race' that

We're in the weight race



WEIGHTY ISSUES: Mike and the McLaren Senna

can help achieve increasingly tough environmental targets.

"While McLaren has a long history in using lightweight materials to boost vehicle performance, it's something we are also heavily investing in as part of our future.

"It is clear to us that to be successful in light-weighting, industry and government need to continue to work closely to ensure we all capitalise on the benefits for the sector and for vehicle owners who will increasingly demand more efficient products that deliver

the driving attributes they expect."

While McLaren Automotive expects to hand-assemble around 4,000 cars this year, with 90 per cent of what it makes exported to more than 31 markets, the technology being developed could benefit the industry as a whole and road users more widely.

Lightweight carbon fibre has long been a part of its DNA, as the company introduced the very first carbon fibre chassis into Formula 1 in 1981. Carbon

fibre's innate strength and lightweight properties mean that the company has never made a race car, sports car or supercar without it since.

McLaren Automotive is itself poised to open a new £50 million McLaren Composites Technology Centre (MCTC) in the north of England later this year. The Yorkshire-based centre will be where McLaren will innovate the process for making the ultra-lightweight and strong carbon fibre tubs at the heart of its luxury cars.

More than 40 of its employees are already housed at the University of Sheffield's Advanced Manufacturing Research Centre. When fully operational, the team is expected to grow to around 200 people with the finished tubs then sent to the McLaren Production Centre in the English county of Surrey.

Facing a wrong-way driver

DRIVERS have been issued advice on what to do and how to stay safe should they ever encounter a wrong-way driver.

The first thing to do is slow down and safely move as far right, away from the wrong-way driver, as possible. If it can be avoided, do not slam on the brakes, especially if there is a car driving behind you.

Avoid swerving into other lanes or off the road if possible.

In an attempt to try to alert the wrong-way driver, motorists should honk their horn, flash their headlights and switch on their hazard lights.

"It's possible that you may be able to get the driver's attention and make them aware that they are travelling in the wrong direction," a road safety expert said.

Call 999 as soon as it is

safe to do so to report the wrong-way driver. Be sure to give your exact location, including direction of travel and the closest highway exit. If you're able to, providing a description of the car will help police track it down.

Never turn around and follow the wrong-way driver.

After midnight, police encourages drivers to travel in the far right lane. Wrong-way drivers often travel in the left lane, thinking it's the right lane for their direction of travel.

"Please remember, not all wrong-way drivers are under the influence," the spokesman added.

"Some wrong-way drivers may be experiencing a medical emergency, while others may be disoriented or confused by signage."

MotorSport

All the best action from Formula One



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AFTER labouring with neck pain on Saturday, Sebastian Vettel found the perfect tonic 24 hours later — matching Alain Prost's total of 51 Grand Prix victories and denying main rival Lewis Hamilton a record-setting win in his home race.

The German defeated second-placed Hamilton on Sunday to win the British GP in front of a partisan crowd and extended his lead in the Formula One championship standings to eight points after 10 of 21 races.

"Sebastian drove a great race, fighting like a lion despite the pain in the neck," Ferrari team principal Maurizio Arrivabene said.

Vettel had been hindered by neck pain in the last practice, and wasn't sure if he'd be able to compete in the qualifying session. He acknowledged he had been concerned ahead of the race itself. "I will feel it a little bit. It doesn't matter. It held up. The race was fantastic," Vettel said after claiming his fourth win of the season.

Vettel moved level with Prost on 51 F1 wins, trailing only Hamilton (65) and Michael Schumacher (91).

Hamilton, who started in pole position after setting an electrifying track record to beat Vettel in qualifying, was going for a fifth straight victory in his home race and his sixth overall to beat the record of five he shares with Jim Clark and Prost.

But a poor start and disastrous first lap all but ended his hopes, despite Hamilton's valiant fight back to finish second. "Just got wheel spin and lost ground to the others and then just got a tap from behind and that was that," Hamilton said.

Hamilton's aggressive start allowed Vettel and his Mercedes teammate Valtteri Bottas to streak ahead. Then Vettel's Ferrari teammate Kimi Raikkonen bumped into the British driver at Turn 3, sending the Mercedes off the track and leaving him last.

"Interesting tactics, I would say, from their side," Hamilton complained immediately afterward. Later he was quick to say it wasn't an issue: "I don't have any concerns."

The British driver managed to fight his way back after a Mercedes-Ferrari duel

Vettel puts his neck on the line to win again



TIGHT TUSSELE: Vettel steers his car followed by Hamilton and, below, the crash involving Ericsson's Sauber and Pérez's Force India

developed with Bottas leading until Vettel hit the front again with five laps to go.

Vettel finished 2.264 seconds ahead of Hamilton. "It was a super start, a super race and, yeah, a hammer finish," Vettel said.

Raikkonen, who completed the podium for Ferrari, was handed a 10-second penalty for the early incident involving Hamilton. "That's how it goes sometimes. Not a straightforward race," said the Finn, who said he deserved the punishment.

That was no comfort to Hamilton, who quickly worked his way through the back-runners as he posted the fastest lap times. Driving conditions were ideal under clear blue skies and temperatures well above the seasonal norms, though the heat made tyre management tricky for the teams.

Vettel pitted for new tyres while the safety car was out following Marcus Ericsson's crash. The Sauber driver spun off across the gravel into the barriers at high speed. He was able to emerge unaided. Vettel was left stuck between the two Mercedes drivers as Bottas took the lead.

Hamilton expressed doubt

about competing against Ferrari's new tyres but was told over team radio: "Lewis, you are the fastest car by miles. Don't give up, mate. It's all there."

However, questions will again be asked about Mercedes' tactics after deciding not to pit to replace the tyres. Mercedes' errors cost both Hamilton and Bottas in the Austrian GP the week before when neither finished.

"It was very, very hard with our tyres, fighting against people with brand-new tyres for sure."

"And in a perfect world, I would have had new ones - but it wasn't that kind of day

for me," Hamilton said.

The safety car was out again after Romain Grosjean and Carlos Sainz collided. Vettel finally pounced to take the lead on lap 47. Bottas then let Hamilton past to challenge the German. Bottas, still on medium tyres, was soon struggling, and Ferrari was celebrating when Raikkonen went past to go third.

Bottas finished fourth, ahead of Daniel Ricciardo, Nico Hulkenberg and Esteban Ocon. Ricciardo's Red Bull teammate Max Verstappen was battling with Raikkonen but his race ended at lap 48.

Brendon Hartley's

miserable weekend continued as his Toro Rosso was wheeled back early. The New Zealander crashed spectacularly in Saturday's final practice.

Sauber's Charles Leclerc failed to finish for the first time due to a rear tyre issue, and Ericsson's crash completed a race to forget for the team.

The Silverstone circuit was celebrating 70 years since the Royal Automobile Club held a Grand Prix on the former wartime airfield in 1948, when Luigi Villorosi led an Italian 1-2 for Maserati. Two years later, Silverstone held the first F1 world championship race,

again dominated by Italian cars with Giuseppe Farina winning in an Alfa Romeo.

"This is the greatest race of the year and this is the greatest crowd and I'm sorry I couldn't bring it home for you today," Hamilton told his disappointed fans. "We take it on the chin and believe me, I will not give up. I will not give up."

Mercedes team boss Toto Wolff was just as determined. "That was an incredible race - thrilling right to the finish and full of drama," he said. "Overall, though, we are left with the feeling of 'what might have been' after one of our cars was taken out for the second time in three races on lap one. In the past three weekends, we have lost points through our own mistakes and those of others - now we need to get our heads down, keep developing and put the performance to good use in the next 11 races. It's all to play for."

The next race is on July 22 at Hockenheim in Vettel's home country... if ever Hamilton needed a reason to become an even bigger pain in the neck during the chase for the drivers' championship.



From Page 24

"That's the situation we're in at Dagenham, but I'll guarantee I'll be as committed as I've ever been and I'm going to enjoy it as much as I can."

Taylor's illustrious career in football spans nearly 50 years and counting. He enjoyed his longest spell with one club at Hull City and led them to back to back promotions from the Football League Two and One in the 2003/04 and 2004/05 seasons reaching the heights of the Championship before leaving in June 2006.

The experienced manager has seen five promotions with four different clubs including the likes of Brighton & Hove Albion, Gillingham and Wycombe Wanderers.

Taylor came unstuck in Bahrain after a lacklustre goalless home friendly match against a Philippines side and a thumping 6-2 defeat in Dubai. Bahrain appeared to be on the receiving end of a backlash from the opposing players insulted by an 'outrageous smear' after the UAE's team was labelled 'sand monkeys' in an article on the Asian Football Confederation (AFC) website which set off a wave of criticism.

The AFC swiftly said it wanted to 'apologise for any

Help for Czech mate

hurt this might have caused' to soccer officials and fans in the UAE. It was too late for Taylor and his Bahrain team, many of whom had only played a couple of games at the start of the season, and friendly fixture or not, they were no match for their fired-up opponents.

Despite being ahead twice during the game the final result was never in doubt once the UAE equalised. Bahrain's defence collapsed and leaked

four more goals.

Shortly after the debacle, *GulfWeekly* contacted Taylor for his reaction. He replied: "My wife has 'Googled' my name and on *Wikipedia* it says I'm sacked. I'm trying to find out what's happening. I'm very much in the dark."

Within days it became clear that he was indeed dismissed by the BFA despite having nine-months left on a two-year contract. He added: "I

understand it is about results but I also understand football and there has been lots of reasons for our recent results and performances."

Taylor had not always been positive about the attitude of his players. He was so embarrassed after the national team's pitiful showing in the end-of-season Arab Cup of Nations tournament that he apologised to fans saying they were more interested in going home early than winning.

However, he earlier led Bahrain to success in the first GCC Games and clinched football gold in the 2011 Arab Games in Doha.

Despite the disappointment of losing his job, Taylor kept his promise to train a group of children at the British School of Bahrain. He also thanked BFA officials for giving him the opportunity of being head coach.

Bahrain's senior men's national football team, now under the supervision of Miroslav Soukup, have travelled to the Czech Republic for an overseas camp in preparation for their

IN CHARGE:
Soukup



upcoming major international tournaments, including the Asian Football Confederation (AFC) Asian Cup 2019.

Bahrain has been drawn in Group 'A' for next year's Asian Cup alongside tournament hosts UAE, India and Thailand. Bahrain will be featuring in the inaugural match in the 43,000-capacity Zayed Sports City Stadium in Abu Dhabi on January 5 against their neighbours.

"I am very happy that we are playing the opening game," Soukup said. "It will be a very good chance for us as everyone will be focused."

The camp in his home county will last 20 days. "It will be very hot here but the weather will be perfect over there and we can have training twice a day," he explained before

departing to Europe.

On the team's return the plan is to schedule eight to 10 friendly matches. "We have already begun communicating with several federations in our region and across Asia on the possibility of a friendly game," he added. "It will be important for us to play some matches with teams who employ similar styles to those of the UAE, India and Thailand."

Ironically, Soukup could call Taylor for some insight into one of those teams. The former national manager had an unhappy spell coaching the Kerala Blasters. Taylor left the club by 'mutual decision' in what was the first managerial sacking in the Indian Super League's young history after they lost their fourth match in a row.



FLASHBACK: Beckham with Taylor

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I should be writing this article in my best red-and-white chequered shirt, stopping after every sentence to shout: 'CROATIA!' ... much to the chagrin of my colleagues.

Given my propensity for terrible predictions and any team I cheer for falling flat on their face, I am firmly behind Croatia for tonight's World Cup semi-final.

Remember, I'm the Wally who backed Germany to retain the trophy on this very page before the tournament kicked off.

Therefore, the truth of my allegiance lies strongly with the Three Lions on the other side of the field, but if there's one team I do not want to jinx, it is England as they continue their remarkable run in the FIFA World Cup Finals in Russia.

My first memory of international football is Euro 1996, when football was supposed to be coming home and England was filled with anticipation.

I was four-years-old so I don't remember the public buzz, just little snippets such as Gazza's magical goal against Scotland and the dentist chair celebration, the 4-1 demolition of Holland and, of course, the semi-final agony against Germany.

I remember my mum allowing me to stay up late for 'one night only' to watch the match, which ended in heartbreak as Gareth Southgate missed the crucial penalty which saw Germany through to the final, which they subsequently won.

So, 22 years later, one abject failure after the other, it has come full circle and now coach Southgate has led his team to their first World Cup semi-final since 1990. Many questioned him getting the job, with some saying he was too nice or didn't have the historic credentials.

Rubbish to that, I say. What he has done is instil belief in the team, nurturing a young group of players who he has worked with in the FA's youth set-up for a number of years.

He got rid of the old guard

My prediction: Croatia



like Joe Hart and Wayne Rooney, who often played on name rather than form, the exact problems which plagued our so-called 'Golden Generation.'

We have an exciting team that was meant to use this tournament for experience before launching a full tilt at Euro 2020 and the 2022 World Cup. If we're capable of this now, what can we achieve then?

Of course, our excitement should be tempered by the fact that there's no denying our run to the stage of the tournament has been easy. Wins against Tunisia and Panama were expected, whilst we scraped past Colombia in the last 16.

Last Saturday's quarter-final was indeed a more comfortable victory and by far the best performance yet, but Sweden are hardly giants of the world game.

The loss to Belgium in the group stages is hard to judge as both teams played their 'B-team,' but if we lose to Croatia, or indeed France or Belgium in the final (although the first semi-final was last night, at the time of going to print the game had still to be played), then one could argue we'd have been knocked out at the first sign of playing a top international outfit.

The same issue which has plagued us for two decades.

Away from England for a minute, no matter what happens either tonight or on Sunday, I want to put on record how much I've enjoyed this World Cup. It's been by far the best international tournament that I can remember, and that's without taking England's run into account.

There's been drama, wonderful goals and saves, controversy aplenty, last-minute winners and huge shocks. There was only one goalless draw too, an indication of the attacking football on display.

On that vein, I must give praise to Russia for its hosting of the tournament. Not only has their team impressed on the field, far exceeding the hopes of the nation, but the general vibe has been superb.

All of the diplomatic tension before the tournament seems to have dispersed, and none of the hooliganism, racism or homophobia that was feared has come to pass. Whether that's due to fear of strict punishment lest they embarrass the nation, or whether their team's heroics has distracted them is unclear, but kudos to Putin & Co for what they have achieved, despite all the negative press and about the way they were awarded the tournament.

Now we just need football to truly come home.

As for the World Cup trophy itself, that did come home ... to the *GulfWeekly* office this week as I became hopefully the first of many Englishmen to lift the famous gold trophy this week.

At least, a replica version of it.

My good friend at Al Haddad Motors, Imran Ali, provided me with the glorious golden prize, available for BD35 from Sport Secrets in Manama, which is the same size and weight as the original, which hopefully the Three Lions will be bringing home on Sunday.

The original trophy, first



SITTING PRETTY: Kristian holding the replica trophy available from Sport Secrets and, below, Croatia's Luka Modric, England's Jesse Lingard and the tournament's previous winners

WORLD CUP FIXTURES

(Kick-offs are shown in Bahrain time zone)



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SEMI-FINALS

DATE	MATCH	VENUE	KICK-OFF
Wednesday 11 July	England vs Croatia	Moscow	21:00

PLAY-OFF FOR THIRD PLACE

Saturday 14 July	L61 vs L62	St. Petersburg	17:00
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FINAL

Sunday 15 July	S1 Winner vs S2 Winner	Moscow	18:00
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used in 1974, is made of 18 carat gold with a malachite base, stands 36.8 centimetres high and weighs

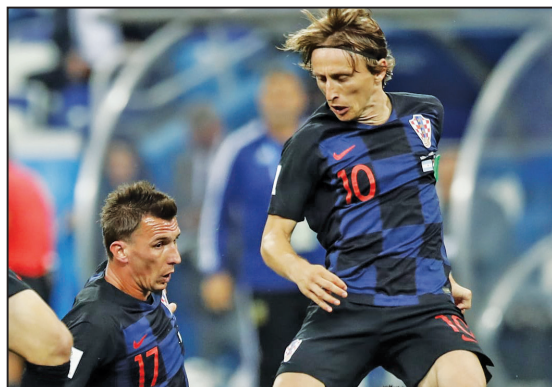
6.1 kilograms and depicts two human figures holding up the Earth.

The names of the winners

are inscribed on the base.

● See Ellissa's apology: Page 18

● Fashion icon: Page 16



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TOP OF THE LEAGUE FOR LOCAL AND INTERNATIONAL SPORT

July 11 - 17, 2018



Why is Kristian 'The Voice of Sport' Harrison backing Croatia to beat England tonight in the World Cup semi-final? See P23

THE HIGHS AND LOWS



GLORY DAYS: Bahrain's players throw their coach Peter Taylor in the air as they celebrate after beating Jordan in the 2011 Arab Games and, below, Taylor in the stands at his latest club and how *GulfWeekly* revealed his departure from the kingdom

ONE of Bahrain's most colourful football coaches who experienced a roller-coaster ride in charge of the national team is back managing in the fifth tier of English football.

Peter Taylor, who famously named David Beckham as captain for the first time during a one-game spell as England's caretaker manager and led Bahrain to two regional trophy successes, has taken over at Dagenham and Redbridge.

Former Premier League manager Taylor, as reported in *GulfWeekly*, only found out that he had been axed from his post in Bahrain after his wife Jenny spotted a note that he had been sacked on his *Wikipedia* entry, and now faces a tough campaign leading a London club in severe financial difficulty. "Every time we take the

FOOTBALL
By STAN SZECOWKA
editor@gulfweekly.com

field, we're going to try to win the match, but I'm being realistic with our overall aims," the 65-year-old told local newspaper, *The Barking and Dagenham Post*. "I'm being honest and, realistically, to stay in the league is the first

priority, which supporters might not want to hear and I know they might say we should instead aim for the play-offs. However, I'm very confident that we'll have a good, young, committed team that they'll be quite pleased with."

Having achieved so much in football, both as a player

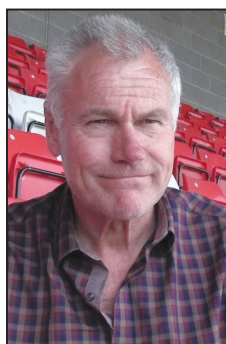
and a manager, Taylor could have opted for a simpler life than taking on the Daggers job. But after nearly a year out of the club game after leaving his post as Gillingham director of football, the former Leicester City boss is thrilled to be back involved in the game he loves.

"I probably did think I would

end up at a higher level than the National League, but I've said all along that I'm very fortunate that 95 per cent of my working life has been involved in football and at all levels," he added.

"I loved working at the highest level and with the absolute best players with the best pitches and best equipment, but I also enjoyed my time at clubs like Dartford and Dover Athletic and other clubs where things are not so right and you have to adjust yourself."

Turn to Page 22



Gulf Weekly

SPORT

WIKI LEAKED ...

I'M SACKED!

Runners get set for marathon relay

Runners get set for marathon relay

Runners get set for marathon relay