

# Sorrow speaks

**THEATRE REPORT**  
By NAMAN ARORA  
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**A** MIDST missile interceptions and drone strikes, theatre buffs and Shakespeare aficionados are turning to The Bard's cutting words to convey and process their emotions during these unprecedented times, as part of a worldwide project to bring the prolific playwright to the small screen.

As part of the UK-founded Vertical Shakespeare project's 'Sorrow Speaks' series, Manama Theatre Club (MTC) members have taken the lead on reciting lines from Shakespeare's body of work that speak to them in these moments of crisis, and are inviting people from all walks of life to join the cause.

"Sorrow Speaks' came from a very direct and human place," Vertical Shakespeare founder and UK television producer Jonny Wright told *GulfWeekly*.

The idea for the series took shape after MTC chairperson Hannah Turner reached out to Jonny and suggested doing 'something simple' during this moment of crisis to offer people a creative outlet.

"I became interested in the Vertical Shakespeare project some weeks ago before the current situation began," she added.

"I thought a small project for MTC members might be a good distraction from stress or anxiety."



MTC: Hannah



CREATOR: Jonny

The Vertical Shakespeare project was started earlier this year, a few weeks before the US-Israel war with Iran began, with a goal to bring The Bard to the vertical shooting format without changing the words themselves but rather offer a new frame to interpret them.

"Shakespeare is full of language that gives shape to grief and endurance, so we started there," Jonny said, on how the 'Sorrow Speaks' series came together.

"The idea quickly became to open it up so actors and anyone who feels moved to can record a line that resonates with them.

"In doing so it builds a small world of support and solidarity, people speaking



THE BARD: Shakespeare's words can offer an outlet in these trying times

words that have helped others through dark moments for centuries."

According to Jonny, most people today experience stories through a phone held upright in their hand, however Shakespeare continues to be mostly staged or filmed in ways that belong to another era.

"I became interested in what happens if you treat the vertical frame seriously as a cinematic language rather than just a crop of something horizontal," he added.

"That is where the project began. It is about finding a modern grammar for these plays and meeting audiences where they actually are."

Jonny has more than a decade of experience across documentary, reality and entertainment, having worked on series including *The Apprentice* and *Dubai Hustle*, as well as having written and directed the award-winning short film *Ethel* starring Miriam Margolyes and Professor Green.

## HOW TO PARTICIPATE:

Guidelines to stay true to the Vertical Shakespeare's spirit of making the phone the stage:

- Film vertical with no sets or costumes.
- The streets are the stage - use real locations wherever possible
- Use a single light source (candle, lamp, window, streetlight etc)
- Speak one line of Shakespeare
- Look directly into the camera
- Leave a moment of silence before and after.
- The words are sacred - don't modernise Shakespeare. Reframe the world around him.

Jonny and Hannah have picked a few Shakespearean lines that feel powerful in these times.

- "Give sorrow words. The grief that does not speak whispers the o'er-fraught heart and bids it break." (*Macbeth*)
- "When sorrows come, they come not single spies, but in battalions." (*Hamlet*)
- "Men must endure their going hence, even as their coming hither." (*King Lear*)
- "The web of our life is of a mingled yarn, good and ill together." (*All's Well That Ends Well*)
- "My tongue will tell the anger of my heart, or else my heart concealing it will break." (*The Taming of the Shrew*)

You are welcome to choose one of these, or share another that feels relevant to you in these times.

Once recorded, participants can post their video, tagging @verticalshakespeare on Instagram, using the hashtag #givesorrowwords.



**SOUND OF HEALING**  
Sing your stress away  
SEE PAGE 2



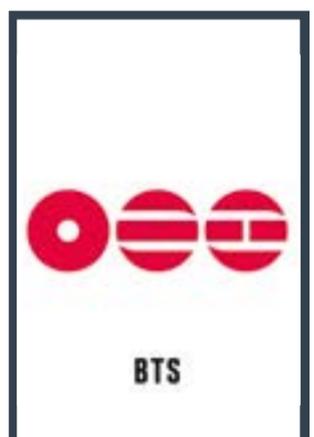
**LEISURE SCENE**  
Festive dining  
SEE PAGE 3



**UNWIND INDOORS**  
Eid at home  
SEE PAGES 4-5



FRAME: The Vertical Shakespeare project brings The Bard to the vertical phone format



**PULSE OF POP**  
Movies, music & more  
SEE PAGE 6

# Rhythms for revival



HEALTH REPORT  
By MELISSA NAZARETH  
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**M**ANAMA Singers, one of Bahrain's oldest multicultural community choirs, has been staging online sessions to uplift members' spirits amidst the ongoing tension, nodding to the benefits of music on mental health.

Every week, members from different backgrounds 'virtually' come together as one to 'sing their stresses away'.

The group usually meets every Tuesday at the Dilmun Club in Saar for an evening of tuneful socialising. However, since the Iranian airstrikes in the kingdom began, public gatherings have been prohibited to ensure safety. Determined to continue their rhythmic rehearsals, the nightingales decided to go digital.

Currently, they are practicing for an upcoming concert, dates for which will be announced later.

"Our weekly online rehearsals have been very meaningful," Manama Singers committee member Tamara Bischoff told *GulfWeekly*.

"Singing with my choir friends, even though online, offers a sense of connection and community. It reminds me that I am not alone, and that shared music can be incredibly uplifting, even in stressful moments," added the Swiss national from Barbar, who has been living in Bahrain for the last 18 years.

Elaborating on how music has helped her navigate this uncertain period, the soprano singer noted that she often listens to old classics that bring back happy memories.

"Those songs transport me to moments when life felt safe and comforting, and that sense of security is incredibly grounding during uncertain times.

Focusing on the melody, the harmonies, and the emotions provides a deep sense of calm," she explained.

Several online studies confirm the transformative power of music in mental well-being. It is known to help people relax and de-stress, even deal with negative feelings like sadness and anxiety. A classic example of sound healing is Tibetan singing bowls. They produce a distinct sound and vibration said to relax the vagus nerve – the same one, research indicates, is stimulated while chanting and humming, and connected to the vocal chords and muscles in the back of the throat.

Pop culture is also

**Singing with my choir friends, even though online, offers a sense of connection and community. It reminds me that I am not alone, and that shared music can be incredibly uplifting, even in stressful moments**

teaming with books and documentaries on the healing power of music.

"Even 15 to 20 minutes a day can bring a significant sense of calm and help restore balance," Tamara remarked, recounting her personal experience.

The choir's marketing in-charge designed an *Instagram* post listing five ways that singers can use breath and music to regain calm:

- **Take a slow singer's breath:** Inhale gently through the nose, expand the chest and exhale slowly. Repeat several times to help calm your body.
- **Hum softly:** Gentle humming can relax the nervous system and produce vibrations in the body that have a calming effect. Keep the sound soft and comfortable.
- **Focus on a musical line:** Quietly sing or imagine a simple melody you know well. Concentrating on the musical line can help redirect anxious thoughts.
- **Release physical tension:** Roll your shoulders, stretch your neck and relax your jaw as you would before rehearsal. Let the body soften.



IN TUNE: A screenshot of the Manama Singers' online practice session last week

- **Sing together:** If possible, sing a familiar piece softly with others. Shared singing can restore a sense of connection and safety.

Reflecting the core idea of the social media post, Bahrain-based Australian expatriate and psychotherapist Beth Noble said: "Music has a direct impact on the nervous system and helps to process emotions, which is why is a great tool in a time like this."

Meanwhile, Insights Therapy clinical psychotherapist Eman Nooruddin highlighted her observations from her practice where clients were able to open up and get in touch with their deepest emotions with the help of music.

"I have had clients who could not find words for what they were feeling, not because they didn't want to talk, but because the part of the brain that holds language shuts down under extreme stress. But they could put on a song. And that song would open something that sitting across from me could not open alone. Music bypasses the thinking mind and goes



PSYCHOTHERAPIST: Beth

straight to where the feeling lives," she added.

For more information, follow @manamasingers on Instagram.

HEAL: Several online studies confirm the transformative power of music in mental well-being.



DELICIOUS: Eid cakes



**C**ELEBRATE the joy of Eid in refined style at The Ritz-Carlton, Bahrain, where exceptional dining and warm hospitality come together to create unforgettable moments. Indulge in the festive spirit with the hotel's signature cakes at The

Ritz Gourmet Lounge. From rich kunafa-inspired creations to delicately crafted individual date cakes, each dessert is designed to be shared with loved ones, adding a sweet touch to your Eid gatherings. These treats are available daily from tomorrow until March 23, between 10am

and 10pm. For a fun celebration, head to Cantina Kahlo for a vibrant Fiesta Brunch. Enjoy bold Mexican flavours, refreshing beverages, and a festive atmosphere with the energetic sounds of a live mariachi band. The brunch is available tomorrow and Saturday

# FESTIVE VIBES AT THE RITZ-CARLTON

from 1pm to 3.30pm, priced at BD35 per person inclusive of soft drinks, or BD45 with selected beverages.

Mark Bahraini Mother's Day, celebrated on March 21, with an elegant selection of beautifully crafted cakes. They are available starting from BD19 on Saturday, from 10am to 10pm.

For those seeking relaxation, unwind at the luxurious The Ritz-Carlton Spa, Bahrain. Alternatively, enjoy a more private retreat with the hotel's



VIBRANT: Cantina Kahlo

exclusive villa experiences, featuring private pools and direct beach access, ideal for a serene and secluded Eid getaway.

For bookings or more information, call 17580000 or email [rc.bahrz.restaurant.reservations@ritzcarlton.com](mailto:rc.bahrz.restaurant.reservations@ritzcarlton.com).



FRESH: Seafood corner

## UNFORGETTABLE MOMENTS

**E**XPERIENCE a memorable Eid Al Fitr at InterContinental Bahrain with festive gatherings, live entertainment, and exceptional dining.

Guests can enjoy a relaxing staycation in comfortable accommodations, complete with exclusive perks designed to make the holiday extra special.

Available until March 24, the deluxe package costs BD70net per night, while the suite package is BD85net per night.

Both packages include a buffet breakfast for two, two tickets to the Eid Brunch tomorrow or Saturday, 25 per cent off spa treatments and dining, as well as early check-in and late check-out, subject to availability.

Children aged six to 12 receive a 50pc discount and those under six dine for free.

On the first and second days of Eid, guests can enjoy a vibrant brunch featuring an extensive international buffet,



FAMILY: Eid Brunch

traditional Arabic Ouzi and a variety of live cooking stations, with live music.

The brunch runs from 2pm to 7pm, priced at BD20net with soft beverages or BD26net with selected beverages, while children aged six to 12 dine for BD10net.

The celebrations continue with a special Eid weekend brunch in honour of Bahraini Mother's Day, offering sumptuous buffets, live cooking stations and a vibrant atmosphere.

As a special gesture, all mothers and ladies enjoy 50 pc off during this brunch, which takes place on Saturday, from

2pm to 7pm.

It costs BD20net with soft beverages and BD26net with selected beverages at the Selections Terrace and Tent.

Noor Lounge offers specially crafted Mother's Day cakes, including red velvet cake (1kg) for BD17, chocolate fudge cake (1kg) for BD19 and mango entremet (1kg) for BD16.

Additionally, mothers can treat themselves to a relaxing spa experience with a 60-minute massage gift voucher priced at BD30. It is valid for one month and available until tomorrow.

For bookings or more information, call 36967701.

## FOUR SEASONS' FEAST

**H**EAD to Four Seasons Hotel Bahrain Bay for a vibrant Eid brunch set in the inviting surroundings of Bahrain Bay Kitchen.

The buffet features a collection of live cooking stations, blending traditional Bahraini flavours with international favourites.

At the centre of the experience is the classic Bahraini Ouzi, complemented by a fresh seafood selection including poached prawns, mussels and local crab. Guests can also enjoy a sushi and tempura corner, while the Italian live station adds a touch of theatre with freshly prepared pastas and artisanal pizzas.

The menu extends to include chicken and prawn baos, slow-roasted wagyu beef cheeks and a range of char-grilled specialities. Live music creates a warm, festive atmosphere throughout the afternoon, while a dedicated children's corner keeps younger guests entertained with engaging activities.

The brunch takes place on the first day of Eid from 1pm to 4pm. Prices are BD35 inclusive of soft beverages or BD48 with selected beverages. Children aged six to

12 receive a 50 per cent discount, while those under six dine for free.

For bookings or more information, call 17115070 or email [diningreservations.bahrain@fourseasons.com](mailto:diningreservations.bahrain@fourseasons.com).



FIERY: Live cooking

## HOLIDAY RETREAT

**T**his Eid, enjoy the good life on the shores of Hawar Island. Visit Hawar Resort by Mantis and choose from serene beach villas, overwater retreats, studios with private terraces or the expansive Royal Villa, each designed for comfort, privacy and connection. From quiet mornings by the sea to family moments by the pool, every experience invites you to pause, breathe, and enjoy life's simplest joys.

For bookings or more information, call 32183610 or email [reservations@hawarresort.com](mailto:reservations@hawarresort.com).

# Welcome and gather around my table



TREND REPORT  
By MELISSA NAZARETH  
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**T**HIS Eid Al Fitr feels different. Many of us are planning to stay indoors but that does not mean we cannot have a blessed festival with our loved ones. These latest trends and ideas surrounding home gatherings will elevate your family get-togethers and are sure to boost your sunken spirits.

Global trends indicate that homes are emerging as the venue of choice this season, with celebrations moving back to rooftops, gardens and living rooms. They are not only economical but also lend your soirees a personal touch, offering a warm environment and deeper connection.

Italian chef and TV celebrity Lidia Bastianich popularised the catchphrase ‘tutti a tavola a mangiare’, which means ‘everyone to the table to eat’. The essence of this mantra is what we are hoping to channelise through our festivities over the holidays.

So, get your notepads out and jot down these fun ways to make your next at-home occasion one to remember.

## FLAVOURS THAT SPEAK

Curated dining experiences that tell a story or are engaging in some way are trending. Think DIY mashed potato bar where guests can choose their toppings, from beef bacon and chives to gravy, sour cream, caviar and more.

Globally inspired charcuterie boards or dipping trays are a fun addition to your dining table as are live counters – pani puri (Indian street food), mini shawarma, and what have you.

A retro popcorn maker with some off-beat local seasonings like zaatar, sumac or black lime, served in newspaper cones, has such an old school vibe that will easily excite your tribe no matter their age.



SHARING: Add globally inspired charcuterie boards to your dining table



GIRL GANG: Host a self-care-themed gathering

## WELLNESS-INFUSED SOCIALISING

This is a fun one for the ladies! Get your girl friends to come over for a self-care-themed session, where you sip on smoothies and green juices and nibble on fruit platters and chia seed puddings while wearing facemasks and doing your nails.

Setting up a skincare goodies counter for your girls with lip oils and hand creams as presents will add a fun touch to the evening while showing them you care.

This kind of a theme calls for a more intimate gathering, which is also trending this season. Many prefer smaller groups with meaningful connections rather than extravagant parties.

A group yoga or aerobics session in the garden or swimming some laps in the pool could be the ideal prelude to your wellness party.

## SIMPLE IMMERSIVE EXPERIENCES

Themed get-togethers that feel more natural rather than a ‘production’ are gaining momentum. For instance, young hosts are turning their apartments into makeshift coffeehouses, and documenting the process on social media.

Use décor that brings your theme alive but instead of buying readymade ornaments, go thrifting or unleash your artistic side – handwritten menus are a great touch as are personalised playlists.

If you have a patio or terrace, they make for fine setups while the weather still permits. Imagine a Bridgeton-themed soiree amidst colourful blooms or an intimate rooftop dinner with friends like in *Julie and Julia*.

“Flowers are in full bloom and spending more time in your garden is a great idea,” noted Bahrain Garden Club chair Zahra Malik. “I often host family gatherings in the garden where children chase frogs when they are out of the pond or count the butterflies.”

## CURATED ENTERTAINMENT FOR ALL

Gatherings are not just about dining but also about nourishing bonds. What better way to do that than enjoy some group activities.

“For most of us expats, Eid gatherings mean a lot of biryani and a lot of karaoke,” Indian expatriate and food enthusiast Anita Menon, who is known among her friends for her lively



OVERSEAS: Connect with family around the world

home parties, said.

For those who might not be musically inclined, board games are a great way to deeply connect with family (check out P5 for ideas). Before screens took over, they were a major recreational activity. This Eid, let's bring back the simpler times.

Sip-and-paint sessions are becoming increasingly popular in Bahrain and could be great for an intimate gathering or a ladies-only get-together.

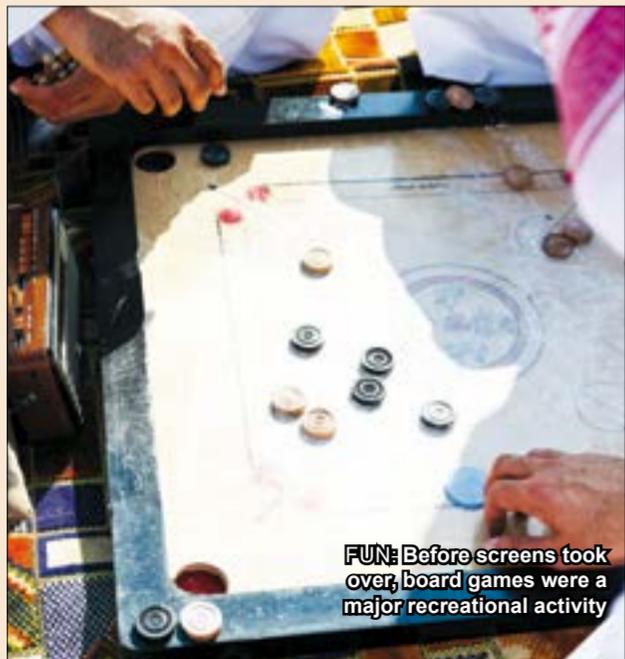
## CONNECTING THE HYBRID WAY

Some of our loved ones decided to temporarily return to their hometown due to the current situation. That does not mean you cannot 'invite' them over. Set up an online Zoom call with a projector and have a reunion!

Poetry nights are a great way to engage 'overseas guests'. Indulge in a session of shared verses by your favourite bards or ask each guest to bring a paper with their own couplets penned down.

Good ol' Bingo is another easy-to-conduct activity for a hybrid party as is a family-themed quiz night; 'who is the cousin that you would warn the new sister-in-law about?'

**GulfWeekly wishes you and yours a blessed Eid Al Fitr! Avoid public gatherings, follow the guidelines set by the civil and defence authorities, and stay safe.**



FUN: Before screens took over, board games were a major recreational activity



JIGSAW: Forming a picture

# Get on board!

**GAME REPORT**  
By RIMA ALHADDAD  
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**T**HESE indoor entertainers are sure to revive golden yesteryear memories while bringing back the old school charm of family get-togethers, says our resident pop culture enthusiast.

## CHESS

The recorded history of chess dates back to the emergence of Indian strategy game Chaturanga in the seventh century.

Eventually it spread to the Arab world and Europe. The two-player strategy game regained mainstream popularity in 2020, with the *Netflix* series *The Queen's Gambit*, as well as the rapid rise of accessible online platforms that allow people all over the world to play each other.

Played on a square board consisting of 64 squares arranged in an 8x8 grid, the game's objective is to 'checkmate' the enemy king piece.

## SNAKES AND LADDERS

The game originated in ancient India as Moksha Patam ('liberation lesson'), and was brought to the UK in the 1890s. The historic version had its roots in morality lessons, with a player's progression up the board representing a life journey complicated by virtues (ladders) and vices (snakes).



HISTORIC: An older version of Snakes and Ladders



PUZZLE: John Spilsbury's dissected maps

Players must navigate their pieces according to die rolls, from the start (bottom square) to the finish (top square), helped by climbing ladders but hindered by falling down snakes.

## MONOPOLY

Named after the economic concept 'monopoly' – the domination of a market by a single entity – it is derived from The Landlord's Game, which was created in 1903 in the US by Lizzie Magie, as a way to demonstrate that an economy rewarding individuals is better than one where monopolies hold all the wealth.

Monopoly has since become a part of international popular culture, having been licensed locally in more than 113 countries and printed in more than 46 languages.

It also has a number of variants based on other popular media such as movies, shows and video games.



GAME: Monopoly

Players roll two standard dice to move, buying and trading properties and railroads and developing them with houses and hotels.

## LUDO

Ludo shares characteristics with other cross-and-circle designed games from around the world, including the pre-Columbian Mesoamerican Patolli, and the Indian Pachisi. It witnessed a resurgence in the Arab world around 2017, after many discovered smartphone applications that allowed them to engage with players around the globe.

Each player is assigned a colour and has four tokens, which they race from start to finish according to the rolls of a single die, on a board typically coloured bright yellow, green, red, and blue.

## JIGSAW PUZZLES

These were created in the 18th century by painting a picture on a flat, rectangular piece of wood and then cutting it into small pieces. The name 'jigsaw' is derived from the tools used to cut the images.

British cartographer and engraver John Spilsbury is credited as the inventor. His version, which he called 'dissected maps', were produced by mounting maps on sheets of hardwood and cutting along national boundaries to teach geography.

The tiling puzzle requires the assembly of often irregularly shaped interlocking and mosaicked pieces that form a full picture after completion.

# Pulse of Pop

AROUND THE WORLD IN MUSIC, TV, BOOKS AND MORE - BY RIMA ALHADDAD



## ON A MISSION IN SPACE

ASTRONAUT: Ryan brings alive Dr Ryland Grace

## RETURN OF THE K-POP STARS



BOY BAND: The BTS artists

**K**OREAN boyband **BTS** is set to make a grand return with *Arirang*, which drops tomorrow. Consisting of members Jin, Suga, J-Hope, RM, Jimin, V, and Jung Kook, the new release will be the group's first in over three years. The members were on a hiatus to complete their military service.

The title references the namesake Korean folk song, which translates to 'my beloved one'.

Earlier this year, the band went live on Weverse to give their dedicated fanbase more details about the album. They revealed that they put a lot of emotion into writing 100 songs, 14 of which were shortlisted.

"*Arirang* feels like our roots. From that way, *Arirang* was what tied it all together really well," J-hope said.

Meanwhile, RM highlighted that they missed performing, and their fans.

A concert film entitled *BTS The Comeback Live | Arirang* will be streamed exclusively on *Netflix* on Saturday. It will be followed by *BTS: The Return* – a documentary on the making of the album on March 27.

### SCI-FI adventure film *Project Hail Mary* is out now in theatres.

Based on American author Andy Weir's namesake bestselling 2021 novel, the movie follows astronaut Dr Ryland Grace (Ryan Gosling), who wakes up to find himself on an interstellar spacecraft with no memory of why he's on it.

Eventually, the science teacher recalls that he is on a mission to save earth from freezing due to the sun's energy getting drained by the mysterious parasite *Astrophage*.

It was revealed that actor Ryan was approached for the film during the book's manuscript stage, and was drawn to it due to its optimistic

message about human beings' capability of making the impossible possible, as well as the power of friendship.

"The film is about the sun dying, but it's also deeply hopeful," he said in an interview.

"It supports the idea that we're capable of solving impossible problems, that if we don't give up, miracles are possible," he added.

This is not the actor's first time going to space on screen. He previously starred in the 2018 biographical drama *First Man*, which tells the story of Neil Armstrong's trip to the moon.

He is also set to be in director Shawn Levy's space opera film *Star Wars: Starfighter*, which is expected to

release next year.

The new release marks directors Phil Lord and Christopher Miller's return to the big screen after 12 years, with their last one being *22 Jump Street* (2014).

"We just really fell in love with Andy's novel and the idea of doing this with Ryan. There was something about this book, the spectacle of it, the problem-solving, the relationship at the centre," Phil explained.

"It felt like the type of thing where we could get the awe, wonder and spectacle and bigness of why we go to the movies. And then the intimacy of these relationships that make you cry and laugh at the same time. Hopefully, we can get you feeling both in the exact same moment," Christopher added.

## ALL FOR JUSTICE

### THE second season of Marvel series *Daredevil: Born Again* is set to release on March 24 on *Disney+*.

The show follows Matt Murdock / Daredevil (Charlie Cox) – a blind lawyer during the day and a masked vigilante, inflicting his own brand of justice, at night.

Created by Dario Scardapane, *Born Again* is a revival and continuation of *Daredevil* (2015 to 2018) - the series, originally released on *Netflix*.

In the first season, Matt continues his fight for justice as a lawyer while former crime boss Wilson Fisk (Vincent D'Onofrio) is elected mayor of New York City, putting the pair on a collision course.

The new season sees Wilson hunting Daredevil after the former

consolidates power, declares martial law, and begins targeting vigilantes.

Matt goes underground and gathers allies to resist Fisk's corruption and his Anti-Vigilante Task Force.

"I don't want to oversell it. I do happen to think it's some of the best writing we've ever had on this show," Charlie said in an interview.

"He's (Dario) done something which I'm really excited about, which is that he's fleshed out characters that in the previous iteration of the show often get left behind. So, it feels much more like an ensemble than it's ever felt.

"And what I like about that is, one, I just think there's more for an audience to invest into, but also it makes my journey more interesting," he added.



DAREDEVIL: Charlie playing Matt Murdock in the series

## BRAIN-BUSTERS

**Q**uizmaster and Radio Bahrain host Shannon Crockett, who has been entertaining people across the island with his brain-teasing quiz night sessions, has offered to put *GulfWeekly* readers' general knowledge to the test. Join in the fun every Thursday with Shannon's seven brain-busters.



- 1) In which adventure thriller from 2000, do Clint Eastwood and Tommy Lee Jones play retired astronauts?
- 2) The word 'scavenger' first applied to people in what line of work?
- 3) Which international artist had a hit single with *Advertising Space* in 2005?
- 4) Which national team introduced 'total football' at the 1974 FIFA World Cup in Germany?
- 5) What is the smallest warm-blooded creature

- in the world?
- 6) What are cubes of fried or toasted bread called?
- 7) Sriracha is a type of hot sauce named after a city located in what country?

1. *Space Cowboys*
2. Tax Collector
3. Robbie Williams
4. Holland
5. Bee Hummingbird
6. Crouton
7. Thailand

### ANSWERS

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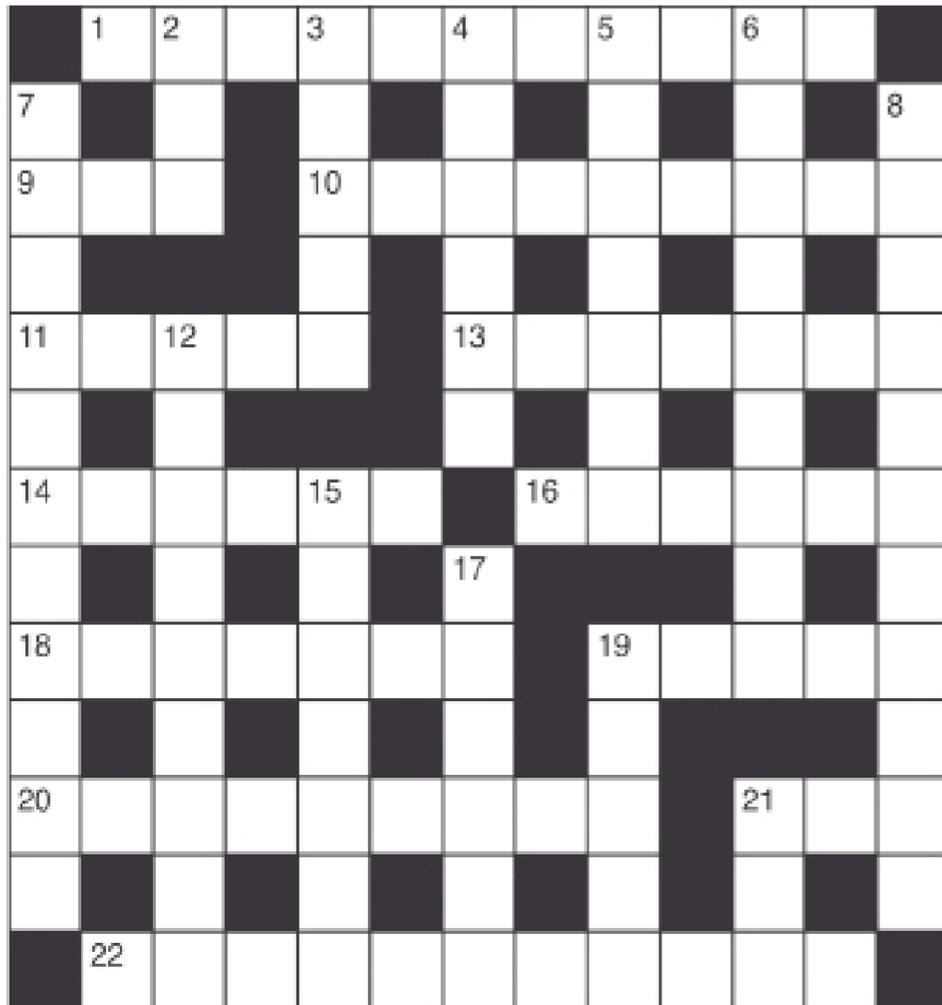
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# Time Out



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## crossword break



Solutions in next week's issue.

### ACROSS

- 1. Spread (11)
- 9. Before (3)
- 10. Blacken (9)
- 11. Trivial (5)
- 13. Unity (7)
- 14. Zest (6)
- 16. Imprints (6)
- 18. Criterion (7)
- 19. Meeting-place (5)
- 20. Silent (9)
- 21. Curve (3)
- 22. Journey's end (11)

### DOWN

- 2. Wrath (3)
- 3. Unhappily (5)
- 4. Adviser (6)
- 5. Disregard (7)
- 6. Shopkeeper (9)
- 7. Disposition (11)
- 8. Tenacity (11)
- 12. Garrulous (9)
- 15. Learner (7)
- 17. Degrade (6)
- 19. Call (5)
- 21. In the past (3)

### who, what, where, when

- WHO...wrote under the pseudonym of Gerald Wiley?
- WHAT...is the communications codeword for the letter "U"?
- WHERE...was Rick's Bar in a 1942 film?
- WHEN...did Joe Strummer die?
- WHO...wrote Eats, Shoots And Leaves?
- WHAT...star sign would you have if you were born on November 11?
- WHERE...is Dakar the capital of?
- WHEN...was the film Brief Encounter released?

### just so

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MI SIRS

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## tough sudoku

So you think you're good enough at Sudoku to crack this baby? Remember, we were the first in the Gulf to bring you this bit of Japanese mayhem...so we don't kid around

### Last week's sudoku

2	3	8	6	4	9	5	1	7
1	6	9	3	7	5	4	2	8
5	7	4	2	1	8	6	3	9
3	5	1	7	8	6	2	9	4
4	2	7	5	9	1	3	8	6
8	9	6	4	2	3	7	5	1
6	8	3	9	5	4	1	7	2
9	4	2	1	3	7	8	6	5
7	1	5	8	6	2	9	4	3

7	2	4	6	1	3	5	8	9
1	5	3	2	9	8	7	6	4
9	6	8	4	5	7	2	3	1
8	4	6	9	2	1	3	5	7
2	7	1	8	3	5	4	9	6
3	9	5	7	4	6	1	2	8
5	3	9	1	6	4	8	7	2
4	8	2	3	7	9	6	1	5
6	1	7	5	8	2	9	4	3

### tough sudoku

5	4	9	7	1	3	6	2	8
3	7	1	2	8	6	5	9	4
8	6	2	9	4	5	7	3	1
1	2	7	8	9	4	3	5	6
4	8	6	5	3	2	1	7	9
9	5	3	1	6	7	4	8	2
6	1	8	3	5	9	2	4	7
2	9	5	4	7	1	8	6	3
7	3	4	6	2	8	9	1	5

		4		2		1		
2	9						7	
7	3	8			4	2		
4			8	5			3	2
		9	1		7	5		
8	7			3	6			9
		7	5			8	4	3
	4				8		5	1
		3		6				

	1		4	9	7		6	
4						9		8
		3		5		4	1	
			5		4	2		
	2			8			5	
		4	1		2			
	6	9				8		
7		1					4	9
	4		9	6	5			

### Last Week's Leisure Solutions

#### CROSSWORD BREAK:

- Across: 1 Muse;
- 3 Derision; 9 Chronic;
- 10 Avert; 11 Authenticity;
- 13 Infamy; 15 Crease;
- 17 Contemptible;
- 20 Unite; 21 Unloose;
- 22 Fighting; 23 Omit.
- Down: 1 Mechanic;
- 2 Strut; 4 Excite;
- 5 Inaccurately; 6 Inertia;
- 7 Note; 8 Intermittent;
- 12 Reverent; 14 Flowing;
- 16 Impugn; 18 Bloom;
- 19 Turf.

#### JUST SO:

Too good to miss; Walk on wild side; The fourth estate; A brief encounter.

#### WHO, WHAT, WHERE, WHEN:

Owen Wilson; Thomas Edward; Nose; 1907; Mary Decker; Squirrels; Glasgow; 1931.

### Tough Sudoku

				3				
2		4				9		7
	1		8		7		2	
7	5						1	9
			1		8			
3	4						5	2
	7		5		6		4	
4		2				5		6
				8				