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SPREADING THE WORD



PRIZE CONTEST: Win coffee and cake at crust & crema SEE PAGE 17



Kristian reviews Skyscraper SEE PAGE 19



them with their studies and providing materials on Quranic verse to eliminate misconceptions and stereotypes. The Indian native who

moved to Bahrain in December after a family tragedy, is involved in numerous entrepreneurial endeavours and wants to make the kingdom his home base as he travels the globe

Sufyan, 27, has travelled back to India this week to set up a publishing company. Zeba Books will distribute classic works from the likes of



MAN ON A MISSION: Sufyar

Aristotle, Shakespeare and Plato, plus texts from iconic poets such as Rumi and Hafiz. He explained: "I want to produce these works and offer them to young students at discounted rates. They will all feature commentaries and notes included in the text to help with studies and examinations

"I've had this idea for some time. Back when

I was in India, I offered classes to students, wrote study materials and my door was always open to help. In fact, my mum always hated it because from 6am until 10pm there was always a student at our house because so many people wanted assistance.

"I think the system there is a little unfair. English is not the mother tongue of anyone in India, no matter where you go. However, 15-year-olds have to study Shakespeare and it's compulsory in any English-curriculum schools. So basically, the teachers will give you a play - from Merchant of Venice, Macbeth or whatever - and you have to study for exams on it. This is incredibly challenging, as many of these students can't converse in normal English, never mind Shakespearean English!"

Turn to Page 2



Oh boy, I'm number 5,000!

FULL STORY: See Page 3



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Global plans to touch lives

From Page 1

"Not only this, but at the same time, their parents will be concerned with how they're doing in maths, physics, chemistry, etc., which are seen as 'more important' than English, so the students are pushed more towards those subjects."

Sufyan, who works from a swish office at the grand United Tower in Bahrain Bay boasting mesmerising scenic views, prefers to be acknowledged as a writer, although truth be told, he could adopt a number of monikers. He is currently undertaking his fourth Master's degree, this time in political science, having already obtained ones in the fields of history, English and information technology.

He has written a number of textbooks, has been the editor of various journals and magazines, and even published his first science-fiction novel, *The Apocalypse*, in 2015.

Furthermore, he is a self-



HOME BASE: Businessman, entrepreneur and philanthropist Sufyan inside his office in Bahrain Bay, below, his book covers

taught programmer, having sneaked into his school's computer room and taught himself. What first started as

content writing and tutoring to earn some extra pocket money whilst at school soon exploded into a fulltime, seven-days-a-week dedication to providing services and education to people across the world.

However, it was only in December that he decided to make Bahrain his home after his father, Uzayr Mustafa, passed away after a sudden illness.

"It was an absolutely terrible experience," Sufyan explained. "One day we were together chatting, him drinking tea which was his favourite pastime, and then the next he was suddenly on a ventilator and never recovered.

"I was very attached to him and suddenly, the idea of staying in India meant that memories kept coming back, so I wanted to venture elsewhere and clear my mind.

"I had decided to set up my own software development company, Parakozm, which would focus on web development, mobile apps and games, plus digital content like web magazines. The next step was to choose where I'd establish it.

"The world was my oyster, but I chose Bahrain because it's somewhere in the middle I can't forget or delete India and my history there; my mum, family and other businesses are still there, so it's close enough to visit when I need to. Not only that, Bahrain is very friendly for business people with its open economy.

"I'm delighted I chose here as I love the place. I've always been a fan of islands and I like how small it is because in India, it's massive and crowded and takes a lot of time to get anywhere."

Sufyan travels as often as he can, being a victim of 'an annoying nomadic trait' as he calls it, and reckons he has spent as little as 30 days actually in Bahrain since December. He takes frequent trips to the rest of the Gulf, India and Tbilisi, Georgia, a country he also loves after

writing university papers on countries once under the Soviet umbrella.

One of his initiatives he is most proud of is being the editor-in-chief of Muslim Memo, an e-magazine that serves as the 'mouth-piece of the contemporary Muslim'. With this, he runs a photoblog titled Quranic Quotes, which is a series of tutorials about the Quran and Islamic literature

He said: "Quranic Quotes is a sort of 'myth-busters' exercise. I aim to eliminate misconceptions and stereotypes people have about Islam and the Quranic verse.

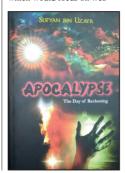
"So with this, I'll take a specific quote or verse and impose it on an image to show people what it is saying, without any commentary, paraphrasing or emphasis put on it, which might confuse people or give them the wrong idea about what is actually being said. It's particularly useful for non-Arabic students as the quotes are in English and Spanish, and I'm hoping to branch into German later this vear.

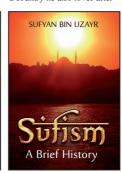
His latest project, arguably his biggest one yet, is establishing the Uzayr Foundation. This will be an educational facility and studio, which will offer classes without tuition fees or any financial burden. The overall aim will be to provide job-ready training for youngsters, especially the disabled and girls, and will be multi-national with a presence in India, Africa, Madagascar, Cambodia and Central Asia

"Overall, my end goal is to create a circle to bring together the three main prongs of my work; writing, coding and educating," he said

● For more information on Sufyan's work, visit www.sufyanism.com, www. quanicquotes.com and www.uzayr.org, or email him at sufyan@parakozm.com









OUNCING baby Huzaifah's arrival marked a special celebration ... he became the 5,000th child to be delivered at the Royal Bahrain Hospital (RBH).

The handsome boy weighed in at 3.98kg to bring joy to parents Alia and Faisal Shabbir and a brother to four-year-old, Ahmed.

This week he returned to the seven-year-old hospital's state-of-the-art maternity unit for a routine check-up and photo-call after arriving at 8.18am on June 18, 2018.

Pakistani expats Faisal, 39, who is the head of recruitment at Huawei Technology, and Alia, 36, were delighted that happy Huzaifah was a celebrity child.

Faisal said: "We were so surprised. Staff members had told us they had a surprise to share with us in a few minutes after his birth. All of a sudden, hospital management and several other people walked into our room with flowers and chocolates and began to congratulate us on Huzaifah being the 5,000th baby to be delivered at Royal Bahrain.

"It was already such a wonderful feeling when I saw him - especially as I missed my first son's birth as my wife was back home in Pakistan. I was due to fly back but Ahmed decided to come 10 days early!

"To be a part of Huzaifah's delivery was great and seeing him was so amazing. It's a feeling I cannot explain and now he will always be remembered too for his milestone arrival at the hospital."

Alia woke up at 3am with contractions and within minutes Faisal rushed her to the hospital leaving Ahmed with his grandparents Shabbir Asghar and Basharat, who were visiting from Lahore.

Brother's timely arrival



Alia, who had hoped for a natural child birth, had to undergo an emergency Caesarean section after complications set in. "It was a difficult delivery unfortunately." She explained. "I was so happy when he was born and when I heard him cry I started crying myself I was so overjoyed."

Huzaifah measured 53cm tall when he was born and one month later he's doing fine.

The maternity unit members were delighted to welcome him to the world and are glad that the parents enjoyed their stay with them

stay with them.
Faisal said: "The experience at Royal Hospital was wonderful with such excellent service and care. We felt so at home."

The hospital's Obstetrics & Gynecology department has a glowing reputation. Its medical team specialises in everything from high-risk pregnancy and infertility issues to complete care for women during any stage of their life through pre-marital check-ups to menopause diagnosis and management.

Other services include day care, laparoscopic surgeries, gynecology procedures and surgeries, antenatal care, perinatology, pregnancy, labour and postpartum care, in addition to comprehensive new-born procedures and tests.

Dr Sheriff Sahadulla, chief executive officer, KIMS Healthcare Group, said: "We're delighted to have



CARING HANDS: Alia with baby Huzaifah, Ahmed and Faisal and, below, Ahmed kissing his baby brother, Huzaifah

reached 5,000 births at Royal Bahrain Hospital.

"I would like to thank the medical team for their dedication and all the new mothers and their families for giving us the opportunity to be a part of this joyous time in their lives."

The hospital is also accredited by the Australian Council on Healthcare Standards International (ACHSI) and is the first clinic in Bahrain to be awarded Diamond by the National Health Regulatory Authority.





















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Grain of Sand goes global!

ILM-MAKER Jason Carter's celebrated Grain of Sand project, focusing on the kingdom's pearl diving culture and legacy, has received further international recognition.

As he prepares to tie the knot with his sweetheart Lydia Martin this coming weekend it has been announced that the film is a finalist in the best documentary category at The Pakistan International Film Festival and is set to be shown in North America next.

"Grain of Sand is off to Canada in September for a 'mini-tour', plus a possible showing at the Bahraini ambassador's residence in Washington DC," Jason told GulfWeekly, "then to Kazakhstan for the Almaty Film Festival.

"I will be attending as many screenings as I am able as it is great to meet the audience afterwards."

Before taking to life behind the camera Jason was more at home in front of the lens and



audiences performing harp guitar and classical guitar concerts in more than 100

"It is kind of odd because as a performer, the interaction with an audience was immediate, whereas as a film maker, it is months of work beforehand and the audience experiences it all in one go, with me as a participant. It's very interesting!"

Grain of Sand was brought to life on the big screen at the Dubai Film Festival in an effort to shed light on the dying music of the pearl divers and ask poignant questions about identity, culture and heritage in a region that has experienced development at a pace previously deemed impossible.

It received critical acclaim with cultural activist and Huffington Post contributor E. Nina Rothe posting: 'Jason Carter's Grain of Sand is the soulful documentary the world





needs right now'.

Jason, 49, had been planning a trip to the UAE to complete his work on his *Grain of Sand* film project and switched his focus almost two years ago to Bahrain ... and he's been here ever since as romance blossomed with Lydia, 43, the recently appointed director of performing and creative arts at the British School of Bahrain.

A mutual friend introduced

them to one another online so that they could collaborate with research into traditional Fijeri songs.

Jason was living in France at the time so invited Lydia and her son, Xavier, six, to meet him near Avignon, as reported earlier in *GulfWeekty*.

"I guess it was kind of like a blind date as until that time we had only chatted online," said Lydia. "We had a marvellous time and had such a great connection through music, creativity, our faith and more. We both knew God had brought us together."

They have been busy in the South of France recently preparing the village property for their honeymoon. This week they travelled back to Jason's English home county of Cornwall in time for Saturday's wedding ceremony

and a beach party.

"We've been renovating my house in France for future visits so have been busy plastering away," said Jason. "The wedding plans are going well, it will be a very laid back affair."

The Carters plan to settle down in Saar at the end of the summer holidays before Jason heads off on his *Grain of Sands* opening nights.

GulfWeeklyBookClub – in association with The Bookcase

BOOK OF THE WEEK by Linda Jennings – *HOW TO BE FAMOUS*, CAITLIN MORAN, 9780091948986 (EBURY) BD7.300 for Gulf Weekly Book Club members

RUSHING straight into the best seller charts this week is the deliciously funny sequel to How to Build a Girl.

Johanna Morrigan lives in London in 1995, at the epicentre of Britpop. She might only be 19, but is wise enough to know that everyone around her is handling fame 'very, very badly'.

Her unrequited love, John Kite, has scored an unexpected Number One album, then exploded into a rock star's hell.

Her new best friend – the maverick feminist Suzanne Banks, of The Branks – has amazing hair, but writer's

block and a rampant pill problem.

So she's decided she should become a Fame Doctor and use her new monthly column for The Face to write about every ridiculous, surreal, amazing aspect of a million people knowing your name.

But when her two-night-stand with edgy comedian Jerry Sharp goes wrong, people start to know her name for all the wrong reasons. 'He's a vampire. He destroys bright young girls', Suzanne warned her.

Now she's one of the girls he's trying to destroy. He needs to be stopped. But how can one woman stop a bad, famous, powerful man?

An edgy, up-to-the-minute summer read - funny, philosophical and poignant in equal measure.



READ IT NOW IN PAPERBACK

SURPRISE ME, SOPHIE KINSELLA 9781784160432 (BLACK SWAN) BD3.900 for Gulf Weekly Book Club

members.
AT NUMBER
One in the
charts is Sophie
Kinsella's
emotionally
charged, witty,
new standalone
novel about
love and
long-term
relationship
survival - and
how those we
think we know



best can sometimes surprise us the most. After being together for 10 years, Sylvie and Dan have a comfortable home, fulfilling jobs, beautiful twin girls, and communicate so seamlessly, they finish each other's sentences.

They have a happy marriage and believe they know everything there is to know about each other. Until it's casually mentioned to them that they could be together for another 68 years ... and panic sets in.

They quickly decide to create little surprises for each other, to keep their relationship fresh and fun. But in their pursuit of Project Surprise Me – anything from unexpected gifts to restaurant dates to photo shoots – mishaps arise with disastrous and comical results.

Gradually, the surprises turn to shocking discoveries. And, when a scandal from the past is uncovered, they begin to wonder if they ever really knew each other after all.

MY FAVOURITE READ OF THE WEEK

ELEANOR OLIPHANT IS COMPLETELY FINE, GAIL HONEYMAN 9780008172145 (HARPER COLLINS) BD3.900 for Gulf Weekly Book Club members

- WINNER of the Costa First Novel Award 2017
- Long-listed for the Women's Prize for
- · A No.1 Sunday Times bestseller
- Soon to be a major motion picture produced by Reese Witherspoon

 Eleanor Oliphant has learned how to survive – but not how to live. Three summer reads for the ladies
 suggested summer reads for men next week!

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Book Club in
association
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com with your
contact details.



Eleanor leads a simple life. She wears the same clothes to work every day, eats the same meal-deal for lunch every day and buys the same two bottles of vodka to drink every weekend.

Eleanor Oliphant is happy. Nothing is missing from

timetabled
life. Except,
sometimes,
everything.
One simple
act of kindness
is about to
shatter the walls
Eleanor has built
around herself.
Now she must
learn how to

her carefully



world that everyone else seems to take for granted, while searching for the courage to face the dark corners she's avoided all her life.

Change can be good. Change can be bad. But surely any change is better than ... fine?

LAT6LABS Bahrain has launched its latest office, providing a high-rise space for tomorrow's business leaders to kick-start their enterprises, with the support of Tamkeen, the governmental organisation supporting the kingdom's private sector.

The new premises, located on the 15th floor of the National Bank of Bahrain (NBB) Towers, will serve as both a workspace to entrepreneurs, as well as a hub for Bahrain's start-up ecosystem where gatherings and presentations can be held.

"The opening of our Bahrain office serves as a key destination for bringing together partners from across all fields to interact, support and assist in the evolution of start-ups. "Our state-of-the-art office space has been designed to encourage and facilitate interaction and productivity, giving start-ups the opportunity to work dynamically side-by-side with others," said Ramez El Serafy, CEO of Flat6Labs.

A grand opening ceremony was staged last week with many senior officials present including Tamkeen, the Bahrain Economic Development Board (EDB), VIPs, industry leaders and members of the media, with Ryaan Sharif, Flat6Labs Bahrain's managing director, further outlining the action plan.

Flat6Labs is a regional start-up accelerator programme and seed investment company that fosters and invests in 'bright and passionate entrepreneurs with cutting-edge ideas'.

It provides seed-funding, strategic mentorship, a creative workspace, a multitude of perks and entrepreneurship focused business training. In addition, it directly supports start-ups through an expansive network of partners, mentors and investors.

Flat6Labs believe they have created an environment where entrepreneurs can advance their company in a short period of time. It currently has accelerator programmes in Cairo, Jeddah, Abu Dhabi, Beirut, Tunis and now, Bahrain.

Following its official launch and first call for applications earlier this year, Flat6Labs Bahrain accepted the first eight after receiving around 150 applications from more than 30 countries.

The start-ups will each receive \$30,000 in cash seed funding, along with a host of perks, and will embark on a 16-week mentorship-driven accelerator programme to transform their ideas into

New place to prosper

BUSINESS REPORT

By STAN SZECOWKA

investment-ready companies. Representatives of the awesome eight gave short presentations to the gathering, highlighting their progress to date and ambitions as they go through the final registration process with Flat6Labs Bahrain. The businesses are:

- Farahii (Dina Shabib, CEO, Maya Smadi, head of marketing), an ecommerce wedding site
- Nural (Hamad Fouad, CEO, Hussain Ali, UI/UX designer, Fadhel Abbas, software engineer) a mobile-based productivity software service
- Hommycook (Ahmed Tohamy, CEO, Hatem Al Hakeem CTO, Reem Mahmoud, customer relationship manager, Marwa Maher, partner relationship manager), a food ordering platform
- Inagrab, (Hussain Haji, CEO, Mustafa Marhama, CTO) an online shopping platform
- The Stories Studio (Saba Salem, CEO, Sajad Hameed, marketing) offering games with a social impact
- Temr (Reda Al Fardan, CEO, Dr Sadiq Abdulla, co-founder and medical practitioner, Elham Ali, public health advisor) a data driven healthcare company
- Wnna, (Ali Mohsen, CEO, Maryam Al Saleem, CTO) an online travel & entertainment assistant
- And, Experience
 Accelerator, (Sarah Schwab,
 CEO) an online training,



OPENING EVENT: Flat6Labs Bahrain MD, Ryaan, below, chairman Sabah Almoayyed next to the founder, Hany Al Sonbaty, a meeting room, inset, the awesome eight company teams

coaching & education platform.

Tamkeen's chief executive Dr Ebrahim Mohammed Janahi stressed the importance of offering support.

"Accelerators are currently playing an active role in supporting start-ups and creating clearer perception of potential growth and opportunities available to businesses," he said.

"We believe with the establishment of these accelerators in Bahrain, we are bridging a gap that will transform Bahrain's economy.

"We have witnessed the successful experience of Flat6Lab in many countries and we look forward to bringing the best practices to Bahrain and to offer Bahraini

entrepreneurs the maximum support possible."

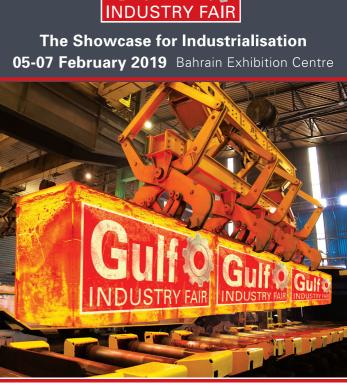
Khalid Al Rumaihi, the EDB's chief executive, added "The launch will generate a host of opportunities for entrepreneurs to initiate and expand their operations in the region, and will position Bahrain as an ideal start-up platform – a crucial development, since start-ups, today, are the driving force of our economy."

Flat6Labs Bahrain is poised to support and invest in more than 40 local and international start-ups and entrepreneurs.

• Entrepreneurs looking for funding can apply through www.flat6labsbahrain.com









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Lulu Hypermarket

Karami classic basmati rice 5kg – BD3

Ardo blueberries 500gm - BD3 Black pepper whole/kg - BD3 Kraft cream cheese spread 500gm 2pcs - BD2

LuLu sugar 5kg - BD1 Tang instant drink mango/orange 2.5kg/pc - BD3

Sunny cooking oil 1.8ltr 2pcs -

Al Jazira Supermarket Zinj

Mrstainleys peanut gift box 12x200am - BD3

Jubileu pralines caramel chocolate 12x200gm - BD2.600

Jubileu diamond assortment 12x300am - BD3.500

Divine 70% dark chocolate 12x200gm - BD2.500

Withlove rose and violet creams 12x145gm - BD4.000

Jawad Supermarket

Filiz vermicelli 4x400gm - BD1.100 Montana green peas 4x400gm -

Emborg organic sheet corn -20x400am - BD1.150

BD1.050

Libbys wh kernal corn 2x433gm -BD0 750

Nature valley granola bar apple crunch - BD1.100

Carrefour Hypermarket

Noor fry lite 2x1.8ltr - BD2.300 My Club members price – BD1.990 Anchor inst cream milk powder 2.5kg-p – BD5.390

My Club members price – BD4.990 Seara whole chicken 1.1kgx2 -BD1.650

My Club members price - BD1.490 Galaxy choco minis pouch 250gmx2

Nestle mini mix bag 480gm – BD1.790

NOTE: This offer is available in Carrefour Hypermarket today only. (Promotional selling price and special price for My Club members)

Time to show a lotta bottle in green move

CONSCIOUS consumers are increasingly demanding a move away from plastic packaging, and businesses are starting to heed the call.

Many stores like Lulu Hypermarket in the kingdom have already launched initiatives to encourage shoppers to carry reusable, longer-lasting alternatives to throw-away plastic bags

Now campaigners are suggesting dairies in the region look at bringing back more glass bottles to its product lines

One US farm has identified a few different routes to cut back on plastic packaging, including putting taps filled with their milk into local cold stores, which may inspire others to follow suit across the globe.

Others have identified another way forward. They are planning to stock glass bottles on store shelves. The initial purchase price



would include a deposit. If the customer returns the glass bottle and exchanges it for a new one, that next purchase will be the same price as its plastic-clad partner.

"What people think of as the nostalgic, old-school milk is whole milk," Mary Tuck of Kalispell Kreamery said. "Once the project gets going, it should be selfsustainable."

The change would keep more plastic out of landfills and supporters suggest there are other important benefits to drinking milk out of glass bottles. "Milk does taste better when it comes from glass," said one. It also looks better, she said, since the transparent glass allows a consumer to see the cream-on-top separation.

Techtronic



pecials

LG. Sehla

BD270

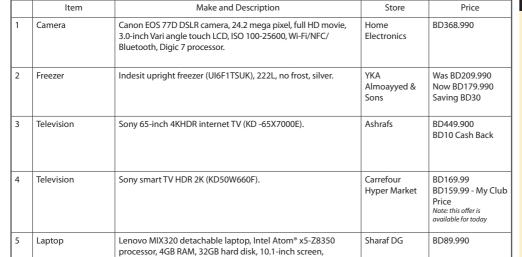
BD200

Cash Back BD70

Customer Price

Your guide to the best in-store deals of the week





Bluetooth/WIFI/webcam, and Windows 10 OS.

add items, 6 motion DD, smart Thinq.

LG front load washing machine (F4J6TMP8S), 8kg washer,

invertor direct drive, 10 years warranty on motor, pause and

Email your gadget stories to editor@gulfweekly.com

Washing Machine

6



Service Partner



Hilal Computers Tel: 1729 3749 ext 2220

GADGETS OF THE WEEK

What is it called? LED Potion Desk Lamp

What does it do? A touch-activated, colour-changing desk lamp that is powered by mana-micro USB – ideal

for science lovers and RPG fans. With each tap, the lamp has different modes: red, green, blue, as well as a gradual fade across the spectrum. Simply plug this gadget in to let the magic begin.

Cost: BD13

Visit www.thinkgeek.com

What is it called? Marvel Groot USB Charger

What does it do? Charge your phone with the cutest little dancing pot in the galaxy. This gadget will charge your

phone and any compatible device so long as you have the cable, offering two 2.1amp USB charging ports and a bopping Groot that sits in your cup-holder. Cost: BD15

Visit www.thinkgeek.com

What is it called? Vizor Glasses Pro What does it do? This virtual reality headset brings together the real-world and futuristic sci-fi. Compatible with most smartphone devices, the Vizor Glasses



Pro provide 360-degree viewing, along with comfort and practicality. Download virtual reality apps from the app store or search for virtual reality videos on YouTube to experience another world.

Cost: BD5

Visit www.menkind.co.uk

July 18 - 24, 2018 www.gulfweekly.com

FinTechFocus

Editor Stan Szecowka takes a look at the world of financial technology and beyond...

A magazine that provides the region's industrial sector with a unique monthly review of everything that is of vital interest to readers. www.gulfindustryonline.com

HE inaugural Bahrain FinTech Ecosystem Report 2018 has been released this week with the aim to further solidify Bahrain's position as a FinTech hub and shed more light on the ecosystem.

The report, which will be published annually by Bahrain FinTech Bay (BFB), is set to serve as a reference point for educating people about developments and underpin the kingdom's credentials as a hub for the expanding financial technology sector.

Khalid Al Rumaihi, CEO of the Economic Development Board (EDB) and chairman of the executive board of BFB, said: "Technology-led innovation has fuelled a wave of disruption across the global economy and, here in Bahrain, FinTech has been a significant driving force behind this transformation."

Charting Bahrain's emergence as a FinTech hub, he said, the report explores the drivers behind the sector's growth to date. "Critically, it also maps the path forward and the key initiatives that will underpin sustained progress in the future," he added. "For decades, Bahrain has embraced the changes brought by technology. With our firm commitment across the government and private sector to further increase dynamism, creativity and innovation. We are confident that the kingdom will continue to strengthen its position as a FinTech leader, regionally and globally.'

With a dedicated FinTech unit, the Central Bank of Bahrain is shaping a pro-innovation regulatory framework, including the region's only onshore Regulatory Sandbox, established last year, which provides a test bed for FinTech start-ups.

Khalid points out that in today's complex, fast-changing business environment, entrepreneurs are increasingly recognised as a major force behind innovation. Bahrain's newly announced \$100 million VC

Look what's happening







ANNUAL ANALYSIS: Khalid Al Rumaihi, above, Khalid Saad, inside Bahrain FinTech Bay and, right, the FinTech Report cover

Fund of Funds will open up new funding avenues, further strengthening an ecosystem which already benefits from multiple accelerators and tailored start-up support by entities like Tamkeen and the Bahrain Development Bank.

Empowering an 'ambitious young population' is vital, Khalid believes. "Future-proofing skill sets through formal education, high value career opportunities and continuous learning will pave the way forward locally and globally," he explained. "Our young population is quick to grasp these opportunities."

Amazon Web Services (AWS) predicts that 10,000 data solution architects will be needed across the region in the next five years and around 2,500 young Bahrainis have already signed up for AWS

Educate training programmes In Bahrain, 87 per cent of professionals are interested in collaborating or have already collaborated with FinTech firms and he believes the launch of Bahrain FinTech Bay, the largest such hub in the MENA region, will help facilitate and accelerate further partnerships.

Numerous advisors, founders, investors and industry experts have given the report's project team access to their knowledge, networks and time because they support the vision and want to move the FinTech ecosystem forward.

Data sources for the report include publicly accessible information and the BFB annual survey, which looks into the sector in Bahrain from a domestic and global perception.

More than 800 respondents from Bahrain and abroad participated in the survey, which targetted both professionals and students. Key subjects included collaboration with FinTech firms, the role of stakeholders in the FinTech ecosystem, the disruptive nature of the FinTech industry, and

Bahrain's role as a FinTech hub in the MENA region.

The study has found that the FinTech industry appeals to a wide range of customers due to its competitive products and services that are user-friendly, transparent, efficient and automated.

FinTech solutions directly connect consumers to financial services from banking to buying a coffee from a retail outlet with a digital wallet, as highlighted in recent weeks in FinTech Focus.

As a result, the rise of FinTech continues to disrupt multiple industries and one section of the report explores artificial intelligence, big data analytics, crowd-funding, crypto-currencies, InsurTech, RegTech, payments, transfers and remittances.

and remittances.
Globally, FinTech appears
to have secured its staying
power during 2017 with 1,824
FinTech investment deals
attracting \$14.2 billion of
venture capital investment.

Within the MENA region, the FinTech ecosystem is growing with the number of start-ups expected to reach 250 by 2020.

Bahrain's established financial services industry, its role as a leading Islamic finance centre and the national drive for financial inclusion are supporting the growth of the sector. Presently, Bahrain hosts around 400 domestic, regional and international financial institutions.

There is keenness within the financial sector to explore collaboration with FinTech companies and adopt new innovative solutions, the report summaries. This is coupled with the national initiative to drive financial inclusion through digital means.

Key factors supporting the FinTech ecosystem include Bahrain's human capital, a highly progressive and liberalised ICT infrastructure, an increased push top drive entrepreneurship and



increased demand for funding. Khalid Saad, CEO of Bahrain FinTech Bay, said the report ends with a view on the future and how Bahrain's FinTech ecosystem can move forward. "Such growth will be driven by regulatory enhancement, talent development, wider adoption of cloud and blockchain. increased investments and interaction between traditional financial institutions and FinTechs," he said. "Bahrain will continue to take the necessary steps to create the ideal and open environment from which FinTechs can thrive.

"Bahrain FinTech Bay through its various initiatives focusing on raising awareness, talent development and venture acceleration aims to play an effective role in further positioning Bahrain as a FinTech hub."

• Check out the inaugural Bahrain FinTech Ecosystem Report. Register an interest by placing your smart phone over this QR code.





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Leisure



OGN OIL & GAS NEWS

The energy industry's trade journal for the GCC region

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Today (July 18)

Reef Resort's lobby café, Chocolaterie, is offering an array of signature teas, coffees, pastries, and delectable hand-made chocolates. The ideal venue for morning coffee or afternoon tea. Every day from 4pm-6pm. Net price of BD4.

The resort's Tokyo Reef restaurant features a specially-created set menu that is offered on weekdays (Saturday-Wednesday, closed on Mondays) and guests can watch as the chef prepares sushi and sashimi before their eyes. The promotion is BD15++ per person.

The LalaBella florist is offering Kids Floral Classes until Sunday. Classes will be held at the Nakhool Tent next to the Bahrain Fort, where experts will teach the basics of floristry in a fun environment.

For additional information, call 17471111 or 77011114, with more details at www. lalabellabh.com

InTouch Gallery in the InTouch Integrated Chiropractic and Rehabilitation Centre in Janabiya is staging a Family in the Mountains photography exhibition by Jody Peck starting at 7pm. The exhibition runs until the end of August. For details, contact senior curator Frances Stafford by emailing fstafford77@gmail.com or calling 38327191 or WhatsApp 38872057.

• See Pages 12 & 13

The Crowne Plaza Bahrain's band the Eye Candies will entertain every evening, except on Saturdays, at The Harvesters.

The outlet is also dishing up a new Camel Burger with French fries and coleslaw and staging a Beast Burger Challenge which, if finished in the stipulated time, offers the meal for free, a T-shirt and wall of fame celebrity status. It runs daily from 11am to 9pm and is priced BD8.410 per person.

The hotel is also holding a steak night every Wednesday from 7pm at La Mosaique Restaurant priced BD18net, with the 1kg steak challenge too.

For more details call 17531122.

Tomorrow (July 19)

Elite Resort & Spa has a sea & grill buffet dinner every Thursday and Friday from 7pm to 11pm at Al Naseem & La Brasserie priced at BD12++ per person. For details, call 17313333.

Feast on prime US beef, unlimited beverages and gourmet food at Mövenpick Hotel Bahrain's Al Murjan Ballroom from 7pm to 11pm. The Thursday Night Out is priced at BD32net per person and includes unlimited drinks. For details, call 17460017 or email hotel. bahrain.fb@movenpick.com



Friday (July 20)

Eat and party at the Reef Resort's Pool Delight with an unlimited seafood BBQ buffet accompanied by the chill out music from the Beat's Zone band. Every Friday from 7pm.

The Four Seasons Hotel Bahrain Bay is hosting Friday Brunch at CUT by Wolfgang Puck Steakhouse from 12.30pm to 3.30pm. Priced BD24++ with soft beverages, BD24++ with extensive beverage package for ladies, or BD34++ with extensive beverage package. For details, call 17115044. The Four Seasons Hotel's Bahrain Bay Kitchen is hosting a family brunch from 1pm to 4pm. Priced BD25++ inclusive of soft beverages, or BD35++ inclusive of selected beverages.



The Crowne Plaza Bahrain hosts its Absolutely Fabulous Friday Brunch at Harvesters from 12.30pm to 4pm. It's



priced BD31net for adults and BD8.750net for children aged seven to 12.

For details, contact 17531122.

Elite Crystal Hotel has a Friday Pool Party brunch at Waikiki from 1pm to 8pm with entertainment by DJ Santi, DJ Smiley and DJ Goose. It's free entrance for women with one welcome drink, BD10net for men with one complimentary beverage and BD25net inclusive of unlimited selected beverages and grills.

For details, contact 66666360 or 17360360.

The Gulf Hotel Bahrain Convention & Spa is hosting its celebrated Gulf Grand Brunch at Al Waha Restaurant every Friday from 12.30pm-4pm featuring fabulous fare from its awardwinning restaurants Featuring a fun-filled children's corner, a buffet selection offering 10 different cuisines alongside live counters, pool usage and live entertainment, there's an after-party at Typhoon Lounge. It's priced BD32net, inclusive of selected beverages, with special rates for Gulf Hotel partners and Prestige Club members For details, call 17713000



The Mövenpick Hotel Bahrain Construction-themed Friday Brunch offers a variety of food and a selection of drinks, a band and DJs from 12.30pm to 5pm at its Al Murjan Ballroom. It's priced BD36net per person, including unlimited beverages. Children aged six to 12 will receive 50 per cent price reduction and children under six dine for free.

For details, call 17460017 or email hotel.bahrain.fb@ movenpick.com

Saturday (July 21)

Bedoor Khalaf's book signing for her children's novel, A Trip to Zoomba, will be held at the Children's Cultural Corner at the Arad Fort events tent at 7pm.

Soak up the stunning views from the Four Seasons Hotel Bahrain Bay's 50th floor and feast on Asian delights like Korean Fried Chicken Bao Buns, Wok Fried Shrimp Dumplings and Brisket Wontons at the re Asian Cuisine by Wolfgang Puck's Saturday Brunch.
The price is BD19++ and BD37++ with selected beverages.



Listings, lifestyle, travel, entertainment and sporting events by Dilara Nagib

The Bahrain Bay Kitchen at the Four Seasons Hotel Bahrain Bay is staging a Saturday Brunch from 12.30pm-3.30pm offering a wide selection of Arabic favourites such as Lamb Ouzi and cold mezzeh, priced BD16++ including soft beverages.

For more details, call 17115000.

The Crowne Plaza Bahrain has an Asian Night offering South East Asian specialties from Malaysia, Singapore, Thailand, China and Japan starting at 7pm at La Mosaique Restaurant priced at BD13net (only food). For details contact 17531122.

Sunday (July 22)

Bahrain Ballet Centre is running a creative camp offering dance, accessory and costume design, arts and crafts, singing, group choir, sketching, story-telling and building games. The camp, which will run until the end of August for children aged five to 10, from 9am to 1pm and is BD15 per day or BD55 per week.

For details, contact 17693232 or 33719180.

Inspire Bahrain is holding The Explorers Summer Camp until August 30 offering children music, art, drama, craft, science, cooking, sporting activities, teamwork and band production experiences. It's priced BD50 for one week, BD40 per week for three to five weeks or BD30 per week for six weeks or more. For details, contact 39047734 or 33394774.

The Crowne Plaza Bahrain hosts an Italian Night at La Mosaique Restaurant from 7pm featuring pasta, pizza and more priced at BD13net for the food only and there is a separate beverage package. For details, contact 17531122.



Instructor Mohamed Sultan teaches ebru marbling, a Turkish art form where colourful patterns are created through mixing and spinning various pigments on oily water, then applying the pattern to paper. This will be held at Events Tent Arad Fort, from 5-8pm.

A Space Adventures Workshop that allows children to explore and further their understanding of outer space and cosmology through basic experiments will be held at Events Tent Arad Fort, from 5-8pm.

The Crowne Plaza Bahrain has a French Night starting at 7pm and priced at BD13net (food only) at La Mosaique restaurant.

For details, contact 17531122.

The Mövenpick Hotel Bahrain has a Seafood Night offering the freshest catch of the day, a buffet and live cooking station

priced at BD24net including soft drinks, or BD29net including unlimited selected beverages.

beverages.

For details, contact 17460017.

Tuesday (July 24)

Guide

The Crowne Plaza Bahrain has a Catch of The Day-Seafood Night starting at 7pm and priced at BD18net (food only and a beverage package available) at La Mosaique restaurant.

For details, contact 17531122.

DATES FOR THE DIARY

The BSPCA will be hosting a quiz night on July 26 at 7pm at Celluloid Restaurant in Amwaj Lagoon. Teams should be maximum six people and entry is BD5 per person. There will be happy hour prices, a special snack menu and raffle prizes. For additional information, call 66608901 or 37733415.

CINEMA CLUB JUFFAIR (TODAY)



Film: White Oleander
Director: Peter Kosminsky
Duration: 1hr 49 mins

Cast: Michelle Pfeiffer, Alison Lohman, Robin Wright,

Noah Wyle, Renée Zellweger

Plot: Schoolgirl Astrid shares an idyllic life with her mother Ingrid, a beautiful and free-spirited artist. When her mum is suddenly sent to prison for life for committing a crime of passion, the 12-year-old is set adrift in the world. Alone to struggle to become her own person, she goes through foster home after foster home experiencing forbidden love, religion, near-death experiences, drugs, starvation and how it feels to be loved.

For details, call Huda Tabbara on 39682323

Ongoing until July 28

JC's Tennis Academy is offering 12 tennis sessions, three-hours per session, including refreshments and a free camp trial. Ages 11-16 years. 5pm-8pm. BD50. For additional information, call

JC's Summer Mini Tennis Camp is offering tennis for beginners up to aged 10. Nine sessions, two hours per session, 9am-11am, BD30, For additional information, call 17233111



Ongoing until August 2

The British Council Bahrain's English summer course is for children and teenagers struggling with the language Ages six to 10 years, 11-17 years. 9.30am-12pm or 12.30pm-3pm. Starts at

For additional information, call 17266166.

Ongoing until August 23

The Artzania Centre is offering arts and crafts, brain exercises, encouragement in etiquette and self-expression, and fun-and-fitness. Ages five to 11 years. 9am-1.30pm. BD65 per week

For additional information, call 17640663

Ongoing until August 2

A plethora of engaging activities are available at Little Gems Preschool: music water-sand play, fitness sessions, arts and crafts, and more. Ages two to four years. 8.30am-12.30pm. BD50 per

For additional information call 17694356

Ongoing until August 9
The British School of Bahrain is offering competitions. games, martial arts, sports, dance, arts and crafts and field trips from 9am-1pm, Age groups: five to six, seven to eight, nine to 10. Registration for a minimum of three days per week. BD15 per day or BD350 per month.
For additional information, call 17610943 or 17610973.

Ongoing until August 10 The Dilmun Club offers

arts and crafts, painting, storytelling, games, sport activities, pony-riding and more for children during the holidays. They will have full use of club facilities after the summer camp including swimming pools and bouncy castles. Ages four to eight years. Mondays Wednesdays, Fridays from 9am-12pm, BD60 for members and BD70 for nonmembers.
For additional information, call

Teddy Tennis Camp at the Bahrain Rugby Football Club is an interactive learning

17690926.

programme which includes music, pictures and teddy bear characters to help inspire children to engage in the sport. Ages three to six years. Mondays until July 30 4pm-4.50pm; Fridays until August 10, 9am-9,50am, BD30 for six classes for members and BD36 for nonmembers.

For additional information, call 17695809

Ongoing until August 16

The RIA Institute is offering a summer camp at its Adliya centre, with activities such as arts and crafts, basketweaving, cookery, singing, yoga, other sports, and an educational programme. Ages five to 10 years. BD35 per week.

For additional information, call



The Bahrain Ballet Centre's summer camp comprises various dance styles - modern, tap, ballet. contemporary – along with other engaging activities such as arts and crafts, singing, and team-building exercises Ages five to 10 years. Sunday to Thursday, 9am-1pm. BD15 per day or BD55 per week. For additional information, call 17693232 or 33719180

Wahooo! is hosting a

summer camp that includes waterpark rides, Magic Planet rides and games taekwondo, gymnastics, selfdefence and fitness classes. sports, laser-tag, arts and crafts, circuit-training, and an end-of-camp party. Ages six to 14. Every day from 9.30am-1.45pm. BD20 per dav.

For additional information, call 17173000, 17692424 or 33001261.

The Life-Fit Fitness Centre offers taekwondo, team games, arts and crafts karate, yoga, gymnastics. circuit-training, and fun-and-fitness. Ages three to 10 years. Every day from 10.30am-2pm. BD20 per day. For additional information, call 17692424 or 33001261

The Indian Club has art singing, dancing, movies, swimming, field trips, a sports day and more for children aged five to 14. Every day from 9am-1pm, BD50 for members and BD60 for nonmembers. For additional information, call 17253157.

Ongoing until August 20 Victoria Dance's summer

programme includes baby ballet on Sundays, Tuesdays and Thursdays, regular ballet on Sundays and Tuesdays, hip-hop on Sundays, Tuesdays, and Thursdays: musical performance repertoire and ballerina bootcamp on Thursdays. Ages three to 14 and above. From 3.15pm-4.15pm, and 4.15pm-5.15pm. BD6 per class. For additional information, call 17004382 or 39876215.

Ongoing until August 23 Kids Corner Nursery is hosting fun-and-fitness classes music classes

culinary lessons, arts and crafts, and more. Ages two to six years. BD25 per week. For additional information, call 17793711 or 37113711

Ongoing until August 30 The Bahrain Rugby Football Club's Tekkers Summer Camp has energetic activities

planned for children aged six and above. 10am-3pm. BD12 per day, BD15 with lunch or BD50 per week, BD65 with lunch.

For additional information, call 17695809

Ongoing until September 5 The Ritz-Carlton Hotel's

summer camp involves a selection of outdoor activities including water sports, swimming, adventure games, along with culinary classes, arts & crafts and talent shows. From 9am-6pm. BD5 per activity.

For additional information, call 17586612.

Ongoing until September 30

The Four Seasons Hotel Bahrain Bay is staging a summer camp until September 30 from Sunday to Wednesday, 9am to 6pm, and Thursday to Saturday, 9am to 8.30pm. It will include an outdoor camping experience, culinary events, swimming lessons and educative art workshops.

It costs BD7 for an hour, BD15 for three hours, and BD30 with lunch and dinner for full day, BD135 with lunch and dinner for five days and BD155 with lunch and dinner for one week

The camp is complimentary for in-house guests and spa members. Children under the age of four must have their parents or nanny with them. For details, call 17115091.

SUMMER FESTIVAL

18 التكاري

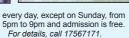




THE 10th edition of the Bahrain Summer Festival continues under the slogan Muharraq Capital of Islamic Culture with a two-month programme. It will take place in the Nakhool Tent at Arad Fort and will also feature a variety of children's

Nakhool and Nakhoola, the adventurous mascots will welcome families on arrival. The tent is open

activities.



• July 18, 24, 25, 31, August 1, 7, 8, 14, 15

The Puppet Show: Puppet theatre specialist Ramadan Yousif presents a series of educational and entertaining shows inspired by local heritage, animal stories, adventures,

folk tales and traditional games Time: 7pm to 7.20pm

 July 19, 26, August 2, 9, 16 Magic Show: Bahraini artist Walid presents a series of magic tricks with comedy and fun for adults and children Time: 7pm to 7.20pm

• July 20, 27, August 3, 10, 17







present a variety of musical shows that combine military music and traditional Bahraini music Time: 6.45pm to 7.30pm

Maqamat Badi' Al-Zaman Al-Hamathani: Theatrical vignettes that combine comedic situations inspired by Arabian folklore and

Iskandari and Issa bin Hisham and others.

Minimum age: 10+ Time: 8pm to 9.30pm

● July 25, 26, 27 Zapin Dance: This celebrated Malaysian dance style was once performed for royal guests. Time: 8.15pm to 9pm

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SocialScene

Why wait a month! Join Social Scene every week

New in Post

MAZAR Rashid Jalal has been appointed as GM to lead the compliance and governance department at Bahrain Islamic Bank (RisR)

He boasts more than 17 years of industry experience in Islamic banking, serving in various positions in compliance and governance. Prior to joining BisB, he headed the compliance department at Kuwait Finance House (KFH) - Bahrain for the past seven years.



In focus



SEEF Properties organised a fun day out for the children of the Batelco Home for Child Welfare at Seef Mall. The children had the opportunity to enjoy a series of entertaining activities including games at Magic Island.

The Seef Properties' corporate social responsibility committee distributed 32 gift cards of BD100 to the society to buy the children new outfits for Eid. The children were also taken for a meal at Naseef Restaurant in Seef Mall - Seef District.



LUCKY Abdulla Ali Mohammed won a Toyota Prius during the recent Ebrahim K. Kanoo Ramadan promotion and Mohamed Ali Maki and Rithesh Kunder both drove away in Toyota Yaris sedans.



BAHRAIN Islamic Bank (BisB) recently signed a memorandum of understanding agreement with Bin Faqeeh Real Estate Investment Company to provide financing to potential residents of the luxury Sidra residential villa project.

The signing ceremony was attended by Hassan Jarrar, bank CEO, along with Faisal Faqeeh, the investment compa ny's chairman, as well as a number of officials from both parties at the headquarters of Bin Fageeh located in Manama's Seef District.

Road safety



GPIC. in co-operation with the General Directorate of Traffic, organised an activity to spread traffic awareness among the children of emplovees during the company's annual summer camp.



Winning coupon



LUCKY shopper Moozah Alqasami won the first of four BD5,000 mall gift cards up for grabs during City Centre Bahrain's World Cup campaign. Shoppers who spend BD30 received an 'activation coupon' offering them the chance to win prizes, with visitors to the mall spending in the sports category stores doubling their chances of winning. She received her prize from Duaij Khalifa Al Rumaihi, City Centre Bahrain's senior mall manager.

Disability awareness

THE 1st Bahrain (St Christopher's) Cub Pack - part of British Scouting Overseas - led by their leader, Akela, Fiona Watson-O'Hara, recently visit the German Orthopaedic Hospital in Bahrain on a disability awareness assignment.

They toured the premises, and met doctors, physiothera pists, osteopaths and the hospital's rehabilitation team as well as a chance to experience for themselves some of the equipment and techniques that are used to help patients. They also visited a recovery room where patients undergo

ing surgery to the spine, neck, hip, knee, hand or elbow are taken after their operations. The cubs also met disabled

hospital employee, Mahmood Al Hayki, an active supporter of the disabled community in Bahrain, who spoke

about his own disability and demonstrated how he coped with daily life. Despite having difficulties walking, he was able to drive, participate in sports and hold down a full-time job.

Pictured with the cub pack along with their leader, Fiona and her two assistant cub leaders Mel and Sarah are the hospital's Dr Jan Reibold, consultant anaesthesiologist, Isabelle Hildebrandt, deputy head of physiotherapy, Mahmood Al Haiki, receptionist, Alicja Zadworna, quality and risk manager, and Stefan James Skrzywanek COO

Building plans



THE board of directors of the Bahrain Institute of Banking and Finance (BIBF) recently held the fourth general meeting of the year, under the chairmanship of Rasheed Mohammed Al Maraj, governor of the Central Bank of Bahrain (CBB). The BIBF's director Dr Ahmed Abdulhameed Al Shaikh attended the meeting, for discussions on the business framework and updates on vari-

The board also discussed plans for a new building, with construction planned on a 23,000sqm area of Bahrain Bay, to provide facilities for learners. Ground-breaking is expected to start

Studies abroad





OFFICIALS from the Crown Prince's International Scholarship Program (CPISP) held an orientation meeting for the new group of scholarship recipients and their quardians at the Court of the Crown Prince, to brief them on the programme's policies and the academic requirements for CPISP scholars during their university studies abroad.

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Eating Out

The places to dine in Bahrain plus culinary tips for the food connoisseur



TOOK the trouble and strife, sometimes referred to in loving terms as the cows and kisses, in my best whistle and flute, for a Ruby Murray. She'd spent ages on her Barnet Fair. I was in a right two and eight and just wanted to get in the jam-jar because I was Hank Marvin.

To be totally accurate, we'd booked a table at the Ruby Murray & Terrace, the British Club of Bahrain's Indian restaurant, which only opened seven months ago and has built up a glowing reputation amid members and guests.

For the uninitiated who had trouble understanding the opening paragraph, the venue's name is a clever play on Cockney rhyming slang, the sort of language I grew up with in the East End of London.

Ruby was one of the most loved singers in the British Isles in the 1950s (in 1955 she secured seven Top 10 UK hit singles, including *Goodbye Jimmy*, *Goodbye* and her popularity led to her name being adopted in Cockney rhyming slang as a rhyme for 'curry'.

The reference to 'having a ruby tonight' appears in the famous BBC TV comedy series Only Fools and Horses. And, amongst the best places in town to enjoy a ruby in Bahrain, (a dish, I hasten to add, that now outsells fish 'n' chips back home) is situated in Umm Al Hassam.

The Brit Club, which continually lives up to its reputation as one of the world's top expat clubs, has delivered a delightful dining destination capturing a lot of what makes British-Indian the best cuisine ever invented, apologies to my very good Indian friends on the island but you really don't know what you've been missing!

The ambience is perfect from the moment you step inside, with excellent little enclaves and comfortable bench-like seating that you can slide into, so perfectly British in style and grace with perfect pictures in Asian elephant carved wooden frames highlighting Indian landmarks and the odd, scattered elephant model on display. I mean, who doesn't love elephants?

The service is five-star, as warm and as welcoming as you'd expect back in Blighty, superbly orchestrated by

Would you Adam'n' Eve it?

By STAN SZECOWKA

restaurant manager Sonu Mishra and delivered with impeccable timing by his waiting team

waiting team.
It looked like Executive
Chef Tausif Valli Mohammed
Golandaz was up for the
challenge of matching the
front of house service with a
delightful choice of cuisine

As soon as we sat down a colourful plate of crispy crackers arrived on the table to dip into the bowls of pickles and dips, and our chosen appetisers swiftly followed. We shared an Onion Pakora (must be a posh bhaji), a crispy mixture of seasoned chickpea and flour battered onions served with refreshing mint chutney (BD1.500) and Bharawan Aloo (BD3.200) an absolutely lush mixture of herbs, nuts and spices encased in whole potato skins and baked in a tandoor

This is absolutely stunning and mouth-wateringly wonderful, a treasure unearthed. It's almost too good to be on the appetiser section and really ought to be highlighted on a special House Favourite of Chef's Speciality section, I would suggest, next time the exec committee decides to reprint the menu!

Still licking our lips, although there are many other dishes to choose from such as Saag Gosht, a popular lamb and spinach number, or the Balti Dal Makhani, lovely lentils in a pot of perfection, we were here for the Ruby.

There was madras, vindaloo and a fiery phaal to tempt our palates (all curries are served



CURRYING FLAVOUR: Executive Chef Tausif, below, from left, Ruby, fine fare and Sonu

with a choice of steamed or cumin rice / naan bread / chips) or Britain's Number One Tikka Masala, but it seemed appropriate to go for the aptly-named Ruby Murray House Curry with cuts of chicken breast (BD4.200).

The meat was perfectly cooked and the sauce, a smooth and rich blend of nuts, fresh coconut, onion

and cream was perfect for the naan bread to soak up.

Not wanting to cause any Barney Rubble, they do, however, need to work on the Peshwari Naan (this is the point where my great friend, Gopal, gives me grief about it being a dessert because it has sweet coconut inside, which every Brit will testify makes it the ultimate curry

companion). It needs to be much thicker to really do the soaking up job properly.

To accompany the curry we went for the Ruby Murray Special Mixed Tandoori (BD6.500) to share, cooked in the club's traditional charcoal oven to maintain the moisture and softness in meat with that distinctive chargrill smokiness it's so hard to

replicate at home on the BBQ.
This is a treasure trove of taste with chicken, fish and prawn tikka, alongside a Reshmi kebab and lamb chop and it worked wonders with the army and navy left over from the curry!

Although fabulously full, chef insisted we tried a small selection of desserts (back in Blighty the choice is normally frozen ice-cream or frozen ice-cream, so old the ice is frozen over the plastic lid and it's time to go home before you're able to open it). Not so, Ruby Murray, where fresh desserts are the order of the day: traditional Indian dumplings Gulab Jaman, smooth and creamy Pistachio Kulfi and Carrot Halwa, sweetened, grated carrots cooked with spices and nuts, a new one on me.

When the weather in Bahrain is behaving the Terrace pulls the crowds with its live cooking station and when it's hot and humid the restaurant offers a cooling retreat with wonderful warming fare. We'll be back, alligator. I suggest you have a butcher's too.

- For further details and to book a table, call 17728245 or visit http:// britishclubbahrain.com
- Check out Stan's interview with Sonu and Chef Tausif by placing your smart phone

















LIVING WITH THE A



N April 2015 Nepal was struck by a catastrophic earthquake called the Gorkha earthquake that killed nearly 9,000 people and injured nearly 22,000.

This tragedy shook the world including Bahrain-based photographer Jody Peck who had visited the South Asian country in September 2014 with a friend to enjoy its way of living, capture the scenery and learn more about the culture.

Heartbroken by the disaster, the 39-year-old British expat decided to display his colourful compositions to encourage people to visit the stunning Himalayan country to help it rebuild its economy.

During his journey, he shadowed a family-of-six living in Pachbaya, learning their way of life and seeing Nepal from their eyes.

The exhibition, entitled 'Family in the Mountains' features 21 photographs of Nepal. It has been organised by InTouch Gallery and placed on display at the InTouch Integrated Chiropractic and Rehabilitation Centre in Janabiya.

Jody, who lives in Saar, said: "It was such a great and humbling experience to see how the Nepalese live. I hope the viewer will appreciate the chance to see another way of life in a different country and to appreciate what they have around them. I hope they enjoy the photographs and will one day visit Nepal too."

Jody and a friend were exploring the mountainous region when they came across a steep and unstable looking road that led them to Pachbaya.

"We were venturing around some mountain roads on bikes when we came across a steep



HEAVY LOAD: One of the images captured by Jody, right, during his journey to Nepal which are being

pathway," he explained. "It was hot and we both needed a drink, so we followed the pathway up to see if we could find any life and perhaps some water. We passed a few small dwellings and eventually came across a small sleepy village.

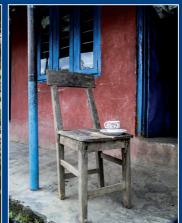
"We continued up the path until the tree line thinned and when we reached the pinnacle we met Ram and Tara. The couple lived there with their children and elders. From that moment on, it was an easy decision to stay."

Jody fell in love with the landscape and the peaceful surroundings. He was invited to chronicle their daily routines from the grandmother feeding the chickens to the parents getting their children ready for school and unlocking a cabinet to sell sweets and crisps to passers-by.

He watched as the grandfather diligently dressed up in his smart but aged suit every morning to walk down the hill to meet up with elderly friends.

While most of the pictures in Jody's exhibition focus on the family, their routines and Nepal's natural surroundings such as architecture and monkeys at the monkey temple, some abject images







MOUNTAIN PEOPLE



xhibited in Bahrain

are also included: "My favourite photograph would be of the chair with the coffee cup. I remember clearly how uncomfortable it was so I will never forget it," he said.

Jody has also added seven other experimental works of art to his exhibition. He said: "The other set of images are a mix of long exposure light painting and long exposure with studio lighting – essentially mixing two types of photography together."

Jody has been passionate about photography from a young age and was always using his dad's camera to take photographs.

"I didn't really have any idea on what I was doing but the composition in the pictures seemed to be pretty good, looking back," he added. "My brother handed down his Fuji Bridge camera to me which I used to learn how to shoot manually.

"I started using it for architectural photography when I was working in real estate and from then on, moved up through the ranks and invested in Canon DSLRs to produce professional grade images."

Jody and his family moved to the kingdom in 1991 and he studied at St Christopher's



School. After that, he moved around the Middle East, living in Oman and Dubai, and even returned to the UK where he worked as a dog handler with a K9 unit.

Eventually he found his way back to Bahrain, starting work in the family business, a global logistics company, before the lure of the lens took hold.

Jody is also working with videography as a side project, creating videos for *YouTube* of various local musicians performing in his studio.

"I have had the pleasure of

"I have had the pleasure of photographing most of the local talent here in Bahrain at one point or another and feel strongly about supporting the local music scene," Jody added.

He is hoping to return to Nepal to focus on the monkey temple, to compare before and after photographs, as it was damaged by the earthquake.

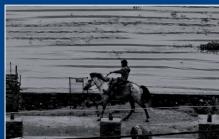
In the meantime, his exhibition work is being snapped up for BD35 to BD80 a time. The images will be displayed until the end of August.

For details, contact senior curator Frances Stafford by email fstafford77@gmail. com or call or WhatsApp 38327191.















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A guide to the best properties home and abroad – edited by Mai Al Khatib Camille em

Fab features inside and out

N unfurnished two bedroom apartment is up for sale in Seef district's luxurious Era Tower ... with special features inside and out.

The apartment, which has a built-up area of 133sqm, features a large living and dining area, a sizable kitchen and a balcony boasting views of the area and the bright lights of Manama.

The balcony is something special. It was large enough for the current owners to add a pergola fixture and create a private garden area.

The bedrooms are also sizable. The master bedroom includes a walk-in closet and an ensuite bathroom and the guest bedroom also includes a bathroom.

The tower is equipped with state-of-the-art amenities including a full recreational floor that exceeds 40,000sqm with two gyms, two swimming pools, Jacuzzi and sauna

There is also a children's playground on the fourth floor, a jogging track, a party hall and a supermarket. New tenants will have a parking slot allocated within the four floors of parking.



FACTS AT A GLANCE

Location: Seef Reference number: AP489 Sale price: BD125,000

Reception Areas: 1

Bedrooms: 2

Bathrooms: 2

d Additional information: The tower features a pergola fixture on the balcony, a health club, Jacuzzi, two swimming pools, two gyms, a jogging track and a children's play area.

For more details, contact 17298210





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- starrealestate.bh
- 4.5 Bathrooms
 - Indoor Kitchen Small Private Garden Pool, Gym
- Laundry Room

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Education Matters

An educational insight and comment by head teacher Chris Fento

HE thing about being human is that we are all unique. It might seem sometimes that we are all very similar; we have the same basic needs and generally want the same things in life for ourselves and our children, but we are unique because the way we perceive all of our experiences is filtered through the lens in which we look at the world and that lens is formed by the experiences we have in childhood.

Perhaps the most obvious way to explain this is by considering mental attitudes. Whether you are of a positive or a negative mindset is based on your experiences of life.

Children who are convinced that they aren't going to do well at something view whatever it is they are giving up on through their filter of previous experience. This means that whenever they come across that subject or

problem again, their tinted filter on life will tell them that they can't be successful, therefore they will view it as an activity to avoid or to generally not put much effort into in the future such is their mental attitude toward it.

Teachers often view parents or children with tinted lenses

If a child isn't strong in maths for example, every time they look at that child they will view them in the same way or if a child has behaviour issues, they are perceived less favourably than a child who doesn't so even when a child behaves correctly, they are viewed to be more likely to have misbehave should the occasion to do so arises

The reason that adults view people in certain ways is down to their blueprints, or to put it in a more straightforward way. people judge others on the way that they perceive the world should be.

Your personal blueprint dictates how people should



act, dress, study, speak or even walk and it all starts in childhood which is when blueprints are formed for the first time and – you guessed it these blueprints - are formed through experiences.

Generally, we treat people who do or don't match our

blueprints differently but unless we are very careful, when people, especially children, are made to feel shame or guilt for not meeting expectations, it can lead to all sorts of problems.

So, some people might presume that someone who doesn't speak the Queen's SocialScene



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English is less intelligent than someone who does. Likewise, others might see someone who does a manual job rather than an office job as a lesser individual because they perceive that it isn't as skilled or that it requires less intelligence. Both viewpoints are equally wrong but they are viewpoints that can be seen expressed verbally and nonverbally in Bahrain every day.

The trouble with personal blueprints and a tinted lens on life is that once they are set it is difficult to change them; difficult, but not impossible.

The first step in changing your perception is to consider what your view of the world actually is and then to challenge the stereotypes and views that you hold but some people are so stuck in their ways, they don't see why they should

I heard of an excellent example of this recently when a new head teacher on the island couldn't cope when her blueprint of what a teacher and teaching is was challenged entirely when greeted with her new staff of all different nationalities and teaching experience.

15

At the start of the academic year this particular head didn't want the teachers she had in the school and did everything in her power to bully them out of it. By the end of the year, however, it had become very clear that because the head couldn't change her blueprint she wasn't going to survive in the Middle East.

She didn't.

In the next two months, a lot of new teachers will be arriving on the island and for many of them it will be their first experience of working abroad.

They will all have their lens on the world set and their blueprints in place, but it is only the ones with the ability to evolve and grow who will survive, because working in schools in the Middle East can be challenging but it can be very rewarding if you can take the time to adapt.

Embassy opens



INDIAN External Affairs Minister Sushma Swaraj officially inaugurated the new \$7.43m Indian Embassy complex in Seef District. Bahrain's Foreign Minister Shaikh Khalid bin Ahmed Al Khalifa led the applause with ambassador Alok Kumar Sinha as she unveiled the celebratory plague.

Warm welcome



A RECEPTION and cake-cutting ceremony was staged at the Primavera Italian restaurant last Wednesday to welcome The Ritz-Carlton, Bahrain's new general manager Bernard de Villèle

As reported earlier by GulfWeekly, the veteran French hospitality hotshot will oversee all operational facets of the luxury five-star seaside resort in Seef having moved to the kingdom from the award-winning St Regis in Mexico City.

In focus



THE National Hotels Company, owner of The Diplomat Radisson Blu Hotel, Residence & Spa donated BD3,000 to Awal Women Society

The society's Aisha Rabia and Dr Aisha Rashed Al Amer were welcomed by Abdurahman Marshed, the company's board advisor, and the hotel's GM, Kosta Kourotsidis.



THE Bahrain Institute of Banking and Finance (BIBF) and Islamic Research and Training Institute (IRTI) of the Islamic Development Bank (IsDB) Group have signed a Memorandum of Understanding to explore areas of cooperation in human resource development for Islamic banking and finance.

The MoU was signed by the director of the BIBF, Dr Ahmed Abdul Hameed Al Shaikh, and the director general of IRTI Dr Humayon Dar, and, on behalf of their respective organisations, at the BIBF premises

Kitted out





BATELCO has distributed football T-shirts to young players in villages across the kingdom linking with the excitement over the FIFA World Cup tournament.

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Fashion Weekly

Keeping you in on the latest trends and what they wore in the past

Staying cool in the sunshine



ARCELONA-BASED Mango brand is bringing fun and flirty back with its latest summery collection that will have women either looking stylishly cool whilst splashing around at a pool party or sizzling with friends at a lounge.

The popular label has put together a series of essential seasonal looks that will allow every woman to feel confident, feminine and beautiful.



Soak in the sun with a statement one-shouldered scalloped bikini or kick off the hot months with one of the light and laid-back coordinates and summer dresses.

Remember, an accessory is your best friend when it comes to polishing an outfit. Stack up a pair of bold wooden bracelets to complete your look and imagine yourself admiring a warm, scenic beach with a delicate shell bead necklace.

Other designs worth noting include the matching two-piece sets in colourful prints, pyjama-style lounge wear that are breathable and comfy to wear and let's not forget the simple sleeveless dress in bold patterns and bright hues mimicking the sun's rays.

The collection is made up of different shades of orange, yellow, white, and, of course, solid black that can be paired with bursts of colour to make an outfit pop.







cerebrally crust & cren



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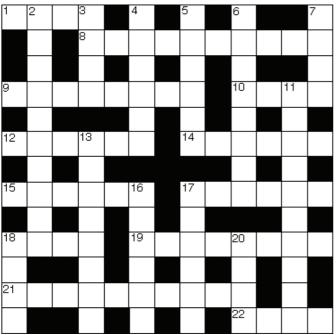
WIN COFFEE AND CAKE at crust & crema by answering this guiz guestion and emailing your answer to editor@gulfweekly.com

Entries must be received by noon on Sunday. The first correct one opened will be emailed a coupon. Normal GulfWeekly contest rules apply. The Editor's decision is final

Quiz winner: Piyush Ostwal won coffee-for-two by correctly answering that a) true, dark roast coffee has less caffeine than lighter roasts.

17

ssword break



Solutions in next week's issue.

ACROSS

- 1. Overtake (4) 8. Illegible (10)
- 9. Presage (8)
- 10. Apiece (4)
- 12. Emerge (6)
- 14. Thin (6)
- 15. Negligent (6)
- 17. Steal (6)
- 18. Smaller (4)
- 19. Abuse (3-5)
- 21. Quadruped (4-6)
- 22. Smooth (4)

DOWN

- 2. Air (10)
- 3. Certain (4)
- 4. Zeal (6)
- 5. Kiss (6)
- 6. Stuff (8)
- 7. Network (4)
- 11. Carriage (10)
- 13. Envoy (8)
- 16. Mariner (6) 17. Courteous (6)
- 18. Departed (4)
- 20. Discourteous (4)

who, what, where, when

WHO ... won the 1990 USPGA golf championship?

WHAT ... book won the 1999 Pulitzer Prize for Fiction?

WHERE ... in England is Monkey World?

WHEN ... did Tony Meo become British Open snooker champion?

WHO ... wrote the novel Mrs Dalloway?

WHAT ... was the only solo UK No 1 single by **Dusty Springfield?**

WHERE ... is the setting of Thomas Hardy's novel The Return of the Native?

WHEN ... did campaigner Mary Whitehouse die?

iust so

the come the come the the





thing-thing thing-thing thing-thing thing=thing thing=thing thing—thing thing—thing

darn tough sudoku

So you think you're good enough at Sudoku to crack this baby? Remember, we were the first in the Gulf to bring you this bit of Japanese mayhem...so we don't kid around

Last week's sudoku 2 6 3 7 1 4 5 9 8

	4	1	5	3	9	8	7	6	2	
	7	9	8	5	6	2	3	4	1	1
	8	4	9	6	2	5	1	3	7	
	1	7	2	8	3	9	4	5	6	
	5	3	6	1	4	7	2	8	9	1
	6	5	7	4	8	1	9	2	3	
	3	2	4	9	7	6	8	1	5	
	9	8	1	2	5	3	6	7	4	
	1	5	4	9	2	6	3	7	8	
	7	6	3	5	8	4	1	9	2	
	8	9	2	3	1	7	5	4	6	
	6	7	8	4	9	5	2	1	3	
	5	3	1	7	6	2	9	8	4	
1	2	4	9	8	3	1	6	5	7	
	4	1	7	6	5	3	8	2	9	
	9	2	6	1	7	8	4	3	5	
	3	8	5	2	4	9	7	6	1	

darn tough sudoku

5	4	7	1	6	9	3	8	2
9	6	2	3	5	8	7	4	1
3	1	8	7	2	4	9	5	6
2	3	9	4	1	6	8	7	5
1	5	6	9	8	7	2	3	4
8	7	4	5	3	2	1	6	9
6	9	3	2	7	5	4	1	8
7	2	5	8	4	1	6	9	3
4	8	1	6	9	3	5	2	7

oku		3		5				7	1
Sudoku		4		6	8	7	9		
		7		1				4	
			6			8		9	7
	4				2	1		6	
	3	8		4			1		
		2				5		8	
			4			9		5	
	7				6	3			4

			_						
oku		4		5				7	
Sudoku	9				6		1		2
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	1				4		3	8	
	8						4		
		6	4		8				1
			5	6		4	7		
		7	9		3				5
		8				5		9	

Last Week's Leisure Solutions

CROSSWORD BREAK:

Across: 7 Eager; 8 Procure; 9 Expiate; 10 Sprig; 12 Highwayman; 15 Complicate; 18 Extra; 19 Cutlass; 21 Precede; 22 Feast.

Down: 1 Receptacle; 2 Agape; 3 Area; 4 Speech; 5 Constant; 6 Supreme; 11 Generosity; 13 Ill-fated; 14 Smother: 16 Cachet: 17 Banal: 20 Tiff.

JUST SO: An Indian summer, Back seat driver, For instance, A bent copper.

WHO, WHAT, WHERE, WHEN:

Peter Quince; Amman; Rutland: 2004: Ellen Pompeo; Martin Chuzzlewit; Ghana; 1985. Darn Tough Sudoku

		1		7	4		
	4		1				5
3		6	8		2		
			6			8	9
9	2			5			
		3		6	8		4
4				3		1	
		2	9		6		

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Write to the editor

Follow Stan on Twitter @stanszecowka
Your views make all the difference – email Stan Szecowka at editor@gulfweekly.com

WITH reference to last week's issue of *GulfWeekly*. We were amazed and beyond words at the way you put forth the message of inclusion to the public featuring Rhea.

A front page article spilling on to Page 2, wow, so much to boost Rhea's confidence and our morale, while spreading awareness and letting society know that children like her are effectively a part of the functional community and, they too, have dreams and hopes, just like us, to prove their potential.

A huge thanks to Christine at the RIA Institute for accepting her and giving her that opportunity as a teaching assistant and to all those who have worked with her to bring out the best in her.

It is truly an honour to see the article, read it and now live up to it.

Thank you so much and our best regards too. More power to reporter Mai's Al Khatib-Camille's pen, keep writing and inspiring ...

Sylvia D'Mello, Rhea's mum.

I READ with interest your cover story about inclusion featuring Rhea D'Mello, who has Down syndrome and has not only secured a position as a teaching assistant, has also spoken about the subject at a major international conference.

She must be so brave, I don't think I could stand up in front of so many people!

What an inspiring young lady. I remember seeing her helping out at the Art for Autism Awareness Event (which I attended at Harbour Gate as a result of reading your story in *GulfWeekly* promoting it).

Your readers may not be aware that BMMI was the first Bahraini organisation approached to become a



 ${\tt INSPIRATIONAL\,TEENAGER:\,\textbf{Rhea}\,\,\textbf{and},\,\textbf{\textit{right}},\,\textbf{the\,\,cover\,\,story}}$

business partner for the launch of the Employment Facilitation Training Service Programme, conducted in collaboration with the Bahrain Society for Children with Behavioural and Communication Difficulties.

A friend who works for the company told me all about it. Under the initiative, 14 trainees with Autism Spectrum Disorder were able to receive valuable workplace training at Alosra supermarket.

It was a joy to engage with these young people when I did my regular shop. They were friendly and helpful with the tasks they undertook, including helping customers like me with their bags.

I hope other companies step forward and offer similar opportunities. Everyone deserves a chance and celebrating diversity helps make us all a little more understanding and caring.

Continue the good work of highlighting these positive

community stories each Wednesday – you make my week!

Helena. Saar.

THERE has been a recent surge in Whatsapp and IMO account hijacking in the region. In most cases, this occurs through social engineering where the victim receives a Whatsapp or IMO call and is asked to provide a code mentioned in the SMS which they received in order to claim a prize.

The SMS, is in fact, contains the verification code used to register with that device. When acquired, this gives the hijacker complete control of the victim's account

These hijacked accounts are then used for further fraudulent activities, such as sending scam messages to the people already in contact with the victim's WhatsApp/IMO account.

This is an attempt to compromise further WhatsApp/IMO accounts and trick people into



transferring funds to the fraudster's bank account.

• Recommendations: Stay aware of such attempts by scammers, who may be impersonating someone in your contact list, or may tempt users by claiming they have won a prize.

Enable two-factor authentication by setting a PIN on your business as well as personal *WhatsApp* accounts. This can be done by going into Settings, then Account, then Two-step verification.

Maram Al-Aradi, marketing executive, Cyber Threat Management (CTM360).

FOR the uninitiated, a video close up of a person tapping away at a smooth surface, or whispering close into a microphone can seem quite weird at first, but for an ASMR enthusiast like myself, it signifies the start of a restful and dreamless sleep.

ASMR, acronym for autonomous sensory meridian response, is a sensory experience where one feels static-like or tingly sensations across the skin in response to mostly auditory but also visual stimuli.

These stimuli, known in the world of ASMR as 'triggers', include, to name a few: tapping and or scratching on various smooth and textured surfaces, crinkling of plastics and other materials, or hand movements across the screen

ASMR starts from the scalp, travels down to the neck and upper spine and promotes deep relaxation and sleep, which is what it is primarily used for. However, ASMR can also be used to provide white noise in the background



there for all to see – these bays are for public buses only. Yet, it appears, no-one seems to care and little is done to enforce the notices.

Just imagine
parking at a bus
stop in a major
capital in Europe.
The fine would be
exorbitant and the

vehicle would be towed miles away to a compound which would only be open during regular working hours with an additional charge for release.

Nowadays, few would dare to risk it. Public transport rules. In Bahrain, buses have to stop in the middle of the road to allow passengers to board and alight, which is dangerous, and during peak periods just adds to the misery of snarled-up traffic jams.

Why is it acceptable?

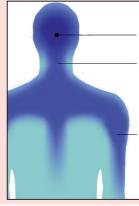


while you study or work. However, not all people experience ASMR equally, some may get it more than others and others still may not get it at all! That's not to say none can benefit from it calming effects.

While some content creators produce ASMR videos as a side project, many have turned it into full-fledged careers, making a whole professional production out of it, investing much time and money into the process. It's not in vain, for ASMR content has garnered a lot of popularity in recent years with some ASMRtists, as they call themselves, with as many as a million followers!

Although not everyone's cup of tea, ASMR videos have proved quite helpful for those suffering with depression, anxiety and insomnia.

Next time you find yourself in need of some winding down give ASMR videos a go and it might just come to your rescue!



Origin of tingling sensation.

Described as moving downwards, following the line of the spine. Many also feel this in the shoulders

Sensation may spread to other areas with increasing intensity, typically the limbs and lower back.

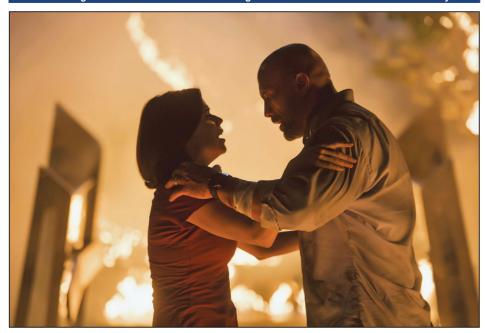


GRADUATION CLASS: The Alosra trainees were presented with certificates after completing their workplace training

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Movie-loving Kristian Harrison checks out the big screen releases on show in a cinema near you



It's hard to top this!

VER the course of his career Dwayne Johnson has fought Jason Statham, Vin Diesel, a giant wolf, a giant alligator, the forces of Cobra, and the world's biggest earthquake, but in *Skyscraper* he may have finally met his match.

Sure, he'll take on a giant building full of bad guys and make it look relatively easy, but will he really be able to compete with memory of *Die Hard*? The answer... might surprise you. *Skyscraper* follows Will Sawyer

Skyscraper follows Will Sawyer (Johnson), a disabled former FBI Hostage Team Leader who is in the world's largest building – a Hong Kong skyscraper called 'The Pearl' – along with his doctor wife Sarah (Neve Campbell) and their two charming children when bad guys take it over and set it ablaze.

With his family trapped inside, Will must use every tool at his disposal – which most of the time is only duct tape – to scale this laughably enormous monstrosity of a building and save the day.

As an action movie, *Skyscraper* is deliciously ludicrous, complete with action sequences that defy both logic and physics. Johnson somehow climbs a 90-storey sky crane in about 10 minutes, and he's still got plenty of energy left over to make perilous jumps and hold bridges together using the sheer unbridled power of his massive pees.

The Rock is a big, strong guy, but *Skyscraper* really pushes it.

And yet, that's not a bug, that's a feature.

SKYSCRAPER

STARRING: Dwayne Johnson, Neve Campbell, Chin Han

DIRECTOR: Rawson M Thurber

GENRE: Action

RATING: 12

RUNTIME: 102 Mins

Like the later Fast & Furious movies, Skyscraper takes place in a parallel reality where crazy action is its own reward, and we accept literally anything that happens so long as we like the characters.

Sure enough, we do like the Sawyer family. Johnson shows his vulnerable side, Campbell unleashes her tough side, and even the children aren't particularly annoying, even though one of them suffers from 'situational asthma,' which only flares up when it's an inconvenient plot point.

To put it another way, you pretty much are expected to turn your brain



off when you're watching Skyscraper. Very little about this movie makes sense, and even its overarching story – about a billionaire's hubris, which leads to mayhem and tragedy – somehow manages to not take a strong stance against that same hubris.

This isn't a movie about why it was folly to build The Tower of Babel, this is a movie about how a bunch of nasty people ruined The Tower of Babel for everyone else. *Skyscraper* goes extremely far out of its way to not have a meaningful point, and although we can criticise its emotional depth, you also kind of have to respect the effort.

Of course, *Die Hard* managed to tell a similar story with nuanced characters, intricate plotting, a small degree of plausibility and some well-illustrated themes. But although they appear similar, *Skyscraper* isn't *Die Hard*. It's not even *The Towering Inferno*. It's a simple-minded but wildly-entertaining blockbuster with obvious influences and its own, silly personality.

It may not reach new heights of cinematic brilliance, but when it comes to lowbrow thrills, it's the tops.

Living up to the legacy of Die Hard is a tall order, and Skyscraper never reaches those heights but it's a gigantic and silly blockbuster of a movie, with likable performances, absurd action sequences, and a heck of a lot of duct tape!

• Showing in: Cineco, Saar, Seef II, Wadi Al Sail. Avenues

KRISTIAN'S VERDICT

1 popcorn – stay home 5 popcorns – start queuing



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Bite-sized trailer

Hotel Transylvania 3: Summer Vacation

DIRECTOR: Genndy Tartakovsky

CAST: Adam Sandler, Andy Samberg, Selena Gomez

PLOT: Mavis surprises Dracula with a family voyage on a luxury Monster Cruise Ship so he can take a vacation from providing everyone else's vacation at the hotel. The rest of Drac's Pack cannot resist going

of Drac's Pack cannot resist going along. But once they leave port, romance arises when Dracula meets the mysterious ship Captain, Ericka. Now it's Mavis' turn to play the overprotective parent, keeping her dad and Ericka apart. Little do they know that his 'too good to be true' love interest is actually a descendant of Abraham Van Helsing, ancient nemesis to Dracula and all other monsters.

SHOWING IN: City Centre, Juffair, The Avenues, Seef I, Saar, Wadi Al Sail, Seef Muharraq, The Walk

The Lullaby

DIRECTOR: Darrell Roodt

CAST: Brandon Auret, Reine Swart, Thandi Puren

PLOT: Returning to her home town, Eden Rock, and overwhelmed by the birth of her first born, Chloe van Heerden tries to come to terms with motherhood. Despite the support from her loving mother, Ruby, Chloe struggles with the demand of being

a new mom. The incessant crying of her baby, the growing sense of guilt and paranoia sends Chloe into a dark

depression.

SHOWING IN: Seef II, Seef Muharraq, The Walk

The First Purge

DIRECTOR: Gerard McMurray

CAST: Y'lan Noel, Lex Scott Davis, Joivan Wade

PLOT: After the rise of a third political party, the New Founding Fathers of America, an experiment is conducted, no laws for 12 hours on Staten Island. No one must stay during the experiment yet there is \$5,000 for anyone who does.



SHOWING IN: City Centre, The Avenues, Seef II, Saar, Wadi Al Sail, Seef Muharraq, The Walk

imdb movie charts

Current Position	Title	Weekend Takings	Gross to date
1	Hotel Transylvania 3: Summer Vacation	\$44M	\$45M
2	Ant-Man and the Wasp	\$29M	\$133M
3	Skyscraper	\$26M	\$26M
4	Incredibles 2	\$16M	\$536M
5	Jurassic World: Fallen Kingdom	\$15M	\$264M
6	The First Purge	\$9M	\$50M
7	Sorry to Bother You	\$4M	\$5M
8	Sicario: Day of the Soldado	\$4M	\$43M
9	Uncle Drew	\$3M	\$37M
10	Ocean's Eight	\$2M	\$132M

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Motoring Weekly

Steering you to the best deals on wheels

How to foil the thieves

XPATS returning home during the school holidays and Bahrainis preparing their summer trips abroad have been warned about gadget thieves stealing hire cars ... and are urged to have a supply of tin foil close to hand.

Although insurance comes with bookings, often excess charges for theft and any damage caused can leave a nasty financial sting in the tail and ruin a vacation.

Last year, there were 89,000 vehicles stolen in England and Wales, a 56 per cent increase over the previous year and keyless entry cars seems to be the reason for the rise. Thieves use sophisticated tech to fool the car into thinking the key is nearby, allowing them to enter the vehicle and drive it away.

The process criminals use to steal a car via keyless theft — also known as relay theft — is relatively simple. First, they buy devices that amplify the fob signal sitting unprotected in a purse, a pocket, on a counter or even just copy the code to access the vehicle.

Next, they identify a new car parked and, by using these gadgets, can detect whether it features keyless entry and go. One criminal then stands by the car with his transmitter, while a second waves his amplifier around the perimeter of the house, apartment or



hotel room. If the car key is close enough the amplifier will detect its signal, amplify it and send it to the accomplice's transmitter.

This transmitter then effectively becomes the key, and tricks the car into thinking the real key is nearby, whereupon the thieves are able to open the car, get in and drive away. The whole process can take as little as 60 seconds and can be completed in near silence and, as for safety reasons, the engine won't just cut out

when the key is out of range, there is very little to stop the thieves until now

It appears that the threat of thieves hijacking wireless signals to break into cars could be beaten by an unlikely low-tech solution wrapping a car key fob in tin foil

Using aluminium foil blocks out signals from key fobs, which have been found to be vulnerable to a so-called relay attack.

"You should store your car key fob in aluminium foil. Although it's not ideal, it is the most inexpensive way," said Holly Hubert, a US cyber security expert who retired in 2017 from the FBI. "The cyber threat is so dynamic and ever changing, it's hard for consumers to keep up."

Now, as CEO of GlobalSecurityIQ, she also suggests travellers go online and spend a few dinars and buy what's called a 'Faraday bag' to shield the fob signal from potential theft. The car is always waiting for the fob And this is something the auto industry and insurance companies are monitoring closely.

The cheap (or homemade) metal protection covers, named after the scientist who figured out how to block an electromagnetic field, can prevent thieves from having access to vehicles with a wireless fob.

Manufacturers are already working on new systems too. A few new models already have set-ups that aren't vulnerable to relay attacks.



On track for new electric launches

MCLAREN Automotive, partly-owned by Bahrain's sovereign wealth fund, Mumtalakat, has announced a wide-ranging multimillion dinar business plan that will take the company to its 15th anniversary.

Called Track25, it sets out a roadmap for future vehicles, production and technology that the British company says will allow it to continue to position itself as a major global player in the sportscar and supercar market.

McLaren is committed to ensuring that its range of vehicles will be hybrid within seven years. It will also evaluate augmented driving features and help develop a battery system for performance applications with more than 30 minutes of electric range around a race track.

A £1.2bn planned investment includes 18 new models or derivatives lifting production by almost 75 per cent to around 6,000 cars a year by the middle of the next decade. "We're a luxury brand that is committed to investing in innovation," said Mike Flewitt, CEO, pictured above, McLaren Automotive.

Motoring on for training accolades and development

AL HADDAD Motors has held an awards ceremony at its Tubli showroom honour the recipients of intensive training accolades.

Nicholas Powell, regional sales manager at Daimler and Warren Hudson, GM of Al Haddad Motors, presented talented trio – Bryan Logue, the certified sales manager, Christopher Dean, the certified showroom manager and Fatima Alawami, the certified sales consultant – with their certificates.

The applicants all attended training courses to widen

their knowledge on the company and its products and faced a series of examinations, assessments and role play challenges.

The Mercedes-Benz courses look into ways of improving efficiency and helping team members become better at their jobs.

Managers, for example, are assessed based on their ability to delegate and provide their employees with direction on how to achieve their objectives and strategies

They were also tested on how they promote diversity.

growth and learning within the workforce.

Another major field in which they are assessed in is how they manage and align their plans to meet new market and customer requirements.

Bryan and Christopher only received the status after fulfilling all the requirements and assessments.

Bryan said: "I'm proud to be the first sales manager at Al Haddad Motors to receive the prestigious Mercedes-Benz certified manager status and also proud that there is a drive from the workforce to receive the certified status as well.

"Several of the policies and procedures from these courses have already been implemented at Al Haddad Motors and not only do they help in efficiency they also help in the measuring performances."

The Mercedes-Benz certified sales consultant course also looks into product development, brand knowledge as well as ways to improve customer communication skills and teamwork.

Fatima said: "This course



PRIZE TIME: Nicholas, Christopher, Fatima, Bryan and Warren

has had a very positive impact on my professional life. I'm now more confident when dealing with customers and with the information that I provide them with."

21 July 18 - 24, 2018 www.gulfweekly.com

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Williams woe wounds T has been 21 years

since Williams claimed the last of its nine constructors championships, and a return to Formula One glory days seems just as far away for the British team.

Williams is last so far this season with just four points from 10 races after rookie Lance Stroll's surprise eighth-place finish in Azerbaijan. It continues a downward trend after finishing ninth, eighth and ninth in the last three seasons

"It's heart-breaking and it's a little bit soul-destroying. deputy team principal Claire Harris said of the team's decline. "This is mostly my family's team and it's been within our family for four decades now.3

Only Ferrari, with 16, has won more constructors championships than the team founded by Harris' father, Frank Williams, in 1977.

Alan Iones of Australia and Carlos Reutemann of Argentina won the first in 1980 and second the following year. But it was in the 1990s that Williams enjoyed its hey-day, crowned when Jacques Villeneuve and Heinz-Harald Frentzen claimed the second of backto-back titles in 1997

Nobody in the team suspected at the time that it would be the last. Ferrari dominated over the decade that followed, then Red Bull and Mercedes took charge.

Harris, who took over her role with the team in 2013, pointed to third-place finishes in 2013-14 and fifth-place finishes in 2015-16 as encouraging signs, though she was at a loss to explain the team's current predicament.

"We must look at this as just a trough," she said. "Every team in any sport goes through those moments. Personally, it's incredibly difficult to see the team go through this."

The 19-year-old Stroll, a former Ferrari Driver Academy member, and the 22-year-old Russian driver Sergey Sirotkin, who replaced the retiring Felipe Massa, have both been struggling with the car, which has proved even worse than last year's.

Former F1 ace and reserve driver Robert Kubica, was reported as suggesting Williams' 2018 car's biggest strength was its paint job. It was a joke that sadly had a ring of truth.

"The teams that were weaker than us last year have suddenly catapulted ahead of us, and they've made great in-roads for a number of reasons," Harris said.

She added the challenges facing the team are greater now than they were before, in part due to the consistently poor results.

"This situation in which we find ourselves is going to have ramifications for us financially. Not least the prize-fund money we'll receive for taking home 10th place will be considerably less," Harris said. "We lose Martini as our title partner at the end of this year. As much as we were expecting that and can budget for it, it still leaves a hole

Despite the difficulties, Williams is working on rebuilding and recovery "It's not easy but we've got some very clever people working within that realm at the moment ... doing everything they can to make sure we have a strong and healthy budget to go racing and compete successfully next year - but it's not an easy world at Williams at the moment," Harris said.

Williams competed in its home race at the British Grand Prix last time out and before the event, Harris, who married her partner Marc Harris in January, said: "Coming here and being here has been a really nice boost for everybody and for me in particular. You get to see all our great fans, who do still support us through these difficult times. Hopefully, we will do a better job for our fans."



DIFFICULT TIMES: Harris, below, from left, Williams' Canadian driver Stroll, Frank Williams arrives in the paddock at Silverstone racetrack and flashback to 1997 with Jacques Villeneuve

It wasn't to be.

Williams had to address a 'catastrophic' design failure that caused aerodynamic stalls. The team attempted to introduce a new rear wing, however, both drivers found themselves to be held back during qualifying.

phenomenon was said to be caused by an aerodynamic stall at the diffuser once the DRS was opened and then shut again.

Williams' Chief technical officer Paddy Lowe touched on the issue, calling it

'intermittent, but really quite catastrophic'. "In that situation it's really such an extreme loss of downforce. that it is not really safe," he said. "Of course we could consider racing without using any DRS, but that is not a way to compete.

Despite the disappointment of the failed design, Lowe did not rule out a return of the controversial wing in the future for Williams. "I don't think there is anything sort of fundamentally wrong with this rear wing," he said. "It is something in the way everything has been put together, it is a combination that is causing some strange phenomenon. We don't have the answer right now.

The horrific situation resulted in both Stroll and Sirotkin having to start in the pit lane and Lowe called it an experience he hoped to 'not ever have to repeat'

The Williams boss will provide more updates on the situation as the team prepares for the next race in Germany on Sunday but refused to promise 'any particular outcome'

"It was very tough weekend," he admitted "There's not many people in the team who have had cars starting from the pit lane. It's not great solution, and they've certainly never had

"That was a new experience and we hope we don't have to repeat that. We had to come through Saturday, and delivered ourselves into that state for the start of the race.

"Within the race itself we didn't show greater pace than anyone else but we got two cars home in good shape. Many teams didn't manage that. I'm happy with what the team and drivers were able to do. It was a tidy race. We got the best from the car and that's all we can ask on race day.

Lance Stroll finished 12th and Sergey Sirotkin 14th ... but a return to the points can't come soon enough.







WALI Golf Club. with its famous bounce and slick 'browns', has wrapped up its most successful season to date and has voted in its new committee as it aims to tee off the 2018-19 term in style.

Honorary President Mark Hodgkinson chaired the meeting of 46 members as the previous year was celebrated and the groundwork was laid for coming events.

The 2017-18 season saw 31 competitions with 2,642 rounds of golf played, and BD30,000 worth of prizes were presented thanks to 'generous sponsorship'. It also saw a 68-year age gap between the oldest competition winner, Pete Rogers, 80, and the youngest, Lee McIlear, 12.

Outgoing Captain, Paul Anderson, had a few words of gratitude to sav at the event. He said: "I'd like to thank all of those members who have served on the committee and others who have helped in the running of the golf club and supported me during the

"A special 'thank you'

On course for summer



SUNNY SIDE: A little bit of warm weather will not put off golfers at Awali's sand and stony challenge

goes to the 'dinner ladies' for keeping everyone fed, Onny Martin for all of his efforts with the website and weekly photographs, Derek Hutchinson for keeping the

club up to date with the rules and the entire lounge staff.

"Les Young deserves a special mention for his contribution as treasurer for the last seven years, and he

will be missed in the role, as does Rory Young our new PGA professional who has been instrumental in getting the Junior Golf Programme as well as Driving Range

Honorary President: Petri Kettunen Captain: Serwin Rampersad Vice-Captain: Mark Hodgkinson Secretary: Liz Laila Treasurer: Paul Anderson

Equipment: Colin Drysdale H&C: Rashid Al Qatari, Susan Scott and David Loney

Course: Ali Musbah House: Peter Hughes Sponsorship: Ateeq Majali Social: Farooq Ahmed Publicity: Phil Morrison

events up and running." The out-going captain also paid tribute to all of the sponsors, as without their continuing support the club would not be able to run the season's competitions. His Majesty King Hamad and members of the Royal Court received a special mention for the KFOG week-long event, as did BAPCO, the Kanoo Group, African and Eastern, Airmech, Nass and Audi.

Afterwards, the new committee was voted in and the newly-elected president, Petri Kettunen, closed the

meeting.
Golf will continue to be played during the summer months with various societies braving the rising temperatures, and there are also competitions running. Last week saw the start of the Inofas Summer Series, Stapleford Competitions played on Friday afternoons and there is a Single Strokeplay competition for two weeks on July 27 and



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RANCE'S 4-2 victory over Croatia in the World Cup final and the manner in which the superb climax unfolded at the atmospheric Luzhniki Stadium provided a fitting finish to a thrilling tournament.

This last month in Russia has witnessed a showpiece underpinned by superb organisation, much to the surprise of many who thought it would be a disaster. It has also, more significantly, provided a feast of football laced with elements of surprise that made it easily the best World Cup of my lifetime.

Stunning goals, controversy, howlers, pace, power, finesse ... and that was just the final! This was a tournament with just one goalless draw in 64 matches, and you can count the matches on one hand which were bereft of any sort of drama or excitement.

Football came home again, or at least, it did until it didn't. The trophy is instead en route to Paris, and it must be said, it fully deserves to do so.

They celebrated in style in France with one million fans filling the Champs-Élysées. In Bahrain, supporters' filled hotels and lounges with French ambassador Cécile Longé joining the Al Hawaj family's Samsung party at the Crowne Plaza Bahrain Conference Centre. Hundreds also gathered at the Gulf Hotel Convention and Spa's Sherlock Holmes.

It has been a two-year road to redemption for France and coach Didier Deschamps after the disappointment of losing the final of Euro 2016 to Portugal on home territory in Paris.

France had everything in their favour on that July night at the Stade de France – home support, the status of favourites and an early injury to Portugal's icon Cristiano Ronaldo that forced him off in tears

Taking a French fancy



WORLD CHAMPIONS: Captain Lloris lifts the trophy, below, from left, French Ambassador Longé celebrates the victory of her country's team in the World Cup with the Al Hawaj family, French president Emmanuel Macron breaks etiquette to celebrate, Griezmann with the trophy and watching the Crowne Plaza big screens from the World of Samsung and fans at Sherlock Holmes

VOICE OF SPORT with Wristian Harrison

And yet France choked, Deschamps' conservatism coming back to haunt him as Portugal dug deep to win in extra time.

This meant the pressure was on the coach to deliver in Russia and the scars from Paris have been wiped away by France winning the sport's greatest prize.

Before the tournament, I was in two minds whether to plump for Germany or France. I obviously chose the former – much to my chagrin as I've spent the last month being made a fool of rather than being labelled as a genius – but I just felt France were too maverick.

too fragile, to succeed under a coach who has never pulled up trees either in the tactical or man-management department.

What I DID say was that man-for-man, France had the strongest squad and even a best XI made from the players left out of the final 23 would be good enough to go far in the tournament.

In the end, it seems like pure star power won out in the end over German efficiency, Brazilian flair, Belgian talent, Croatian togetherness and England's fervent support.

France have achieved their goal with a winning

combination of all-round power and efficiency – but sprinkled with the sort of stardust that makes the crucial difference at elite level.

Hugo Lloris, despite his calamitous error which thankfully had little repercussion, is regarded as one of the world's best goalkeepers while the central defensive partnership of Raphael Varane and Samuel Umtiti has all the ingredients to cope with the best attacks.

In midfield, the likes of N'Golo Kante and Paul Pogba apply their contrasting qualities, but it is in attack where France have that 'X-factor' – and how it came into play in this World Cup final.

Antoine Griezmann is a world-class operator – canny, quick and with a ruthless edge in front of goal. He is used to the big occasions with Atletico Madrid and makes them his home

Then there is Kylian Mbappe. The 19-year-old is destined for greatness, his stature reflected in winning the World Cup in the infancy of his career.

Even Olivier Giroud plays a crucial role. People point to him not having a shot on target during the entire tournament despite playing every game, but he is the target man. He draws defenders to him, affording the fast Griezmann and Mbappe more space and laying the ball off to the wings. He's instrumental in this French formation and the way they play; even if his statistics would suggest damning deficiencies.

No-one should ever pen

premature footballing obituaries to greats such as Lionel Messi and Cristiano Ronaldo, even though they both made early exits from the World Cup, but when the guard is ready to change, however, 19-year-old Mbappe has shown already that he will be a fitting torchbearer

Mbappe was not an unknown quantity at this World Cup. He was already a shining star for his deeds at Monaco and then at Paris St-Germain. Now, he is, at 19 years and 207 days, the second youngest goal scorer in a World Cup Final after the great Pele, who was 17 years and 248 days when he scored against Sweden in the 1958 showpiece.

He has the maturity and temperament to ascend to the highest level, to become the poster-boy of the sport, and perhaps will be duelling with Neymar in the years to come in the way Ronaldo and Messi have traded gongs and records.

Russia's World Cup contained drama right until the end, a brilliant final followed by a presentation ceremony in a biblical rainstorm, spectacular thunder and lightning rolling around the stadium as Vladimir Putin stood as the only man covered by an umbrella.

The misgivings of the underlying political situation will remain, as will the decision to grant Russia the hosting rights in the first place, but in a sporting context, Russia hosted a World Cup that went without barely a hitch, apart from a second-half pitch invasion in the final, and was accompanied by a carnival of football.

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RUSH TO FOLLOW CR7

football academy on the island has been given a massive boost following the news that Cristiano Ronaldo is leaving Real Madrid to join Italian club Juventus.

Whilst the summer holidays are normally a slow time for new players signing up for coaching, a huge amount of interest has been sparked by the transfer in advance of the coming term in September.

Juventus paid 112 million euros (\$131.5 million) for Ronaldo, who signed a four-year deal with the Serie A champions, and its successful academy was quick off the mark to entice youngsters with a replica CR7 shirt prize in a draw.

Head coach John Mackenzie said: "The response has been staggering. It's great news. We're very excited at the Juventus Academy to welcome Ronaldo into the Juventus family and hope his many fans make the move with him to Juventus. We hope his amazing winning streak in the Champions League comes with him too!"

Italian fans in the community have also something at last to smile about after their country failed to qualify for the FIFA World Cup Finals in Russia. Instead, for the past month, they've had to watch their European neighbours nominate the tournament.

Back in April, Italy's 2006 World Cup-winning coach Marcello Lippi told keen



HERO WORSHIP: Ronaldo has haunted Juventus in the Champions League, above right, coach Mackenzie, below, Juve fans pose with shirts with the No 7 on the back and, right, flashback to Lippi's visit to Juventus Academy Bahrain

By STAN SZECOWKA

editor@gulfweekly.com

younger footballers wearing his former club's shirts how his heart, and that of his nation, had been broken by the county's failure to reach the 2018 finals.

Lippi, was the main speaker at the First Arab Conference on Sport staged in Amwaj Islands, but travelled across the island to call in on the Juventus Academy's HQ in Saar.

The children were not shy in showering their esteemed guest with questions and one shot they fired at him, was to ask his reaction about Italy's World Cup woe. He replied through translator Stefano Pettinato, saying: "We are suffering ... this is only the second time in the competition's history that we have not made it to the finals."

Keeping a diplomatic silence, Italian ambassador to Bahrain, Domenico Bellato, who watched the discussion from the sidelines, declined to elaborate on how the rest of the Italian community in the kingdom was feeling. "It hurts," he admitted.

But football's cruelty appears to have been cured by the superstar's move. Ronaldo joined Real Madrid in 2009 from Manchester United and was the Spanish club's all-time leading scorer with 451 goals in 438 matches. He helped the club win four Champions League titles, beating Juventus in the final in 2017. He has scored a record 120 Champions League goals, 105 of them since moving to Madrid – 12 more than Juventus managed in that same period.

Ronaldo is currently on vacation in Greece following Portugal's elimination from the World Cup. Juventus president Andrea Agnelli flew out to meet the 33-year-old forward.

The transfer has shocked many football pundits, but may

also be one of those moves that makes sense for everyone: hence Ronaldo's revelation that he pushed for it; hence Real Madrid's willingness to let him go for a 'mere' €100m – still considerably shorter than his €1bn buy-out clause.

The logic for Juventus is obvious, even allowing for Ronaldo's advanced years. They want to sign the guarantee of goals that can at last bring them that Champions League, so have gone out and signed the tournament's greatest goal scorer and one of its most decorated players.

There is also the symbolism of the purchase, as much



as the figures. Juventus are emboldening their status as a super-club. They are the first Italian club to sign a reigning Ballon D'Or winner since the original Ronaldo joined Inter Milan in 1997. While there are obviously far too many complications here to say that Italian football is back, especially since this should secure the title in Turin for yet another season, it is a step forward

Ronaldo himself is in good enough physical condition to keep scoring goals going forward. That should not be a concern.

Ronaldo's legacy is that he has been the greatest player, the key figure, in the second greatest ever spell of European success, and the greatest spell of modern Champions League success: four trophies in five years and the gold-standard of three in a row.

Ronaldo was also moved by the Juventus fans for giving him a standing ovation after he scored a spectacular goal against the Italian club at the Allianz Stadium in the Champions League quarterfinals last season.

"I'm happy for Ronaldo because he's going to a club where the fans appreciate his greatness and they will never boo him," one Bahraini fan said





